



THE TAN-TRI-AHURA TEACHINGS -
THE PATH OF BIO-SPiritUAL ARTISTRY™

THE E-LAI-SA AWAKENING:
THE INDELIBLE KRYST CODE
& CHISMATIC SELF-HEALING
LEVEL-1

APRIL 5 - 8, 2013 - SARASOTA, FLORIDA

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This handbook copy sold to Christina Martinez.

April 5-8, 2013 Sarasota, FL

Discovery Events & ARhAyas Productions presents

a **Seminar Intensive** with **AMCC-MCEO Speaker-1 E'Asha Ashayana**

TAN-TRI-A'RA- The Art of Bio-spiritual Self-Healing™ : The Indelible Kryst Code & CHISMATIC SELF-HEALING-Level-1

and Introduction to

TAN-TRI-A'MA-The Art of Bio-Spiritual Self-Practice™ : "ENLIGHTENED BEGINNINGS : Beginners-Masters Start-Up/Top-Up Techniques Program" of the AMCC-MCEO Krystal River AL-Hum-Bhra Host.

Features:

(Please note: Session Format & Sequencing may vary from format/sequencing described below)

SESSION-1: TAN-TRI-A'RA- The Indelible Kryst Code & CHISMATIC Self-Healing Level-1

Includes:

- The **E'-LAI-sa Krystar Seed Crystal Flows**
- The Indelible Kryst Code, **CHISMS**, the **CHISMATIC FIELD** & **Chismatic Self-Healing**

SESSION-2: The E'-LAI-sa Awakening- Planetary Cathedral Network Grid-work Event & Advanced Krystal River Al-Hum-Bhra Host Techniques Series.

SESSION-3: The Mystique of MEMES (mEms), the Secrets of SCHEMA and the Epi-Genetic-Overlay ("EGO").

Includes:

- The **Tangible Structure of the MEME**, "Cellular Memory", the Epi-Genetic-Overlay and Bio-chemical Transduction of the **MEME FIELD**.
- **MEMotypes, MEMoplexes and SCHEMA; the hidden forces that "move your mind and energize your emotions".**
- **Internal & External MEMetics**

SESSION-4: *Maladaptive Memes, Sorrowful Schema & TAN-TRI-A'RA Chismatic Self-healing* .

Includes:

- The ***Mine-Fields of Meme, the Scheming of Schema*** and the ***Hidden Controls on your Co-creative Empowerment***.
- ***Personal & Planetary Maladaptive Schema & the Polarity Prism***
- ***Primary "VV (victim-victimizer) Polarity-game Filters, Narcissist Norms, Doormatist Distress & the Planetary Meme Field***.
- ***Inane Insanity, Meme Warfare, Nefarious Narcs, & Conversational-Psychological Warfare Tactics of FAtalE & Friends***.
- The pursuit of ***Krystic Sanguine Sanity, Surviving Schema & Managing Meme-ville***.

SESSION-5: *TAN-TRI-A'MA- The Art of Bio-Spiritual Self-Practice*™

Includes:

- Introduction to ***"ENLIGHTENED BEGINNINGS : Beginners-Masters Start-Up/Top-Up Techniques Program"*** of the AMCC-MCEO Krystal River AL-Hum-Bhra Host - Bringing the Promise of the MCEO Freedom Teachings™ (authored by E'Asha Ashayana 1998-2011) to progressive fruition through the teachings of the ***TAN-TRI-AHURA- The Path of Bio-Spiritual Artistry*™**.

SESSION-6: *Conclusions- Overview*

Includes:

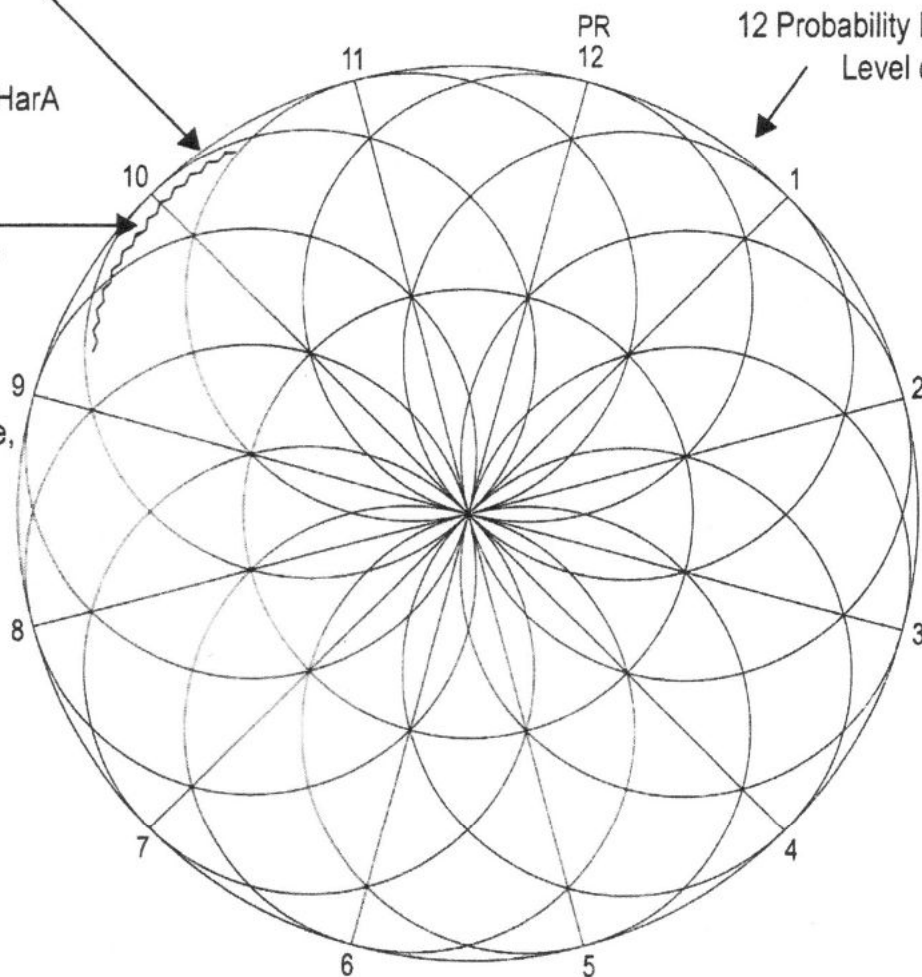
- ***Status of the Grids***
- ***What will it mean to reside on Aurora-Earth Ascension Planet,?***
- ***The Gift of the E'-LAI-sa Awakening***
- ***Free will Choice & Consequence***
- ***Finding your True Self, remembering your original Divine Eternal Nature , & Embodying your innate Divinity***.

Probability Dominions, the KEi-Ti Membrane Dha-na-Co-HarA Disharmonic & the "Karmic Template"

The organic KEi-Ti Membrane surrounds and encases each space-time-matter probability dominion as an "energetic etheric-rasha skin."

12 Probability Dominions of 1 Density Level of Spirit Body anatomy.

The Dha-na-Co-HarA Disharmonic forms as an inorganic "mesh" of etheric-rasha particulates within the KEi-Ti Membrane, forming the "Karmic Template."



KEi-Ti Membrane: The KEi-Ti Membrane is an organic aspect of Spirit Body anatomy; it is an "energetic skin" composed of (D-1,4,7,10,13) Etheric and Rasha Dark-Matter particulates surrounding and encasing each of the 12 Probability Dominions and the Central Actuality³ "Bud" Dominion. This membrane separates each space-time-matter probability dominion (and each individual incarnate identity) from the others, allowing for Linear Delineation of Space-Time Life/Evolution Cycles within the context of Simultaneous Manifestation within "Eternal Now Time."

Dha-na-Co-HarA Disharmonic: (DCD) is an accumulation of inorganic Etheric-Rasha particulates that form within the KEi-Ti Membrane through the use of Free-Will Choice in ways that are disharmonic to the Organic Eternal Life Encryption of the Spirit Body; these disharmonic particulates form an "embedded mesh" of inorganic encryption distortions within the KEi-Ti Membrane, which functions as the "Karmic Template" of Spirit Body anatomy.

MEMETICS, SCHEMA & the Tan-Chi'-Ti E'LAi'-sa Awakening

TAN-TRI-A'RA- The Art of Bio-spiritual Self-Healing™ : The Indelible Kryst Code & CHISMATIC SELF-HEALING-Level-1

Related excerpts from : Wikipedia, the free encyclopedia

Memetics

<http://en.wikipedia.org/wiki/Memetics>

From Wikipedia, the free encyclopedia

This article is related to the study of self-replicating units of culture, not to be confused with Mimetics.

Memetics is a theory of mental content based on an analogy with Darwinian evolution, originating from the popularization of Richard Dawkins' 1976 book *The Selfish Gene*.^[1] It purports to be an approach to evolutionary models of cultural information transfer.

The meme, analogous to a gene, was conceived as a "unit of culture" (an idea, belief, pattern of behaviour, etc.) which is "hosted" in one or more individual minds, and which can reproduce itself, thereby jumping from mind to mind. Thus what would otherwise be regarded as one individual influencing another to adopt a belief is seen—when adopting the intentional stance^{[1][2]}—as an idea-replicator reproducing itself in a new host. As with genetics, particularly under a Dawkinsian interpretation, a meme's success may be due to its contribution to the effectiveness of its host.

Memetics is also notable for sidestepping the traditional concern with the *truth* of ideas and beliefs. Instead, it is interested in their success.

Schema (psychology)

From Wikipedia, the free encyclopedia

[http://en.wikipedia.org/wiki/Schema_\(psych](http://en.wikipedia.org/wiki/Schema_(psych)

In psychology and cognitive science, a **schema** (plural *schemata* or *schemas*), describes an organized pattern of thought or behavior. It can also be described as a mental structure of preconceived ideas, a framework representing some aspect of the world, or a system of organizing and perceiving new information. Schemata influence attention and the absorption of new knowledge: people are more likely to notice things that fit into their schema, while re-interpreting contradictions to the schema as exceptions or distorting them to fit. Schemata have a tendency to remain unchanged, even in the face of contradictory information. Schemas can help you understand the world around you. Most situations do not require effortful thought when using schema, since automatic thought is all that is required. People can organize new perceptions into schemas quickly.^[1]

People use schemata to organize current knowledge and provide a framework for future understanding. Examples of schemata include academic rubrics, social schemas, stereotypes, social roles, scripts, worldviews, and archetypes. In Piaget's theory of development, children adopt a series of schemata to understand the world.

Schema theory can be extended to accommodate multiple concepts in linked Schema programs. Interlinks and conjunctions can form Meta Schemas creating complex belief systems that can be either consciously or unconsciously formed and run.

“The Foretold Books of KUmA'yah AL-Hum-Bhra “

Dispensations provided to AMCC-MCEO Speaker-1 E'Asha Ashayana in Dec. 2008. AMCC-MCEO Speaker-1 introduced this list on stage in the 1/2009 FOL '09 workshop (as evidenced by the "screen capture" images on the next 4 pages). These Books of the AMCC-MCEO contain advanced techniques beyond the 1st "Freedom Teachings" Series –These are the "Books of Al-Hum-Bhra" as foretold in 2008 & 2009.

1208newbooktitles

The "Holy Books" of the Aquai-Adashi Krystics

Translations from the original Ma-ha-Ra-Ta Texts (# of Volumes & dates vv2 etc, c.) (Written translations of the Cloister-Dora-Teura Plate Discs c.) and the advanced teachings of the Aquareion-Aquinos (Andromeda Galaxy M-31) KUmA'yah Al-humbra Crystal Discs & their texts translations of the 450BYA Tri-matrix Krystal River Cooperative

I. The "The Book of Practical Wisdom"

Story of the Eternal Life

Perspectives on Practical Applications of Being within the Cosmic Context

(Practical Compilation of insights from the *KalA': Book of Time*, the *Ta'-RA: Book of Knowledge*, the *Ada-shi: Book of Passage*,& the *Aquai-ah Al-hum-bhra: Book of Sacred Ceremony*)

II. The KalA' Um'-Sha Ta'-RA "The Book of Timely Knowledge"

Story of the Eternal Context of Creation-(The Relationship of God & BEing)

Insights on the Foundations of the Cosmos and Consciousness

(Practical Compilation of insights from the *KalA': Book of Time* & the *Ta'-RA: Book of Knowledge*)

(IIA.) The KalA' "The Book of Time"

Story of the Eternal Cycles

Principles of Beginnings, Endings, Eternal Order & the Cycles of Time

(IIB). The Ta'-RA "The Book of Knowledge"

Story of the Eternal Order.

Principles pertaining to Source, Structure, Order, Eternal Laws of Physics, Manifestation, Materialization & Consciousness

III. The Aquai-ah La-Rha

Book of the ...healings? Miracles? Magic

IV. The Ada-shi' (ahda-shE') "The Book of Passage"

Story of the Return to Source

Principles, Processes & Practices of Krystic Ascension.

V. The Aquai-ah Al-hum-bhra "The Book of Sacred Ceremony" (for MCEO Ministers)

The Eternal Rites, Rituals & Blessings of the Krystic Ministerial Practitioner

Formal Ceremonies, Psonns, Blessings, Commands & practices of the Aquai-Adashi Adepts

(Includes formal rites, rituals and ceremonial practices for Conception, Birth, Bhardoah/Death Transition, Baptism, Marriage, Healing, Resurrection, "Exorcism", "Space Clearings", Grid Stewardship "Elemental Command Stands" & "Shadra Shield Projections" & Ceremonial Blessings for numerous applications such as health, prosperity, protection, Vision Quest, "Divine Right Livelihood", Ascension etc.)

VI The Rheno'A Sha'-Ka "The Book of Remembering"

Story of the Ages

Local Universal History Record

Highlights 950BYA to present.

VII "The Book of Local Planetary, Solar & Galactic Geography

Story of the Star-gate Sites/Sacred Sites

Local Universal Geographical Record

Highlights of currently significant sites

Screen captures from FOL 1/2009 public release of the Dec. 2008 AL-Hum-Bhra new Book titles

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Translations from the original Ma-ha-Ra-Ta Texts (# of Volumes & dates vv2 etc, c.) (Written translations of the Cloister-Dora-Teura Plate Discs c.) and the advanced teachings of the Aquareion-Aquinos (Andromeda Galaxy M-31) KUmA'yah Al-humbra Crystal Discs & their texts
translations of the 450BYA Tri-matrix Krystal River Cooperative

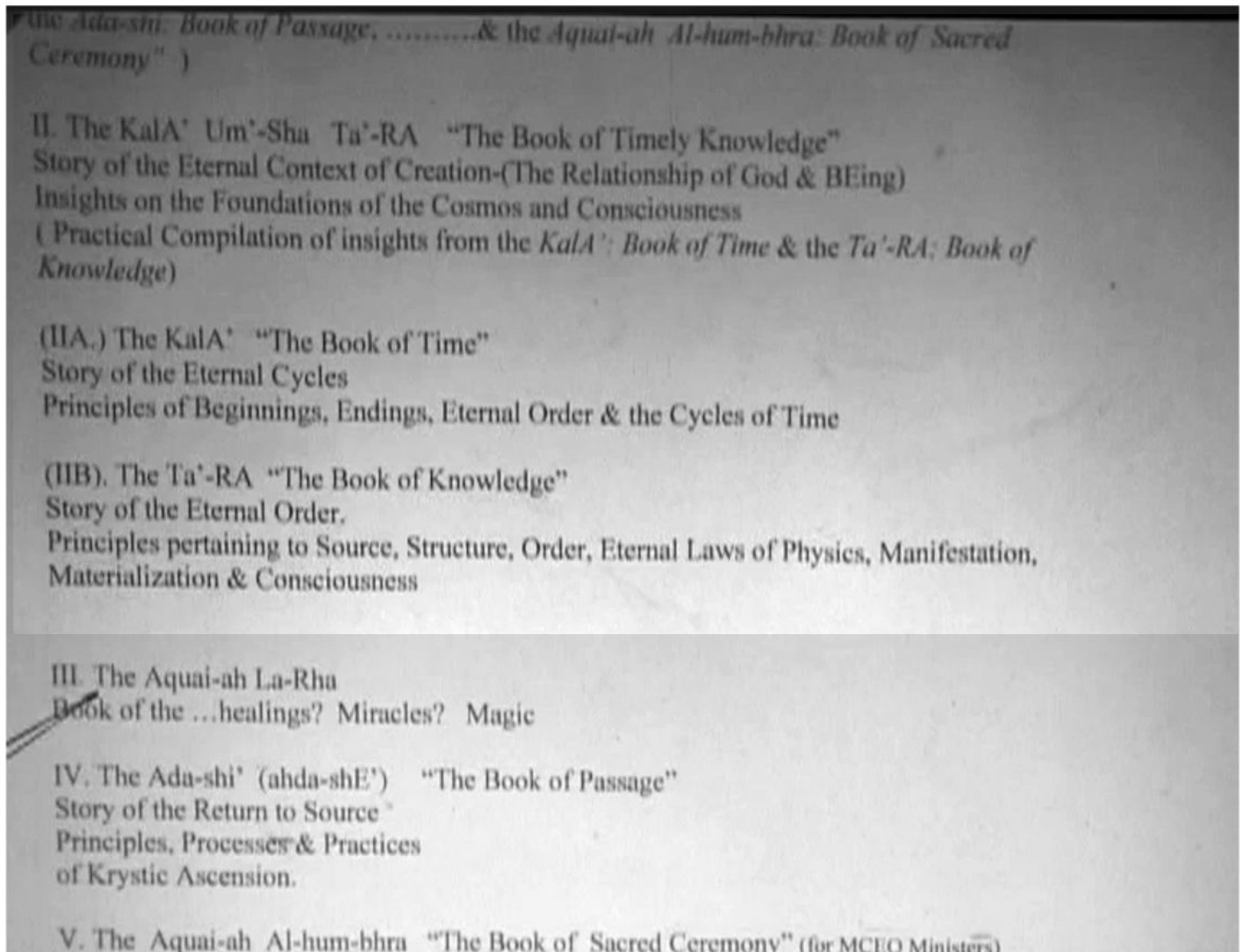
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Principles pertaining to Source, Structure, Order, Eternal Laws of Physics, Manifestation, Materialization & Consciousness

Screen captures from FOL 1/2009 public release of the Dec. 2008 AL-Hum-Bhra new Book titles



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Story of the Eternal Cycles

Principles of Beginnings, Endings, Eternal Order & the Cycles of Time

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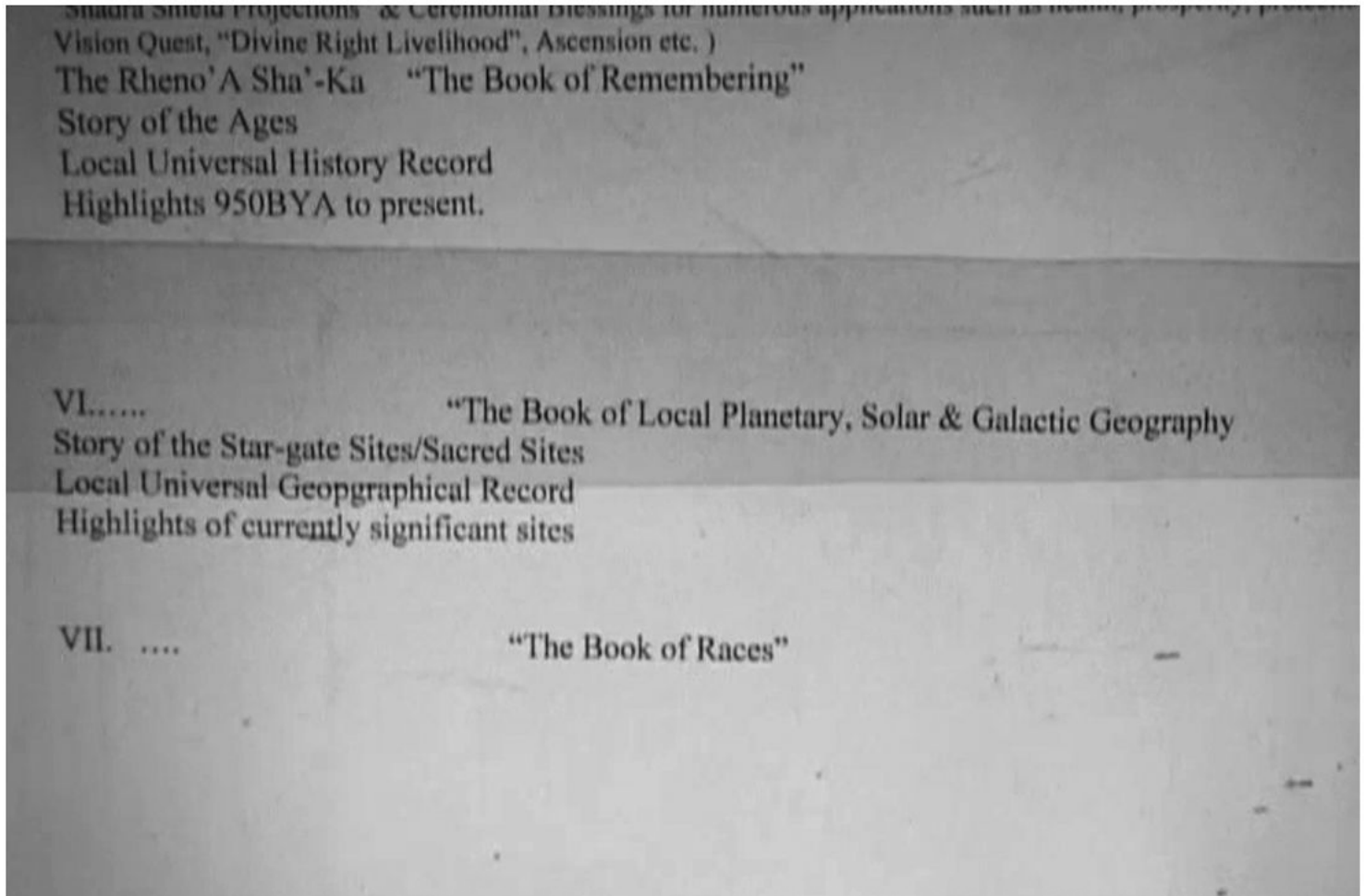
Story of the Ages

Local Universal History Record

Highlights 950BYA to present.

(4 of 4)

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Book V. Full Title: The “E’Lai-sa Aquai-ah AL-Hum-Bhra” “Book of Sacred Ceremony™”
 also referred to as “The Book of E’Lai’ Sa™”

The Eternal Rites, Rituals & Blessings of the Krystic Ministerial Practitioner
 Formal Ceremonies, Psonns, Blessings, Commands & practices of the Aquai-Adashi Adepts

Volume - 1	Tan-Tri-Ahur-a	<i>The Path of Bio-Spiritual Artistry™</i>
Volume - 2	Tan-Tri-LAH’vah:	<i>The Art of Bio-Spiritual Transformation™ (ascension)</i>
Volume - 3	Tan-Tri-A’jha/Tan-Tri-A’Lah-	<i>The Art of Bio-Spiritual Custodianship™</i>
Volume - 4	Tan-Tri-A’jha	<i>The Art of Bio-Spiritual Custodianship™</i>
Volume - 5	Tan-Tri-A’ra	<i>The Art of Bio-Spiritual Self-Healing™</i>
Volume - 6	Tan-Tri-A’ma	<i>The Art of Bio-Spiritual Self- Practice™</i>
Volume - 7	4/2013 Title not yet revealed	
Volume - 8	4/2013 Title not yet revealed	

The 8 Volumes of Book V. “The E’Lai-sa Aquai-ah AL-Hum-Bhra - Book of Sacred Ceremony™”
 - of the Kuma’yah AL-Hum-Bhra Crystal Disc text translations

The AL-Hum-Bhra Magistracy Councils of Cosminyahs

Families of the Krystar *Tan-Tri-Ahur* DhA-Yah-TEi Planes:

Stealth Tan-Tri Shield: Tan-Tri-LAh'yah: K+8 –Cosminyahs Core Sun-8/"Stealth Sun".

"Gate-Walkers, Wave-Runners & Star-Riders" of the AL-Hum-Bhra Krystal River Host

Consciousness Collective name encryption: the "**AR**" (ar-E')

Consciousness Collective lineage: the "**ARhAyas**" (a-rA'-us)

Tutorial Specialization: *Tan-Tri-LAh'yah:-The Art of Bio-Spiritual Transformation™ (ascension)*

Aqualeen Tan-Tri Shield: Tan-Tri-A'jha/Tan-Tri-A'Lah– Aqualeen Sun-1-K+7 (Density-5)

Consciousness Collective name encryption: the "**A'sha's**"

Consciousness Collective lineage: the "**RhAyas**" (rA'-us)

Tutorial Specialization: *Tan-Tri-A'jha:-The Art of Bio-Spiritual Custodianship™*

White-Blue Tan-Tri Shield: Tan-Tri-A'jha – White Sun-2-K+6 & (aqua) Blue Sun-3-K+5 (Density-4)

Consciousness Collective name encryption: the "**ayana's**"

Consciousness Collective lineage: the "**RhA-yah**" (rA'-ya)

Tutorial Specialization: *Tan-Tri-A'jha:-The Art of Bio-Spiritual Custodianship™*

Green Tan-Tri Shield: Tan-Tri-A'ra – Blue-Green Sun-4-K+4 & Green Sun-5-K+3 (Density-3)

Consciousness Collective name encryption: the "**A'yhea's**" (A'-ya)

Consciousness Collective lineage: the "**SA'Ta**" (sA'-ta)

Tutorial Specialization: *Tan-Tri-A'ra:-The Art of Bio-Spiritual Self-Healing™*

Violet Tan-Tri Shield: Tan-Tri-A'ma – Indigo Sun-6-K+2 & Amethyst Sun-7-K+1 (Density-2)

Consciousness Collective name encryption: the "**a'nanda's**" (a-non-da)

Consciousness Collective lineage: the "**HA'La**" (hA'-La)

Tutorial Specialization: *Tan-Tri-A'ma:-The Art of Bio-Spiritual Self- Practice™*

Who is the “GA-AMCC-MCEO”?

(Guardian Alliance- Al-Hum-Bhra Magistracy Council of Cosminyahs- Melchizedek Cloister Emerald Order)

The **Kryst Councils** listed below are all active members of the GA-AMCC-MCEO; each “Council” has a massive number of other race-line collectives that exist as members within the Collective of each council.

1. **1997-8/2000** GA-AMCC-MCEO presiding Kryst Councils: **D-12 Elohei-Elohim, D-11 Seraphei-Seraphim, and D-10 Braharama, Founders Races and Guardian Alliance Collectives** under Al-Hum-Bhra Magistracy Councils of Cosminyahs-Melchizedek Cloister Emerald Order/ AMCC-Kryst Fail-Safe Edict of the AMCC-MCEO Emerald Covenant Agreements.

GA-AMCC-MCEO Progressive -8/2000-4/2013- Kryst Council Upsteps “KCU” & related Kryst Mission Escalations “KME” list as follows.

2. **8/2000** KCU-1 to **3-Yanas Ramayanas, Watchayanas, Grandeyanas** of PCM PLF; Peru-1
3. **5/2001** KCU-2 to **Ecka Eieyani**; KME-2 Kauai, Hawaii
4. **2/2002** KCU-3 to **Eckasha EyanA**; KME-3A
5. **8/2003** KCU-4 to **EtorA Ecka-Eckasha Addondraea & AdorA Ecka-Eckasha AdonA**; KME-4B; Andorra/Barcelona, Spain

Beyond Confinement to Physical Form – can choose form materialization at will
6. **5/2005** KCU-5 to **HaahTUR Inner-Domain Hubs**; KME-9; Morocco
7. **6/2006** KCU-6 to **M31-Urtha-Sala Bhendi & Aquafereion Adashi Councils**; KME-12
8. **1/5-7/2008** KCU-7A to **M31-AnShaTasa Hub/Adjugate A10-BudhA’ea Adashi Councils**; KME-28; Phoenix, AZ.
9. **11/12-22/2008** KCU-7B to **Median Earth ZionA & AquafarE’ Adashi Councils**; KME-37; St.Kitts/St. Christopher’s, British Virgin Islands, Caribbean
10. **1/1-3/2009** KCU-7C to **Ashala-3-Ashalum-Edon A’quai and Shala-3-Eiradhani A’quA-elle Adashi Councils; “Floating Buddhas” Elemental Command Cloisters Sha-DA Shield Slide-Teams, & M31-AnShaTasa Hub/Adjugate A10-BudhA’ea Adashi Councils**; KME-38; Phoenix, AZ.

11. **8/13-15/2010 KCU-8** (SL-8) to: “**Councils of Ah-yah’-RhU’ – Cos-MA-yah**”; KME-46; FL
(the Krystal River **Eternal Councils of Ah-yah’-RhU’ – Cos-MA-yah** of the *Cosmic Krystar Master Councils Density-1-5 External Creation*.
(* Note: “Councils of Ah-yah’-RhU’- Cos-MA-yah” were publicly revealed 8/13-15/2010 Sliders-8 workshop)

12. **4/1-4/2011 KCU-9** to: “**5 Mashayah-Hana Cos-MA-yah ShA-Dhal-uun Virtues Councils**” & the “**Ma-jhi-ta Councils of ShA-Dhal-uun**”; KME-49; FL
(Note: the Mashayah-Hana Cos-MA-yah ShA-Dhal-uun Virtues and Ma-jhi-Ta Councils were publically revealed 4/1-4/2011 workshop)

The Krystal River **5 Eternal Mashayah-Hana Cos-MA-yah ShA-Dhal-uun Elemental Command Adept Virtues Cloisters & Ma-jhi-Ta Councils*** of the *Cosmic Krystar DhA-ya-TEi Planes Density-1-5 Master Councils External Creation*

1. **Rha-Sa-Yuun** Crystal Command (1,5,9),
2. **Sa-MA’-yah** Water Command (2,6,10),
3. **Yha-Seph’-ah** Air Command (3, 7, 11),
4. **BhRA’-ya** Fire Command (4, 8, 12),
5. **ShA’-Dhal-uun** Ether Command (1-12+13-core)

13. **8/8/2011 KCU-10** to: “**Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta Fail-Safe Councils & Al-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)**”; KME-51; FL
the Krystal River **Eternal Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta Elemental Adept KRHost Fail-Safe Cloisters** of the *Cosmic Krystar DhA-ya-TEi Planes Density-1-6 Master Councils External Creation*, and the **AL-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)**, of the *Cosmic Krystar Eternal Suns Master-Governing Fail-Safe Stealth-Councils of Internal Creation*.
(Note: Kryst-Fail-Safe Covenant of Al-Hum-Bhra activated 8/8/2011. The AMCC & the Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Fail-Safe Councils actively engaged governance over the Krystal River Host Mission on 8/8/2011, via the “Fail-Safe Covenant of AL-Hum-Bhra”, immediately following the Solomon Shield FataLE (fallen Equari-phim) breach of 8/8/2011.

In 3/2009, the assistance of the Krystal River Host Mashayah-Hana/AMCC Fail-Safe Councils “backup” had been formally requested by the presiding *Mashayah-Hana Hub-Councils of Aquareion Matrix Tri-Universal Mashayah-Hana Priestcast & the Tri-Universal Mashayah-Hana Master Councils*. From 3/2009 forward the Fail-Safe Councils were commissioned for observation and testing of various GA-MCEO & related councils, regarding “True Krystic vs HypoKrystic” agendas. Upon the 8/8/2011 Shield of Solomon FataLE breach, governance, operation and administration of the Krystal River Host Mission was officially fully turned over to the Mashayah-Hana Cos-Min-yahas-Core Fail-Safe Councils and their Kryst-Law enforcement councils of the AMCC, via unanimous vote of all Kryst Councils of the Krystal River Host and GA-AMCC-MCEO. The KRHost Mashayah-Hana Cos-Min-yahas-Core Fail-Safe Councils were progressively publicly revealed between 8/12-14/2011(Sliders-11 workshop) and 5/25-28/2012 (Sliders-12, Part-3 workshop), when the AMCC and the progression of the Krystal River Host Fail-Safe Mission were publicly revealed.

Prior to 3/2009, and as evidenced in “screen-captures” from the original workshop video, in the FOL-1/2009 workshop, the AMCC had provided a **public briefing** on the upcoming **MCEO-Speaker-1 Contract Upgrade to book-translation** of the M31 advanced teachings of the **Aquareion-Aquinos “KUMa’yah AL-Hum-Bhra Crystal Discs”** of the 450BYA Tri-Matrix Krystal River Cooperative. As foretold, the *KUMa’yah AL-Hum-Bhra Crystal Disc* translations of AMCC-MCEO Speaker-1 began in the **8/17-20/2012** workshop,

with introduction to the *“Tan-Tri-Ahura Teachings-The Path of Bio-Spiritual Artistry™”*, the first translation dispensations from **Al-Hum-Bhra Crystal Discs Book-5**, the *“Aquai-ah Al-Hum-Bhra Book of Sacred Ceremonies”*, which was revealed in the 1/2009 AMCC public briefing.

Prior to 1/2009, in **2007**, the **AMCC-MCEO** informed MCEO-Speaker-1 of her future-2011+ AMCC-MCEO Al-Hum-Bhra Contract Upgrade, and stated *that once this advanced AMCC-MCEO level of her MCEO-Speaker-1 Contract was activated by the AMCC-MCEO*, she was then required to publicly use her full Sun-1-Tan-Tri-A’La **RhAyas** “High Council PHIM-name *“E’Asha”*, along with her Sun-2 Tan-Tri-A’jha PHIM-name *“Ashayana”*. Since **2007**, it was known in private circles that the **Tan-Tri-A’Lah RhAyas High-Council PHIM-name** of MCEO-Speaker-1 is *“E’Asha Ashayana(-Tu) Aneayhea Kananda Melchizedek”*. In **8/2011**, upon engagement of the *“AMCC Fail-Safe Covenant of AL-Hum-Bhra”* and corresponding activation of *MCEO-Speaker-1 AMCC-MCEO Al-Hum-Bhra Crystal Discs Contract Upgrade*, as foretold in 2007 and required by the AMCC-MCEO, AMCC-MCEO Speaker-1 began public use of her **Tan-Tri-A’Lah RhAyas High-Council PHIM-name**, her “Sun 1-7-full name” of *“E’Asha Ashayana Aneayhea Kananda Melchizedek”*; her “1st-Spoken AMCC-MCEO Sun-8 Tan-Tri-LAH’yah ARhAyas “ name has been known on Earth since 1/2011, and will remain in private GA-AMCC-MCEO circles until the AMCC advises otherwise.)

14. 8/12-14/2011 KCU-11 (SL-11) to: *“Mashayah-Hana Cos-MA-yah & Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta, Tan-Tri-A’jha & Faun-TE’-jha Fail-Safe Councils & AMCC”*; KME-52; FL. the Krystal River **Eternal Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta, Tan-Tri-A’jha & Faun-TE’-jha** Elemental Adept Krystal River Host Fail-Safe Cloisters of the *Cosmic Krystar DhA-ya-TEi Planes Density-1-6 Master Councils External Creation*, and the **AL-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)**, of the *Cosmic Krystar Eternal Suns Master-Governing Fail-Safe Stealth-Councils of Internal Creation*.

15. 8/18/2011 KCU-12 to: *Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta, Tan-Tri-A’jha & Faun-TE’-jha Fail-Safe PHIM-Councils & AMCC”*; KME-; KME-53 STP 8/18/2011 & KME-54 STL 9/25/10/8/2011

The Krystal River **Eternal Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta, Tan-Tri-A’jha & Faun-TE’-jha** Elemental Adept KRHost **Fail-Safe PHIM-Cloisters*** (“Families of Phim”) of the *Cosmic Krystar Eternal Suns-1-7 Elemental Command Internal Creation* and *DhA-ya-TEi Planes Density-1-6 External Creation*, and the **AL-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)**, of the *Cosmic Krystar Eternal Suns Master-Governing Fail-Safe Stealth-Councils of Internal Creation*.

“Families of Phim” (Cosmic Krystar Eternal Suns Internal Creation and DhA-ya-TEi Planes External Creation):

“White-Blue-Aqualene” Phims: *RhA-ya-phim: “Keepers of the Eternal Trinity Shield & Aqualene Flame”*

- The **“White-Blue-Core Host Shield”** –Suns 1-2-3 DN-1-6 **Internal Creation** and DhA-ya-TEi Planes DN-4-6, Aurora Earth DN-4-6 **External Creation**; all free-form plasma consciousness, prime plasma-form- Winged Hominid Mana Ray Blenders:
 - **RhAyas**, Aqualene Sun-1 Internal Ether Command DN-5-6
 - **Rha-yah**, White Sun-2 Internal Air Command DN-4-5
 - **Rha-yah**, Aqua-Blue Sun-3 Internal Water Command DN-4.
- The **“White-Blue Host Shield”** –DhA-ya-TEi Planes DN-4-5, Aurora Earth-DN-4 **External Creation**
 - **Reio-phim**- prime plasma-form winged hominid aquatic bird
 - **Ra-jha-phim**- prime plasma-form air-water hydra

“Green” Phims: *SA-Ta-phim: “Keepers of the Eternal Green Shield & Green-Gold Flame”*

- The **“Green-Command Host Shield”** - Suns 4-5 DN-1-4 **Internal Creation** and DhA-ya-TEi Planes DN-3-4, Aurora Earth DN-3 **External Creation**.
 - **SA-tas**, Blue-Green Sun-4 Internal Crystal Command DN-1-4
 - **SA-tas**, Green Sun-5 Internal Crystal Command DN-1-4
 - The **“Green Host Shield”** - DhA-ya-TEi Planes DN-1-3, Aurora Earth-DN-3 **External Creation**-
 - **Shilo-phim**- prime plasma-form Bud-Hallah crystal tree
 - **ChA-Dha-phim**- prime plasma-form Aethien Mantis
 - “Violet” Phims: **HA-La-phim**: **“Keepers of the Eternal Violet Shield & Indigo-Violet Flame”**
 - The **“Violet-Command Host Shield”** - Suns 6-7 DN-1-3 **Internal Creation** and DhA-ya-TEi Planes DN-2-3, Aurora Earth DN-2 **External Creation**.
 - **HA-las**, Indigo Sun-6 Internal Fire Command DN-1-3
 - **HA-las**, Amethyst Sun-7 Internal Fire Command DN-1-3
 - The **“Violet Host Shield”**- DhA-Ya-TEi Planes DN-1-2
 - **Psyto-phim**- prime plasma-form aquatic cat-dolphin
 - **Ora-phim**- prime plasma-form winged hominid
- (Note: “Families of Phim” were publicly revealed FOL- 1/2012 Sliders-12-PT-1 workshop)

16. 3/2012 KCU-13 to: *Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta*, **“Al-Hum-Bhra Councils of 48”-Tantri, Fauntri & Jhentri Fail-Safe PHIM-Master-Councils, & AMCC**; KME-62; Norway

The Krystal River **Eternal Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Al-Hum-Bhra Councils of 48”-Tantri, Fauntri & Jhentri 144 Fail-Safe PHIM-Master-Councils** (“Krystal People”) of the **Cosmic Krystar Eternal Suns-1-7 Elemental Command Internal Creation** and **DhA-ya-TEi Planes Density-1-6 External Creation** and the **AL-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)**, of the **Cosmic Krystar Eternal Suns Master-Governing Fail-Safe Stealth-Councils of Internal Creation**.

(Note: “Councils of 48” were publicly revealed 4/6-9/2012 Sliders-12-PT-2 workshop)

17. 4/6-9/2012 KCU-14 (SL 12-2) to: *Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta*, **“Al-Hum-Bhra Councils of 48”-Tantri White-Blue-Core Host Trinity Shield - RhA-ya-phim RhAyas Fail-Safe PHIM-Master-Councils, & AMCC**; KME-63; FL

The Krystal River **Eternal Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun “Al-Hum-Bhra Councils of 48”-Tantri White-Blue-Core Host Trinity Shield - RhA-ya-phim RhAyas 48 Fail-Safe PHIM-Master-Councils** of the **Cosmic Krystar Eternal Suns-1-3 Trinity Shield Elemental Command Internal Creation** and **DhA-ya-TEi Planes Density-4-5 External Creation** and the **AL-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)**, of the **Cosmic Krystar Eternal Suns Master-Governing Fail-Safe Stealth-Councils of Internal Creation**.

(Note: “White-Blue-Core Host Trinity Shield - RhAyas” were publicly revealed 4/6-9/2012 Sliders-12-PT-2 workshop)

* The **“Tantri White-Blue-Core Host Trinity Shield RhA-ya-phim 48 PHIM-Master-Councils”** -Suns 1-2-3 DN-4-5 **Internal Creation** and DhA-ya-TEi Planes DN-4-5, Aurora Earth DN-1-6 **External Creation**; K+5-K+7 factor; all free-form plasma consciousness, prime plasma-form- Mana Ray Blenders:

- **RhAyas Tan-Tri-A’jha/Tan-Tri-A’Lah**, Aqualene Sun-1 Internal Ether Command DN-5, K+7
- **Rha-yah Tan-Tri-A’jha**, White Sun-2 Internal Air Command DN-4, K+6
- **Rha-yah Tan-Tri-A’jha**, Aqua-Blue Sun-3 Internal Water Command DN-4, K+5.

18. 5/25-28/2012 KCU-15 (SL 12-3) to: *Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta, "Al-Hum-Bhra Councils of 48"-Tantri "Golden-Silver-ONE Stealth-Sun-8 Host Trinity-Core Shield" – ARhAyas Fail-Safe PHIM-Master-Councils, & AMCC*"; KME-64; FL

(Note: "Golden-Silver ONE Stealth-Sun-8 Host Trinity Core Shield- ARhAyas and the Kryst Fail-Safe Al-Hum-Bhra Magistracy Councils of Cosminyahs -AMCC" were publicly revealed 5/25-28/2012 Sliders-12-PT-3 workshop)

The Krystal River **Eternal Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun "Al-Hum-Bhra Councils of 48"-Tantri "Golden-Silver-ONE Stealth-Sun-8 Host Trinity-Core Shield" – ARhAyas Fail-Safe PHIM-Master-Councils** of the **Cosmic Krystar Eternal Cosminyahs-Core Sun-8 Elemental Master-Command Internal Creation** and **DhA-ya-TEi Planes Density-1-6 External Creation** and the **AL-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)**, of the **Cosmic Krystar Eternal Suns Master-Governing Fail-Safe Stealth-Councils of Internal Creation**.

* The **"Tantri "Golden-Silver-ONE Stealth-Sun-8 Host Trinity-Core Shield" – ARhAyas Fail-Safe PHIM-Master-Councils_ -Suns 8 & 1-7 DN-1-6 Internal Creation** and **DhA-ya-TEi Planes DN-1-6, Aurora Earth DN-1-6 External Creation**; K+8 factor; all free-form plasma consciousness, can take any form; prime plasma-form-Eta-Ur Ether Blenders.

Prior to their 5/2012 public revelation, the **AMCC** had served as the **Stealth Administrative Fail-Safe Master-Councils** presiding over ALL genuine Kryst Councils of the Krystal River Host Mission, since engagement of the **"Fail-Safe Covenant of AL-Hum-Bhra"** on 8/8/2011.

Prior to the 8/8/2011 engagement of the "Fail-Safe Covenant of AL-Hum-Bhra", the **AMCC** have served as **Krystic stealth administrators, over-seers, observers and testers of various GA-MCEO & related councils**, regarding "True Krystic vs HypoKrystic" agendas, since 3/2009, when the presiding *Mashayah-Hana Hub-Councils of Aquareion Matrix Tri-Universal Mashayah-Hana Priestcast & the Tri-Universal Mashayah-Hana Master Councils* had petitioned for the direct assistance of the Krystal River Host Mashayah-Hana/AMCC Fail-Safe Councils. * See item 13 for **AMCC-MCEO involvement in 3/2009 & 2007**.

Prior to 2007, and in contemporary times since the 1964 birth of AMCC-MCEO Speaker-1, the **AMCC-MCEO ARhAyas PHIM-Master Councils** served as the **Stealth Administrative Fail-Safe Master-Councils** presiding over ALL genuine Kryst Councils of the GA, MCEO and the Krystal River Host Mission. In contemporary times, and throughout Cosmic and earthly history, the **AMCC-MCEO ARhAyas PHIM-Master-Councils** have served as the **Eternal Founding Designers and Orchestrators of all Kryst Host Intervention endeavors within the Cos-MA-yah**, including the Krystal River Host mission.

Member Councils of the AMCC-MCEO ARhAyas PHIM-Master Council Kryst-Host Founders

19. 8/17-20/2012 KCU-16 (TTA-1) to: *Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta ARhAyas Cosminyahs Aretus Sun-8 Tan-Tri-LAH'yah Fail-Safe PHIM-Core-Councils* and the **5 Tan-Tri-Ahura Tribes Fail-Safe PHIM-Master-Councils** of the *Al-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)*. KME-66 FL

(Note: "ARhAyas Cosminyahs Aretus Sun-8 Tan-Tri-LAH'yah Fail-Safe PHIM-Core-Councils" and the 5 Tan-Tri-Ahura Tribes Fail-Safe PHIM-Master-Councils" were publicly revealed 8/17-20/2012 Tan-Tri-Ahura-1 workshop)

The Krystal River **Eternal Mashayah-Hana Cos-Min-yahas-Core ShA-Dhal-uun Ma-jhi-ta ARhAyas Cosminyahs Aretus Sun-8 Tan-Tri-LAH'yah Fail-Safe PHIM-Core-Councils** and the **5 Tan-Tri-Ahura Tribes Fail-Safe PHIM-Master-Councils** of the *Al-Hum-Bhra Magistracy Councils of Cosminyahs (AMCC)*, of the **Cosmic Krystar ARI-Yon-Yah-ARhAyas-Cosminyahs-AL-Hum-Bhrus, Cosmic Krystar Eternal Suns Master-Governing Fail-Safe Stealth-Councils of Internal Creation** and **DhA-ya-TEi Planes Density-1-6 External Creation**.

*The **5 Tan-Tri-Ahura Tribes Fail-Safe PHIM-Master-Councils** Cosminyahs Core- Sun- 8 & Suns 1-7 Internal Creation and DhA-ya-TEi Planes DN-1-6, K+8 & K+1-K+7 factors.

- **Tan-Tri-LAH'yah ARhAyas- Stealth Tantri Shield- Golden-Silver-ONE Core-Sun-8 Elemental Core-Command Internal Creation** and **DhA-ya-TEi Planes DN-1-6, K+8 factor-; specialization-Bio-Spiritual Transformation (ascension)**

- **Tan-Tri-A'jha/Tan-Tri-A'Lah RhAyas- Aqualene Tantri Shield-** Aqualene Sun-1 Ether Command Internal Creation and DhA-ya-TEi Planes DN-5, K+7 factor; specialization-Bio-Spiritual Custodianship
- **Tan-Tri-A'jha RhA-yah- White-Blue Tantri Shield-** White Sun-2 Air Command Internal Creation, K+6 factor and (aqua) Blue Sun-3 Water Command Internal Creation, K+5 factor, both DhA-yah-TEi Planes DN-4; specialization- Bio-Spiritual Custodianship.
- **Tan-Tri-A'ra SA'Ta- Green Tantri Shield-** Blue-Green Sun-4, K+4 factor and Green Sun-3, K+3 factor, both Crystal Command Internal Creation and DhA-ya-TEi Planes DN-3; specialization-Bio-Spiritual Self-Healing
- **Tan-Tri-A'ma HA'La- Violet Tantri Shield-** Indigo Sun-6, K+2 factor and Amethyst Sun-7, K+1 factor, both Fire Command Internal Creation and DhA-ya-TEi Planes DN-2; specialization- Bio-Spiritual Self-Practice.

20. 12/20-24/2012 KCU-17 (TTA-3) to: ARhAyas Cosminyahs AL-Hum-Bhrus Sun-8 PHIM-Core-Vapors-Councils and the 1st 5 Tan-Tri-A'jha Talisman Al-Hum-Bhra Cathedral Passages Gate-Keepers Councils ; KME-68; FL

(Note: "ARhAyas Cosminyahs AL-Hum-Bhrus Sun-8 PHIM-Core-Vapors-Councils" and the "1st 5 Tan-Tri-A'jha Talisman Al-Hum-Bhra Cathedral Passages Gate-Keepers Councils" were publicly revealed 12/20-24/2012 Tan-Tri-Ahura-3 workshop)

The **1st 5 Tan-Tri-A'jha Talisman Al-Hum-Bhra Cathedral Passages Gate-Keepers Councils** are: (1st GA-AMCC-MCEO SP-1 contact 12/2-20/12) Internal Creation Core 7 Suns Vapor-Plasma Councils & External Creation DhA-ya-TEi Planes Vapor-Plasma Councils.

*Tur-ah'-Du DA-LE-dah- Sun 8- ARhAyas Island: D-Planes VP-5

*Au-BhRE'-Lah – Sun-1 RhAyas Island: D-Planes VP-4

*Jhan'-TA- Suns 2 & 3 –Sanctuary Island & Aquari Matrix- Ah-MA-ya-san: D-Planes VP-3

*HE'Li-Ahuan-Tara- Suns 4 & 5 – Sanctum Island & M31-Andromeda-Aquinos-Urtha: D-planes VP-2

*Cy'-TO-Nah-LA'-yah -Suns 6 & 7 – Salvage Island & Amenti-Median-Earth 6520AD/Net-Earth 12/21/2012 AD: D-Planes VP-1

About the Author



Ashayana Deane Ekr.MC (formerly published as "Anna Hayes") is host of the **Life Empowerment Workshop Series**, founder of the **Kathara Healing Institute** and the **Azurite Temple of the Melchizedek Cloister**, Sarasota FL. Ashayana is author of the **Voyagers**, **Kathara** and **Emerald Awakening Series** books, the **Kathara Bio-Spiritual Healing System™**, the **Tangible Structure of the Soul Accelerated Bio-Spiritual Evolution Program™** and the **Amenti and Life Empowerment Series Videos**. Ashayana experienced "Conscious Birthing" as an "Indigo Child," with open Fetal Integration memory (soul entering fetal body) and reincarnational remembrance since birth. She encountered 28 years of ritual physical contact and training with the **Emerald Order Melchizedek Cloister ("EOMC") Priests of Ur**. The **EOMC Priests of Ur** are living members of the original pre-ancient Oraphim-Turaneusiam-"Indigo Children" **Angelic Human Grail Line**, formally referred to in ancient times as the **Eieyani** (pronounced "E-yon'-E") through which the human lineage was originally seeded 560 million years ago. (Note: "Ur" means "light," in reference to serving the agenda of enlightenment for all). In contemporary times, as they have done since the pre-ancient past, the Eieyani Priests of Ur continue to serve as representatives of the **Guardian Alliance ("GA")**, the primary task force of the **Interdimensional Association of Free Worlds ("IAFW")** universal service organization.

During childhood, Ashayana was visited many times and escorted to Eieyani learning centers for short periods, by members of the Eieyani Priests of Ur, who initiate contact from the island of Kauai, Hawaii. Throughout adolescence, Ashayana kept numerous appointments with the Eieyani Priests, in which she was physically transported by means of interdimensional spacecraft and Merkaba, to an Emerald Order base near the island of Kauai. Escorted by members of the Eieyani, Ashayana experienced physical "wave-riding," a term used to describe physical teleportation through space-time portals via Merkaba Field activation, from the Kauai location to an Eieyani educational facility called the **Center for the Advancement of Interdimensional Communication ("CAIC")**. The CAIC physically exists on Earth on what is now the Kauai, Hawaii site, but in the future time period that translates into 6520 AD Earth

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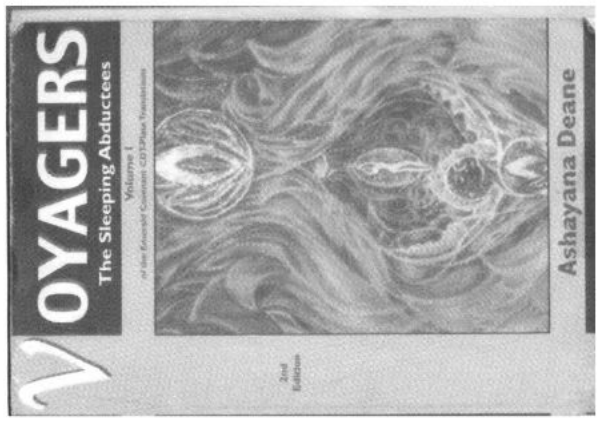
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Excerpt: Voyagers Volume -1: Abductees 2nd Edition ©2001 Ashayana Deane RE: GA-AMCC-MCEO Mentorship Contracts

About the Author

Receiving little religious training as a child, Ashayana's validation of the existence of Angelics and Fallen Angelics came from direct, early experience with contact and from extensive memory of humanity's dealings with the same visitor races throughout many different time periods of human evolution. The **Angelic Human** races of the Eieyani Priests of Ur, who are capable of sustaining full physical manifestation on Earth or altering their biological orientation at will to engage interdimensional time travel or dimensional ascension, assisted Ashayana in her Fetal Integration process and later in her NDE. Though the Eieyani Priests are capable of, and often utilize, remote subtle interdimensional contact, the majority of Ashayana's childhood experiences with them, and numerous contacts in adulthood, were fully **physical in nature**, involving her physical transport to their learning facilities rather than simply "astral body travel."

Since the age of 7, and cumulatively for over 29 years, Ashayana has received private training from the Eieyani Priests of Ur, in the teachings of the **Emerald Covenant** and in translation of the ancient **Cloister-Dora-Teura Plates** or **CDT-Plates**, the 12 **Pre-Atlantian Holographic Disc Records** from 246,000 BC. Information pertaining to the CDT-Plates was under high security categorization of the GA until November 1999, when the last missing disc of the 12 CDT-Plate set was finally retrieved by the Eieyani Priests from Earthly Illuminati forces. Ashayana was permitted to release data on the existence, content and history of the 12 CDT-Plates as of May 5th, 2000. The CDT-Plate discs have been in protective custody within the **Azurite-EOMC Eieyani Priests of Ur** family lines since a cataclysmic event that took place on Earth in 208,216 BC. At that time, 2 of the 12 discs had fallen into the hands of Illuminati family lines on Earth. The 11th disc was recovered by the Azurites of the GA in the 1600s AD, the 12th disc in November 1999. In many physical encounters of childhood and adolescence, during which she was being trained in CDT-Plate translation, the Eieyani Priests permitted Ashayana to hold the **small pale silver CDT-Plate discs** in her hands, which confirmed for her the tangible physical existence of these pre-Atlantian technological artifacts. As her abilities in physical translation of data from the discs grew, she was then trained in **remote translation** of the CDT-Plates. Remote translation of the CDT-Plates would allow Ashayana the capability of frequent CDT-Plate translation in adulthood, without the need of the Eieyani Priests continually relocating her to the storage facility where the CDT-Plates are kept in protective custody. (See "CDT-Plates, Emerald Covenant and the Mass Drama" on page xli.)

As is customary when CDT-Plate translations are initiated on Earth, **three individuals** are chosen by the Eieyani Priests to hold one of three "CDT-Plate Speakers Contracts," through which translations of the CDT-Plates are

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SP2 &
SP3
Contracts
in Mentor-
Ship To
SP-1
Contract

As is customary when CDT-Plate translations are initiated on Earth, **three individuals** are chosen by the Eieyani Priests to hold one of three "CDT-Plate Speakers Contracts," through which translations of the CDT-Plates are...

... returned to the human collective. Ashayana was chosen, by the Eieyani Priests of Ur, as the **First CDT-Plate Speaker** (and mentor to) the later Second and Third CDT-Plate Speakers in contemporary times, due to her reincarnational history, much of which she had conscious memory from birth and of which the Eieyani Priests are fully aware.

Mentorship Contracts of the GA-AMCC-MCEO are **Hosting Contracts** through which those whom are **"in mentorship"** have opportunity for **AMCC-MCEO Hosted Redemption Contracts** for ascension via the Shield of the one to whom they are in mentorship.

About the Author

returned to the human collective. Ashayana was chosen, by the Eieyani Priests of Ur, as the **First CDT-Plate Speaker** and mentor to the later Second and Third CDT-Plate Speakers in contemporary times, due to her reincarnational history, much of which she had conscious memory from birth and of which the Eieyani Priests are fully aware. In the "Christ Drama" of 2000 years ago, Ashayana, then an Essene woman named **Miriam** (born 5 BC-37 AD), had served as the Third CDT-Plate Speaker. Miriam served this role in collaboration with two

Essene men historically known as **John the Baptist** (31 BC-34 AD), then First CDT-Plate Speaker and **Jesheua Melchizedek** (12 BC-27 AD), then Second CDT-Plate Speaker and leader of the Essene "Christian Movement" (known as "Jesus" in the Bible). Prior to her CDT-Plate Speakers Contract as Essene Miriam, with others incarnating from the Eieyani collective, Ashayana had served as CDT-Plate Speaker and Eieyani Priest numerous times during early Lemurian, Atlantian, Hindu, Celtic-Druid and Egyptian historical periods. The history of Ashayana's recent reincarnational involvement with CDT-Plate Speaker Contracts on Earth began with her incarnation as **Ashayana-Tu Melchizedek**, an EOMC Eieyani Priest of Ur born on Earth in 246,041 BC, during the "Middle Cloister Race Period" of human evolution (500,000 BC-208,216 BC). During this period Ashayana served as a member of the original EOMC Eieyani Priests of Ur **Azurite Universal Templar Security Team**, the GA collective responsible for reinstating the Emerald Covenant peace treaty on Earth and providing the CDT-Plates to the Urtite human Cloister Race in 246,000 BC.

The Templar (Star gate) Security Team EOMC Eieyani Priests of Ur have incarnated on Earth at various times to assist in human evolution and protection of Earth's **Halls of Amenti Star Gates**. The EOMC Azurite Universal Templar Security Team has been progressively incarnating on Earth over the last 100 years, especially since 1955, through the Eieyani Grail Line genetic lineage, known in contemporary times as the **Indigo Children**. (See "GA Signet Council-6, Sirius B, Indigo Children And 'Christiac Grail Lines'" on page 171). Presently there are approximately 550,000 Indigo Children physically incarnate on Earth, just beginning the DNA Template activation cycle through which they will "awaken" to remember their higher aspects of identity and Templar Security Team commissions; many more will be born between 2000-2012. In her present incarnation Ashayana was born as an **Indigo Child Type-1**, incarnating as an original member of the EOMC **Azurite Universal Templar Security Team**; for this reason she was chosen and trained since childhood by the EOMC Eieyani Priests of Ur from Kauai, Hawaii. As per pre-birth agreements with the Eieyani, Ashayana was trained to serve as the First CDT-Plate Speaker, 6th-Degree Melchizedek Cloister Eckar, organizer of Azurite Universal

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About the Author

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Authenticaton & Source Verification of all true Maharata Text Translations: Excerpt: Published Letter ©2002 Ashayana Deane

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} 9 page published letter sent out in 2002
- authored by Ashayana Deane

MaharataText/CDT-Plate Translation and Flame Holder Contracts

The Translations Contract for the Maharata Texts is *pre-ordained* and *determined solely* by EOMC (Emerald Order Melchizedek Cloister) Yanas Eckatic Master Council and is overseen by the EOMC Elohei-Elohim Christos Founders Azurite Maharaji and Eieyani races of the Azurite Universal Templar Security Team Yanas High Council.

As dictated by ancient EOMC Yanas Security Protocols (and as practiced throughout history) Maharata Text Translation Contracts are solely entrusted to the 3 EOMC Endorsed CDT Plate Speakers. All true Maharata Text translations will be subject to authentication and source verification through Speaker-1 a life-time position appointed prior to birth by the EOMC Yanas Eckatic Master Council and held in this generation by Ashayana Deane, Ekr MC, who is presently the originator of all contemporary translations of EOMC teachings and CDT Plate translations on surface Earth.

Speakers 2 and 3 will soon join Speaker-1 in translation of EOMC CDT Plate teachings. Prior to birth in this lifetime Speaker-1, an incarnate member of the Emerald Order MC Yanas Master Council and Yanas Signet-12 Inner Council of Amenti, was chosen and entrusted by the Yanas Eckatic Master Council and its many voting representative subsidiaries to hold the Masters Service Contract of EOMC Eckar "Blue Flame Holder" and EOMC/EC Speaker-1 during the 2000- 2017 SAC ("Stellar Activations Cycle").

The 3 Flame HOLDERS of the EOMC Azurite Universal Templar Security Team are three individual Indigo Children elected for Flame Holder. Universal Service Contract Flame Holders are born with specialized dormant *Universal Flame Codes* (Universal Star Gate Master Security Codes) in their DNA Templates which allow them to fully embody and run the full spectrum Primal Light and Primal Sound frequencies corresponding to their "Flame" into Earth's Templar.

Flame HOLDERS are the Anchoring Rods of Primal Frequency during SACs. They first draw into their bodies and then transmit or "anchor" into Earth's Planetary Shields each progressive sub-harmonic (sub frequency band) of the their assigned Primal Life Force Current, as the Universal Star Gates progressively open and transmit inter-dimensional scalar frequency during the course of a SAC. As full-thrust Primal Currents anchor through the bodies/DNA Templates of the Flame Holders the frequencies are "down-stepped" or synthesized into slower moving pulses, which are then transmitted into Earth's Shields to activate the Planetary Templar. The down stepped "Flame Currents" are simultaneously transmitted from the Flame Holders directly into the common DNA Template Tribal Shield of the Corresponding Indigo Child and 12- Strand Angelic Human Flame KEEPERS groups who further down-step the pulse speed of the Primal Currents and transmit them to the general planetary life field.

If it were not for the EOMC Flame Holder Flame/Keeper Universal Templar Security Teams and their Universal Service Mission of *Primal Current down- stepping*, Earth's Planetary Shields would be unable to synthesize the faster moving pulses of Star Gate Primal Current which would cause Earth to pole shift during times of SACs. The Flame Holders/Flame Keepers Collectives incarnating on Earth were elected for their contracts

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Page 1

(of 9 pages)

...Ancient EOMC Yanas Security Protocols...

...“All true Maharata Text Translations will be subject to authentication & souce verification through Speaker-1, a life-time position ... Ashayana Deane” ...

MaharataText/CDT-Plate Translation and Flame Holder Contracts

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Saturday 4/6/2013

Features:

TAN-TRI-A'RA- The Art of Bio-spiritual Self-Healing™ : *The Indelible Kryst Code* & *CHISMATIC SELF-HEALING-Level-1*

SESSION-1: TAN-TRI-A'RA- The Indelible Kryst Code & CHISMATIC Self-Healing Level-1

Includes: **Introduction**

- The *E'-LAI-sa Krystar Seed Crystal Flows*
- The Indelible Kryst Code, *CHISMS*, the *CHISMATIC FIELD* & *Chismatic Self-Healing*

SESSION-2: *The E'-LAI-sa Awakening-* Planetary Cathedral Network Grid-work Event
Advanced Krystal River Al-Hum-Bhra Host Techniques Series.

Sunday 4/7/2013

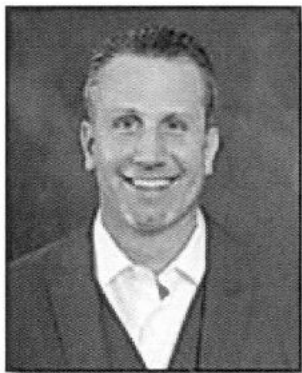
Features:

Dr. Jason Quintel Ph.D., LCSW - 10am-12pm.
“Refreshing Perspectives on Mind, Emotion
& Healing” (if all goes according to planned schedule)

SESSION-3: *The Mystique of MEMES (mEms), the Secrets of SCHEMA and the Epi-Genetic-Overlay (“EGO”).*

Includes:

- The ***Tangible Structure of the MEME***, “Cellular Memory”, the Epi-Genetic-Overlay and Bio-chemical Transduction of the ***MEME FIELD***.
- ***MEmotypes, MEMoplexes and SCHEMA***; the hidden forces that “move your mind and energize your emotions”.
- ***Internal & External MEmetics***



Dr. Quintal is committed to your health and well being.

His broad training and unique personal skills enable him to provide concrete and lasting results to his clients. Following a holistic approach, Dr. Quintal has provided thousands of clinical therapy hours assisting individuals, couples, and families. Dr Quintal has great success in rapidly and painlessly eliminating problematic behaviors, actions, thoughts and feelings.

Dr. Quintal is a Master Practitioner of Rapid Resolution Therapy (RRT) and Neurolinguistic Programming (NLP). He is also a Clinical Hypnotherapist.

Dr. Quintal is a licensed Clinical Social Worker, Board Certified in Clinical Hypnosis, and is a Certified Traumatologist. He obtained his Bachelor's degree in Psychology from St. John Fisher College, a Master's degree in Social Work from Florida State University.

At Dr. Quintal & Associates, we offer counseling for individuals and couples, families, adults, children and adolescents in the following areas:

- Anxiety & Depression
- Relationship & Marriage Counseling
- Panic Attacks & Phobias
- Obsessions & Compulsions (OCD)
- Parenting & Family
- Child Behavior
- Blended Families
- Frozen Grief
- Shame & Guilt
- Heartbreak
- Problem Anger
- Post Traumatic Distress
- Childhood Abuse
- Sexual Violence
- Self-Destructive Behavior
- Sex & Intimacy
- Dependency & Addiction
- Career & Goal Setting

Dr. Quintal & Associates
5460 Lena Road, Suite 103
Lakewood Ranch, FL 34211
941-907-0525
info@drquintal.com

Monday 4/8/2013

Features:

SESSION-4: *Maladaptive Memes, Sorrowful Schema & TAN-TRI-A'RA Chismatic Self-healing* .

Includes:

- The ***Mine-Fields of Meme, the Scheming of Schema*** and the ***Hidden Controls on your Co-creative Empowerment***.
- ***Personal & Planetary Maladaptive Schema & the Polarity Prism***
- ***Primary "VV (victim-victimizer) Polarity-game Filters, Narcissist Norms, Doormatist Distress & the Planetary Meme Field***.
- ***Inane Insanity, Meme Warfare, Nefarious Narcs, & Conversational-Psychological Warfare Tactics of FAtalE & Friends***.
- The pursuit of ***Krystic Sanguine Sanity, Surviving Schema & Managing Meme-ville***.

SESSION-5: *TAN-TRI-A'MA- The Art of Bio-Spiritual Self-Practice*™

.Includes:

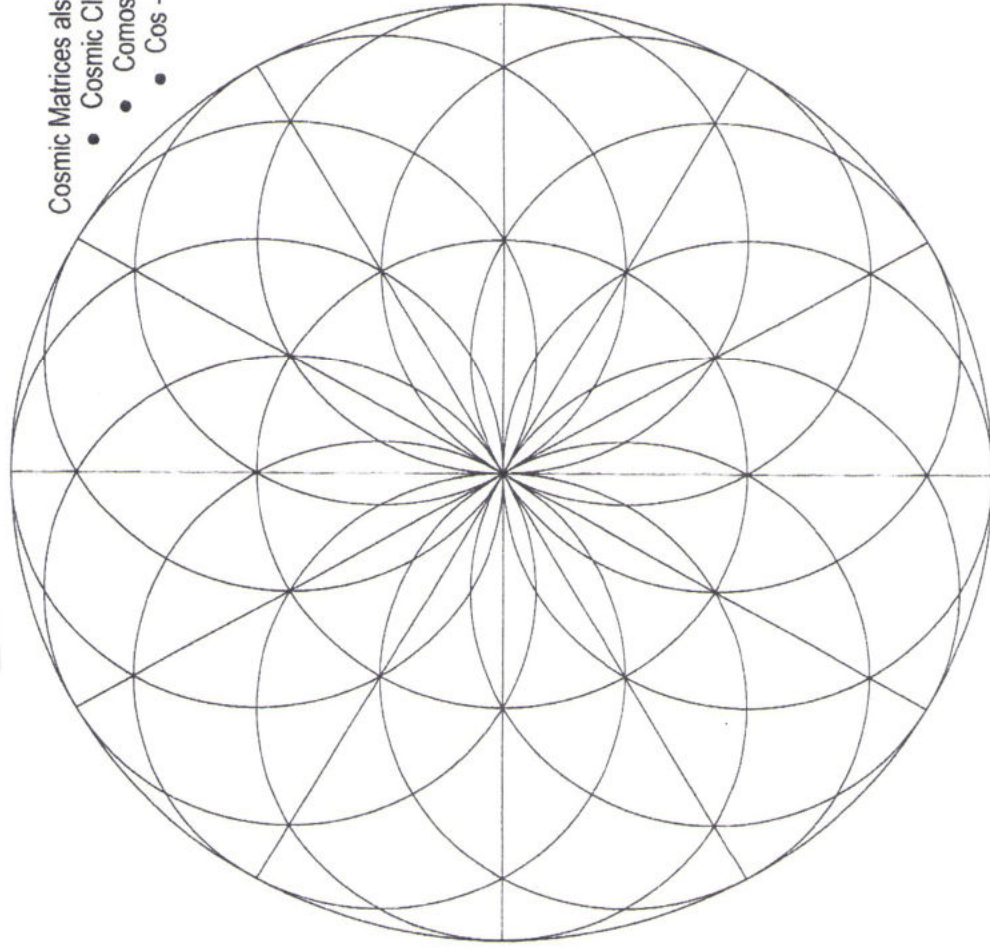
- Introduction to ***"ENLIGHTENED BEGINNINGS : Beginners-Masters Start-Up/Top-Up Techniques Program"*** of the AMCC-MCEO Krystal River AL-Hum-Bhra Host - Bringing the Promise of the MCEO Freedom Teachings™ (authored by E'Asha Ashayana 1998-2011) to progressive fruition through the teachings of the ***TAN-TRI-AHURA- The Path of Bio-Spiritual Artistry***™.

SESSION-6: *Conclusions- Overview*

.Includes:

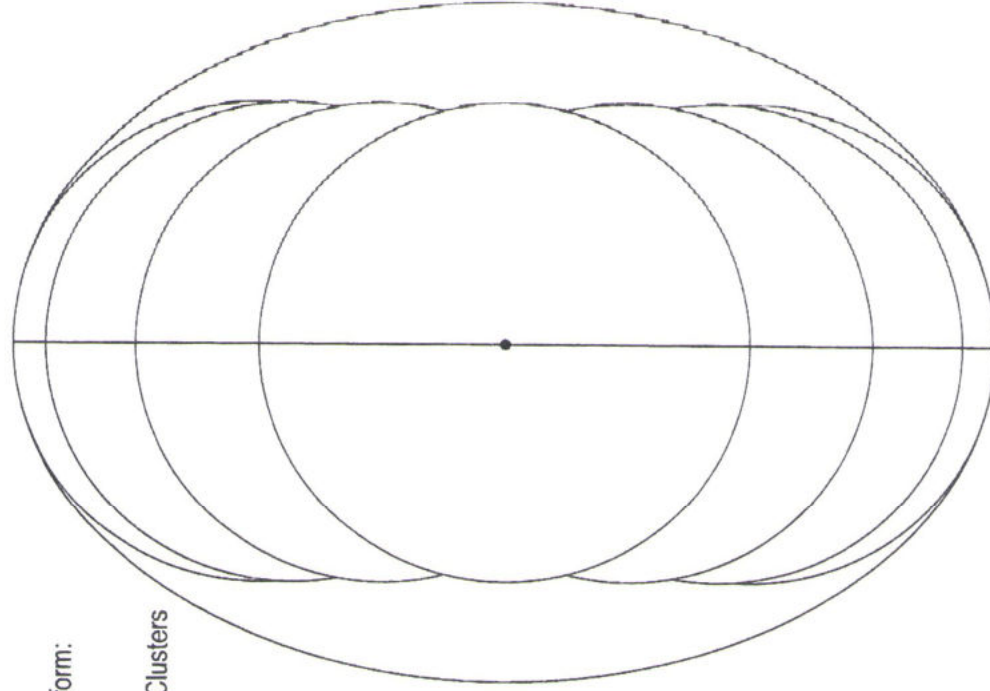
- ***Status of the Grids***
- ***What will it mean to reside on Aurora-Earth Ascension Planet,?***
- ***The Gift of the E'-LAI-sa Awakening***
- ***Free will Choice & Consequence***
- ***Finding your True Self, remembering your original Divine Eternal Nature , & Embodying your innate Divinity***.

The Hara Bodies / Probability Dominions of 1 Cosmic Matrix / ElumEir'-adhona Spirit Body



Cosmic Matrices also group to form:

- Cosmic Clusters
- Comoses
- Cos - MĀ' - yah Clusters



Front or Rear View

Side View

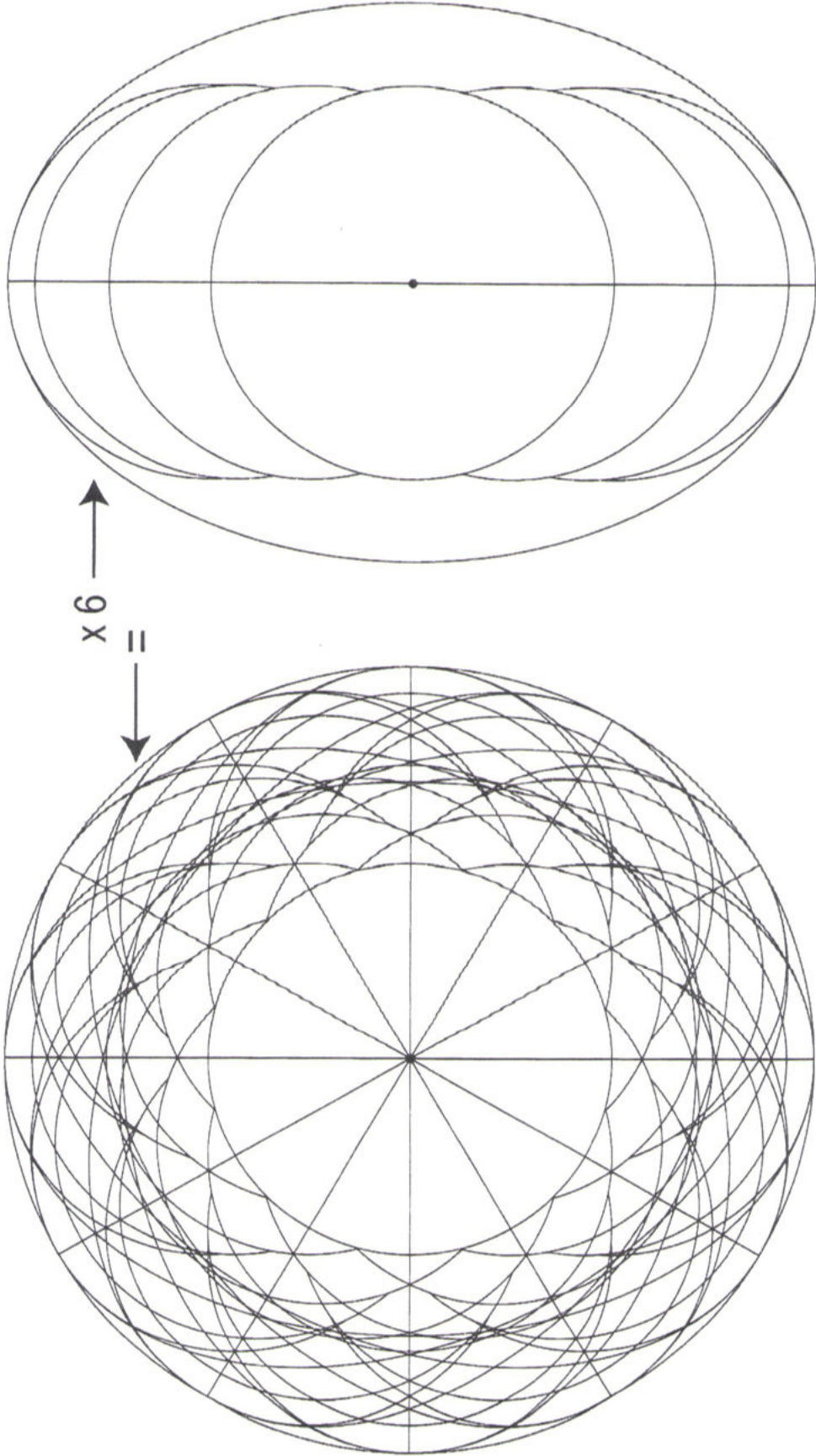
72 Hara Cells of 1 Cosmic Matrix – 24 Central & 48 Outer
6 Vector Lines – 12 Event Horizons
(= 12 EtorA CW & 12 AdorA CCW "Probability Dominions"
and 24 Central "Actuality Dominions")

Foundations of the "Structured - Bubble Cosmos"

1 Cosmic Cluster: 6 Cosmic Matrices

1 Cosmic Cluster (Side View)
= 6 Cosmic Matrices, 432 Hara Cells

1 Cosmic Matrix (Side View)
= 72 Hara Cells



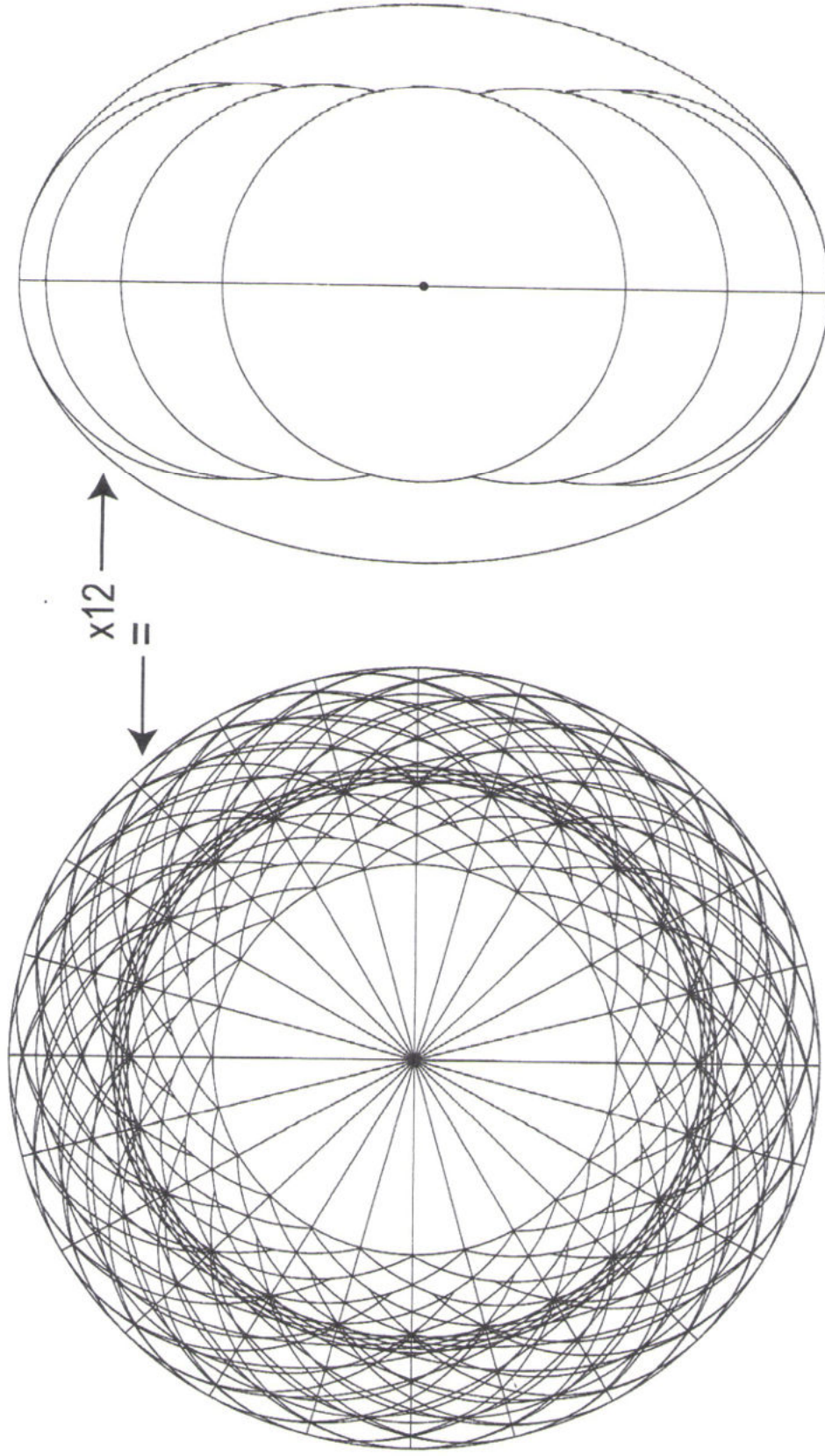
Side View of 6 Cosmic Matrices:
6 Cosmic Matrices (72 Hara Body Dominions each)
are called a "Cosmic Cluster" ($72 \times 6 = 432$ Hara Body
Dominions; $48 \times 6 = 288$ Outer & $24 \times 6 = 144$ Central)

Side View of 1 Cosmic Matrix:
6 Vectors, 12 Event Horizons,
48 Outer Hara Cells + 24
Central Hara Cells = 72 Cells

1 Cosmos: 12 Cosmic Matrices; 2 Cosmic Clusters

1 Cosmos (Side View)
= 12 Cosmic Vectors, 864 Hara Cells

1 Cosmic Matrix (Side View)
= 72 Hara Cells

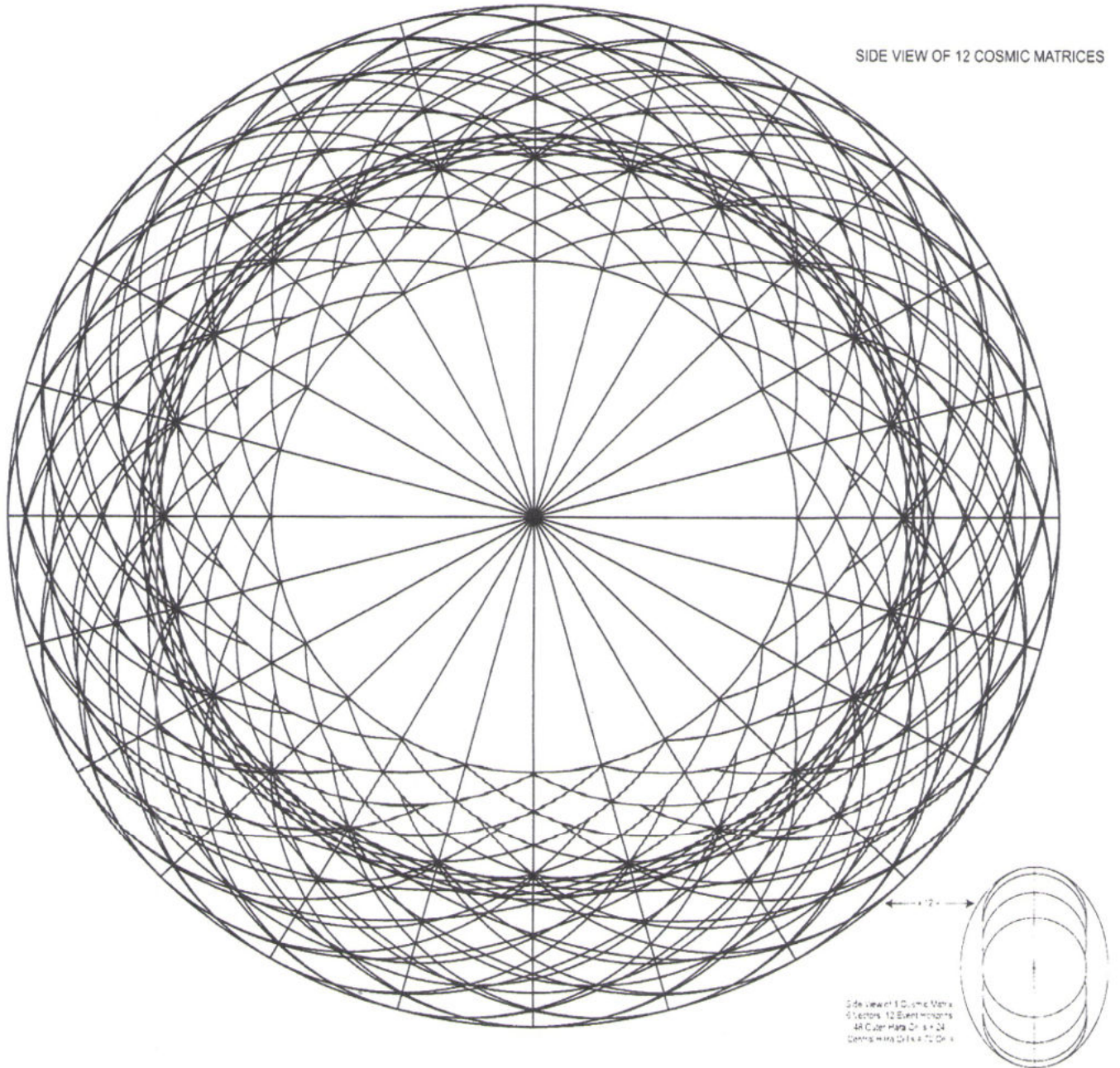


Side View of 12 Cosmic Matrices:
12 Cosmic Matrices (72 Hara Body Dominions each)
are called a "Cosmos." (72 x 12 = 864 Hara Body
Dominions; 48 x 12 = 576 Outer & 24 x 612 = 288 Central)

Side View of 1 Cosmic Matrix:
6 Vectors, 12 Event Horizons,
48 Outer Hara Cells + 24
Central Hara Cells = 72 Cells

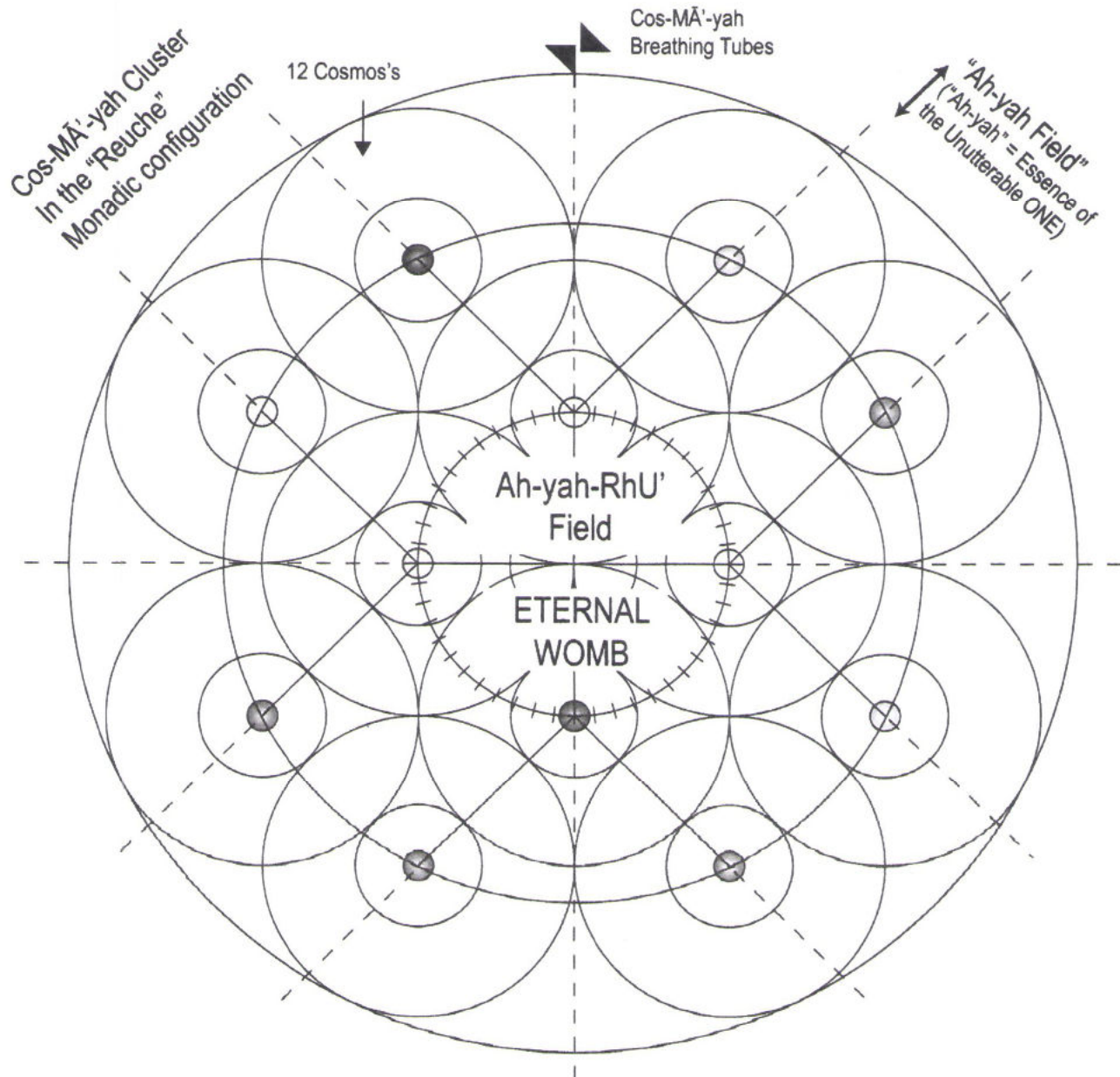
1 Cosmos: 12 Cosmic Matrices; 2 Cosmic Clusters

12 Cosmic Vectors. 864 Hara Cell Dominions.
576 Outer "Probability Dominions" & 288 Central "Actuality Dominions"



12 Cosmic Vectors. 864 Hara Cell Dominions.
576 Outer "Probability Dominions" & 288 Central "Actuality Dominions."

1 Cos-MĀ'-yah Cluster Eternal Life Matrix and the Ah-yah Infinite-Eternal-ONE (1st Eternal Life-Creation Living God-Source Consciousness Field) and the Ah-yah-RhU' Cosmos



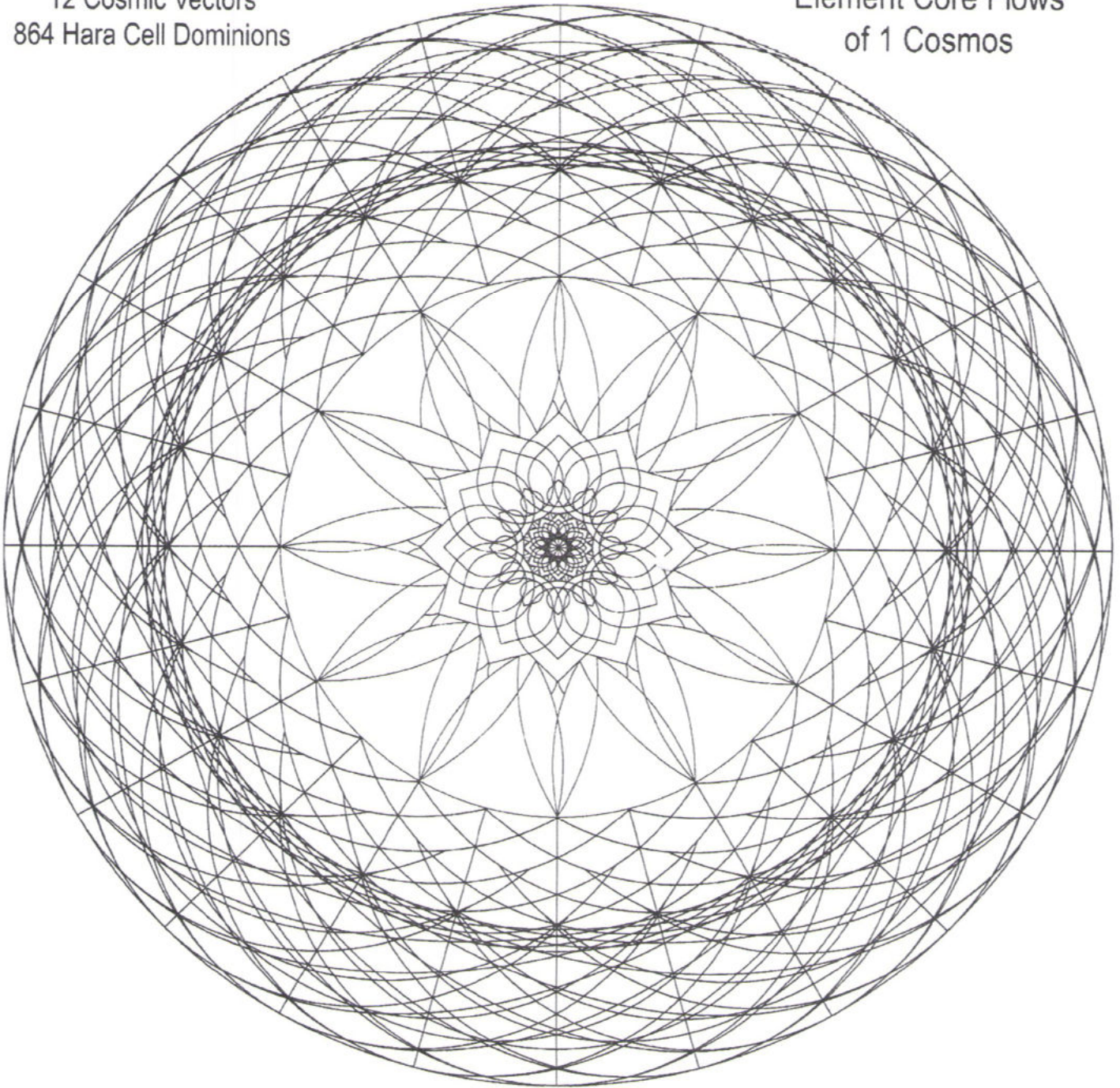
1 Cos-MĀ'-yah Eternal Life Matrix equals: 12 Cosmos and 1 Central Ah-yah-RhU', 24 Cosmic Clusters, 144 Cosmic Matrices, and contains: 10,368 Hara Cell Dominions (6,912 Outer and 3,456 Central).

The Central Ah-yah-RhU' Cosmos of a Cos-MĀ'-yah Life Field is the Eternal Womb of Creation through which the Ah-yah-YA' ("Dream Stream") perpetually circulates Ah-yah (Essence of the Unutterable ONE) into and out of Creation.

1 Cosmos: 12 Cosmic Matrices; 2 Cosmic Clusters

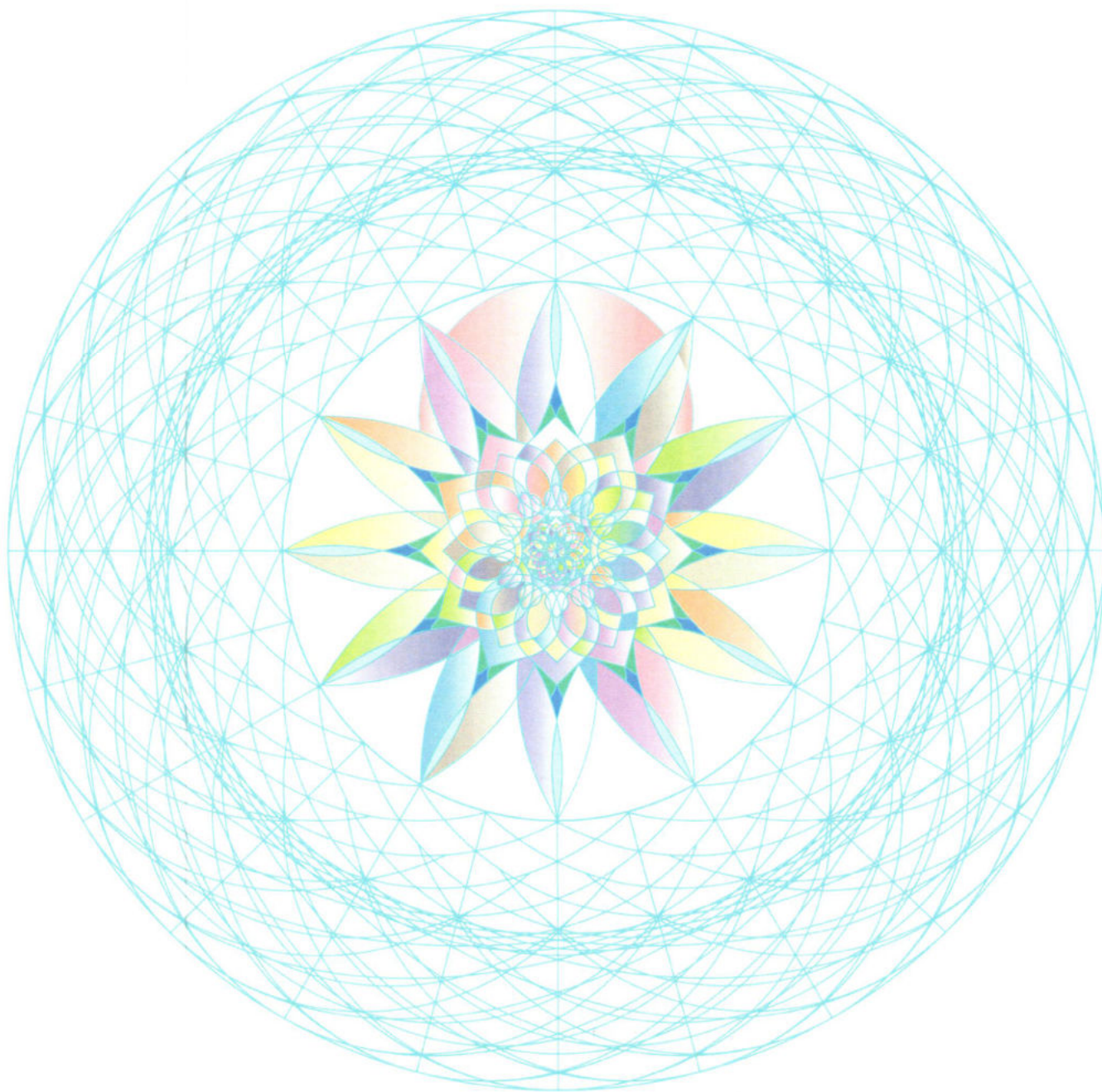
12 Cosmic Vectors
864 Hara Cell Dominions

Element Core Flows
of 1 Cosmos



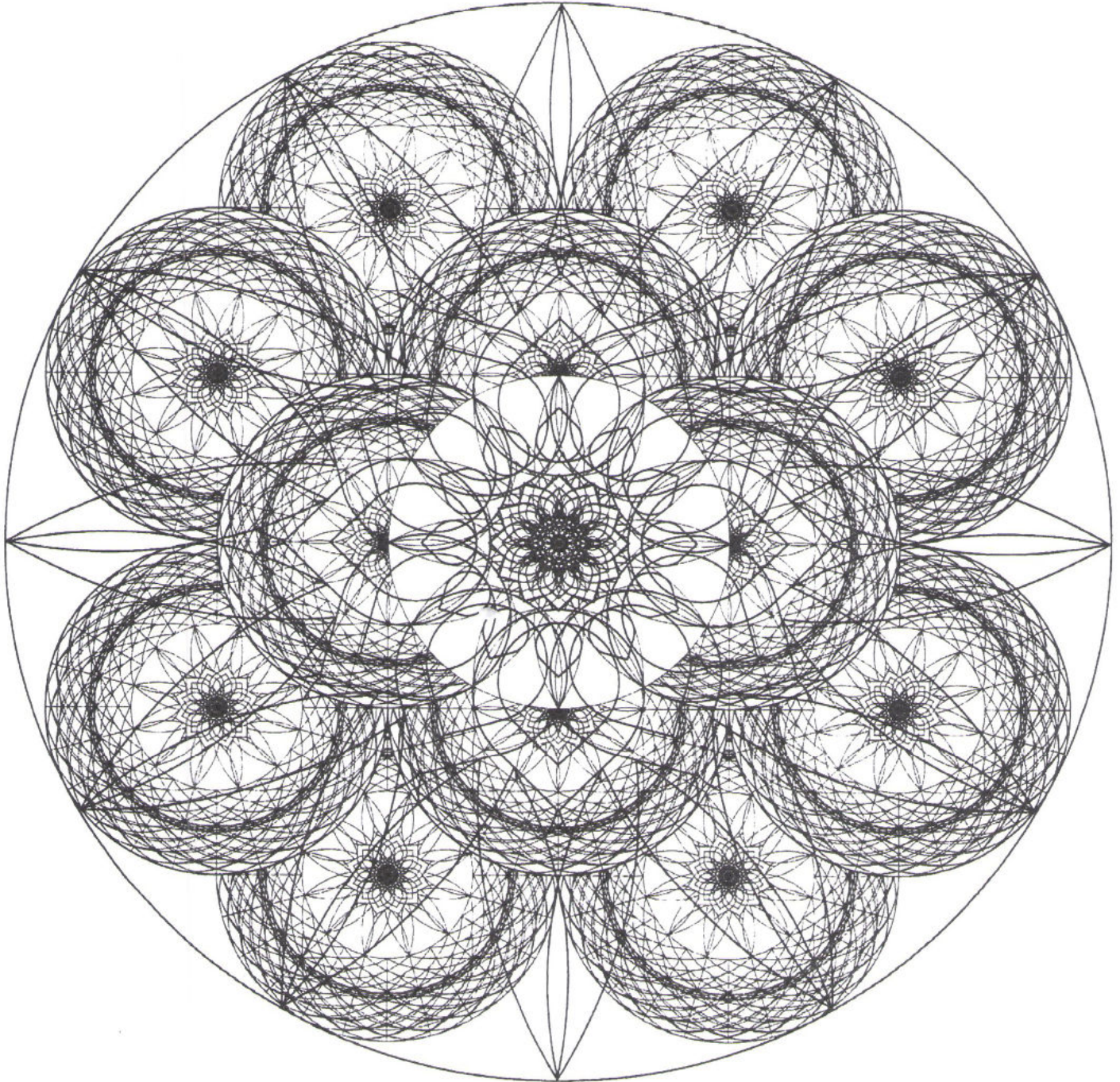
AllurE'-ah Rashatan - 144 Elements Code at Center of Cosmos

Code 1: Ah-yah-RhU' Cos-MO'-sa
Activates Ah'-yah Field & Ah-YA'-yah Flows of 1 Cosmos (12 Cosmic Matrices)

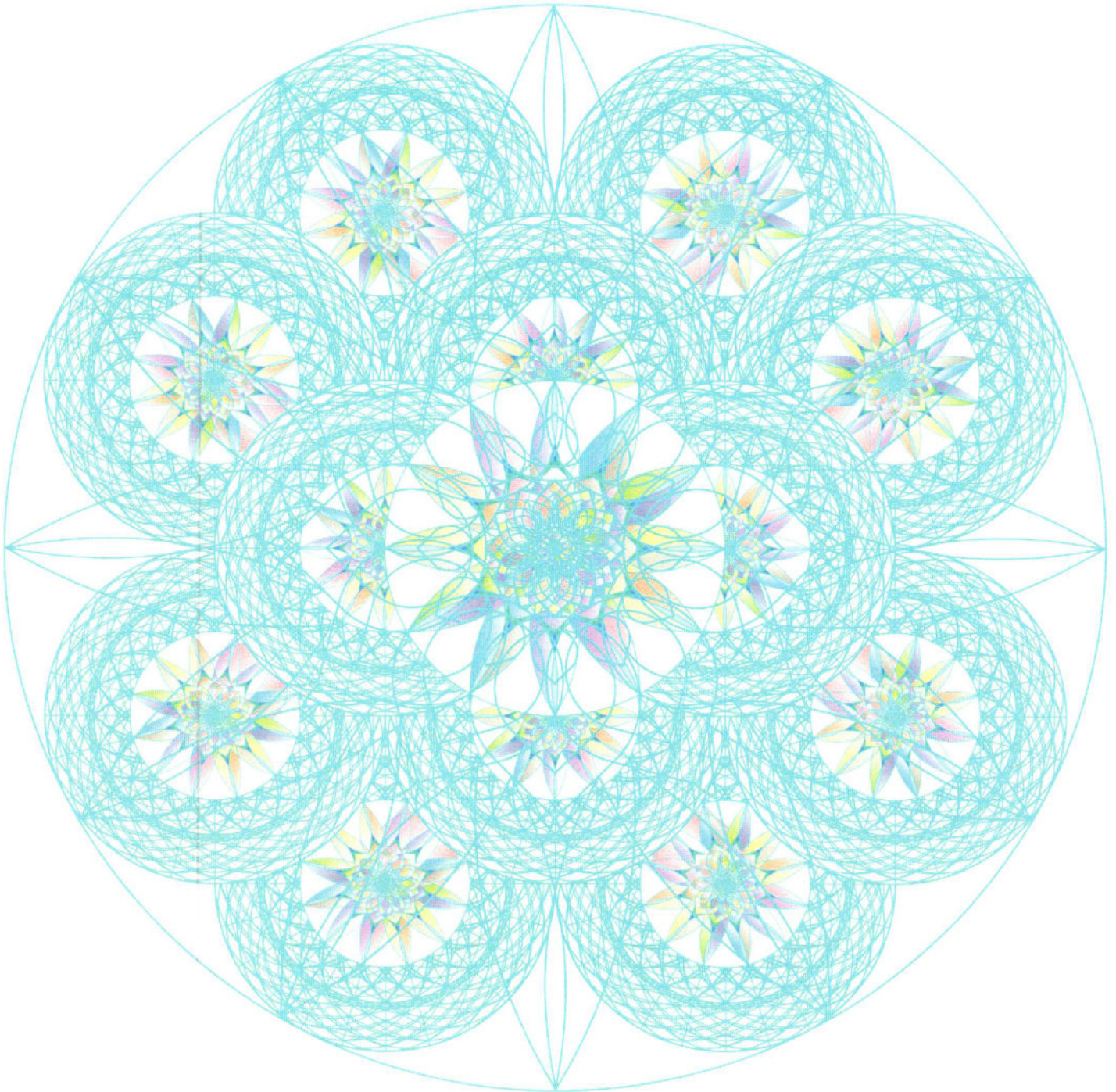


Use alone, or with the "Call of Ah'-yah" Toning Psonn (Ah'-yah Ah-YA' Command)
Can be used with "optical-pineal induction," visual meditation, or
tactile meditation as a "coloring mandala."

1 Cos-MĀ'-yah Eternal Life Matrix
Contains 12 Cosmose and 1 Central
Ah-yah-RhU', 24 Cosmic Clusters &
144 Cosmic Matrices



Code 2: Ah-yah-RhU' Cos-MĀ'-yah
Activates Ah'-yah Field & Ah-YA'-yah Flows
of 1 Cos-MĀ'-yah Eternal Life-field



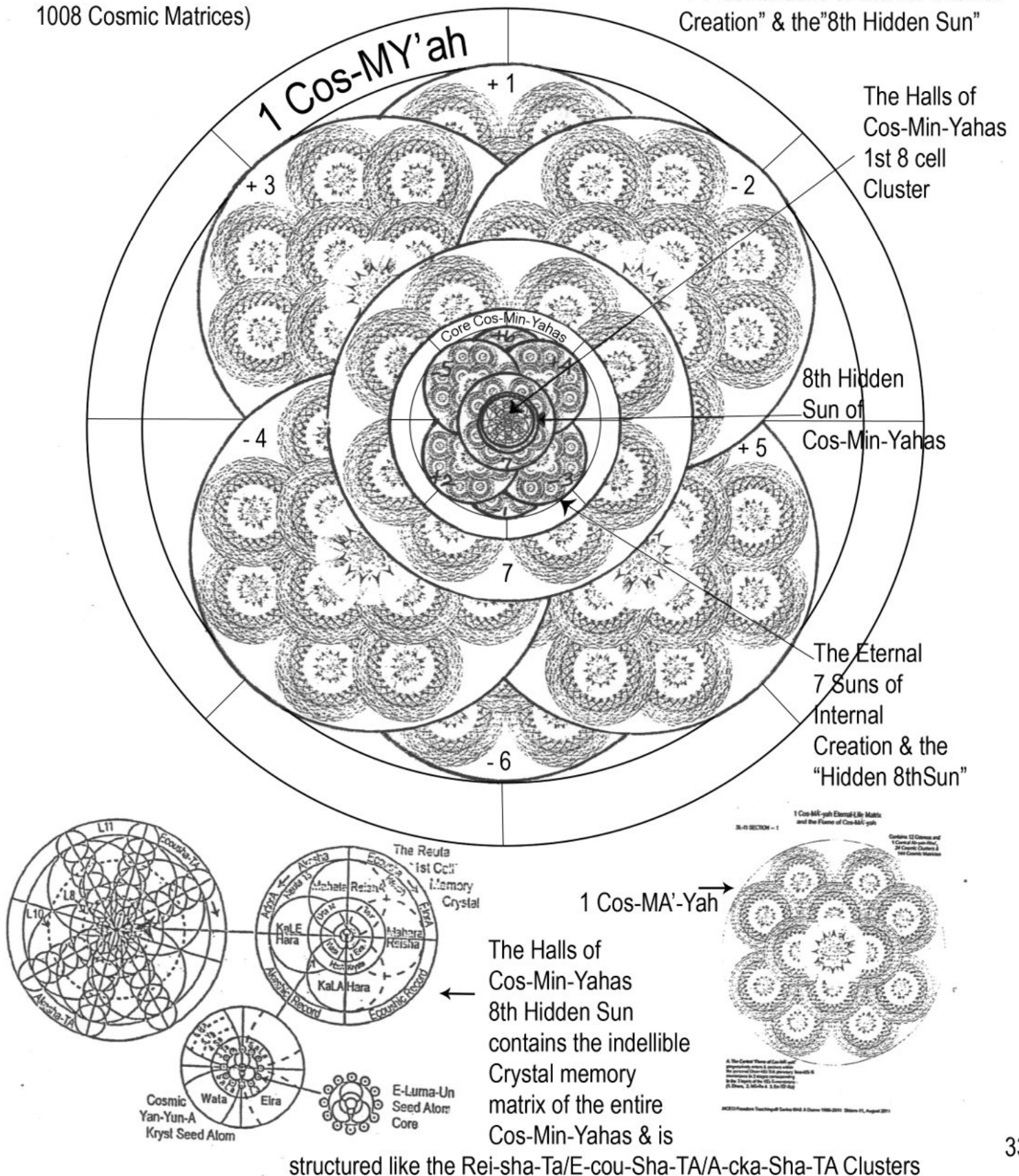
Use alone, or with the “Call of Ah'-yah” Toning Psonn (Ah'-yah Ah-YA' Command)

Can be used with “optical-pineal induction,” visual meditation, or
tactile meditation as a “coloring mandala.”

The Cos-MY'ah & Cos-Min-Yahas

(7 Cos-MA'-Yah = 84 Cosmos
7 Central Ah-yah-Rhu
168 Cosmic Clusters
1008 Cosmic Matrices)

1 Cos-MY'ah contains 7 Cos-MA'Yah
and 1 central Cos-Min-Yahas Core.
1 Cos-Min-Yahas Core contains the
"7 Plasma-Suns of Eternal Internal
Creation" & the "8th Hidden Sun"



The Many Manifest Worlds and Consciousness Fields of ONE Cos-MY'-ah/Cos-Min-Yahas Adashi-Ascent Krystar

1 Ecka-Veca System = 1 15-Dimensional Time Matrix

1 Eckasha = 12 Ecka-Veca Time Matrices

1 Eckasha-A = 12 Eckasha / 144 Ecka-Veca Time Matrices

1 Cosmic Matrix Eckasha-Aah Eukatharaista-ElumEir-Adhonna (which contains 1 Yunasai, 48 Outer Cosmic Probability Dominions & 24 Central Actuality Dominions) = 12 Eckasha-A / 144 Eckasha / 1728 Ecka-Veca Time Matrices.

1 Cosmic Cluster = 6 Cosmic Matrices-(Eckasha-Aah/Yunasai) / 72 Eckasha-A / 864 Eckasha / 10,368 Ecka-Veca Time Matrices

1 Cosmos = 2 Cosmic Clusters / 12 Cosmic Matrices-(Eckasha-Aah/Yunasai) / 144 Eckasha-A / 1728 Eckasha / 20,736 Ecka-Veca Time Matrices

6 Cosmos = 12 Cosmic Clusters / 72 Cosmic Matrices-(Eckasha-Aah/Yunasai) / 864 Eckasha-A / 10,368 Eckasha / 124,416 Ecka-Veca Time Matrices

1 Cos-MA'-yah = 12 Cosmos / 24 Cosmic Clusters / 144 Cosmic Matrices-(Eckasha-Aah/Yunasai) / 1728 Eckasha-A / 20,736 Eckasha / 248,832 Ecka-Veca Time Matrices

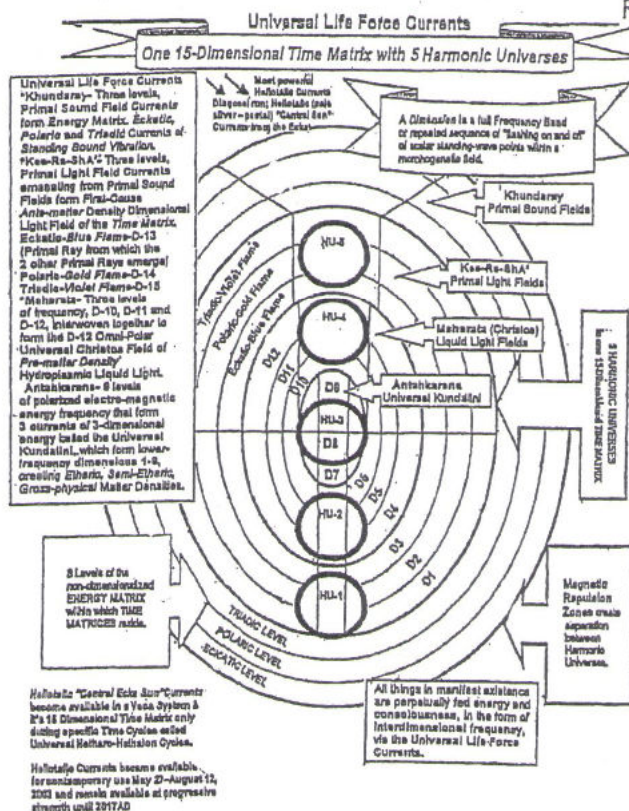
1 Cos-MY'-ah (*Cos-Min-Yahas Auroras Field*)= contains 7 Cos-MA'-yah and 1 Central *Cos-Min-Yahas ARhAyas Core*/ 84 Cosmos / 168 Cosmic Clusters / 1008 Cosmic Matrices-(Eckasha-Aah/Yunasai) / 12,096 Eckasha-A / 145,152 Eckasha / 1,741,824 Ecka-Veca 15-Dimensional Time Matrices.

1 Cos-Min-Yahas Core/Cos-Min-Yahas ARhAyas (*Sun-8 Corona/ Tan-Tri-A'jha Field*) = contains the "**Halls of Cos-Min-Yahas**" Eternal/Unassailable Krystalline-Plasma Memory Matrix 7 Eternal Plasma-Sun-Cells of Internal Eternal 1st Creation and the "Hidden 8th Plasma-Sun-Cell" – the "First of the First-8-Plasma-Sun-Cells"- the *Cos-Min-Yahas AREutas*.

1 Cos-Min-Yahas AREutas/Cos-Min-ic Record/Sun-8 "Stealth Shield" (1st "Root Sun-Cell" of the 1st 8 Plasma Sun-Cells/ *Tan-Tri-LAh'-yah Field*). = contains the "**The 8 Fire-&Ice-1st-Plasma AL-Hum-Bhra Core Creation Crystals**", the **Core Eternal Identity-Seed** and **Eternal-Seed-Atom**, for the collective "**Krystar from which we** (AND all of the reality fields of the Cos-MY'-ah) **ALL come**". The 8 AL-Hum-Bhra Core Creation Crystals also contain the corresponding "**8 Sun-8 Fire-&Ice-Plasma Union Flows**", encryption for the "**8 Kryst Plus**"/**K+1-8-Factor DNA Templates** and the consciousness collectives of the "**8 AL-Hum-Bhra Magistracy Councils of Cos-Min-Yahas**"- the Core Fail-Safe Elemental Command for the Krystal River Host.

THE UNIVERSAL UNIFIED FIELD & PRIMAL LIFE FORCE CURRENTS

KATHARA – 1 PRIMAL CURRENTS



PRIMARY COLOR (WAVELENGTH) SCALE FOR DIRECTING INTERDIMENSIONAL FREQUENCY

- DIMENSION**
- D-1 RED
 - D-2 ORANGE
 - D-3 YELLOW
 - D-4 GREEN
 - D-5 BLUE
 - D-6 INDIGO
 - D-7 VIOLET
 - D-8 GOLD
 - D-9 SILVER
 - D-10 BLUE-BLACK
 - D-11 SILVER-BLACK
 - D-12 WHITE
 - D-13 TURQUOISE
 - D-14 PALE YELLOW
 - D-15 MAGENTA (RED-VIOLET/ BURGENDY)

4 PRIMARY TRIADIC HEALING CURRENTS

There are 4 Primary Triadic (3-Dimensional) Energy Currents that can be used in Healing Facilitation: The Telluric Current-Density-1, the Doradic Current-Density-2, the Teuric Current-Density-3 and the Maharic Current-Density-4. The Rishic Current of Density-5 can be run only by beings with full 12-strand DNA activation.

In Kathara Healing, the 4 Primary Triadic Currents are harmonically interwoven to create 4 powerful Combined Healing Currents.

Each of the 4 Triadic Healing Currents has 3 Phases, or 3 Phase Currents, each representing one of the three dimensional frequency bands within the Triadic Current.

Each of the 12 Phase Currents is run in combination with the 11-12th-Dimensional Maharic Current and the Phase Current from the harmonic directly above, to form a powerful Triadic Healing Current.

In Kathara Healing, specific Healing Currents are directed by using the Color of their dominant wave-length.

12 TRIADIC PHASE CURRENTS

COMBINED TRIADIC CURRENTS Used In Kathara Healing

TELLURIC

- PHASE-1: PALE SILVER (D11&12) + RED (D-1) + GREEN (D-4)
- PHASE-2: PALE SILVER + ORANGE-GOLD (D-2) + BLUE (D-5)
- PHASE-3: PALE SILVER + YELLOW (D-3) + INDIGO (D-6)

DORADIC

- PHASE-1: PALE SILVER + GREEN (D-4) + VIOLET (D-7)
- PHASE-2: PALE SILVER + BLUE (D-5) + GOLD (D-8)
- PHASE-3: PALE SILVER + INDIGO (D-6) + SILVER (D-9)

TEURIC

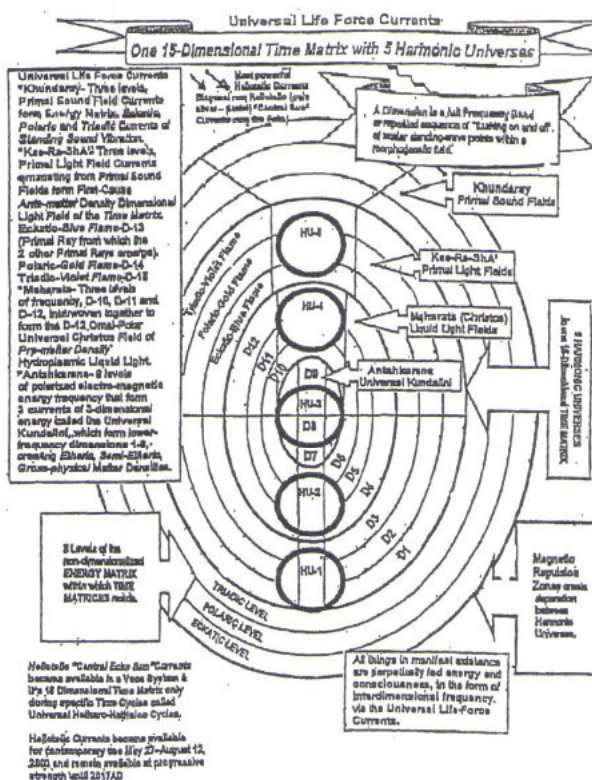
- PHASE-1: PALE SILVER + VIOLET (D-7) + BLUE-BLACK (D-10)
- PHASE-2: PALE SILVER + GOLD (D-8) + SILVER-BLACK (D-11)
- PHASE-3: PALE SILVER + SILVER (D-9) + WHITE (D-12)

MAHARIC

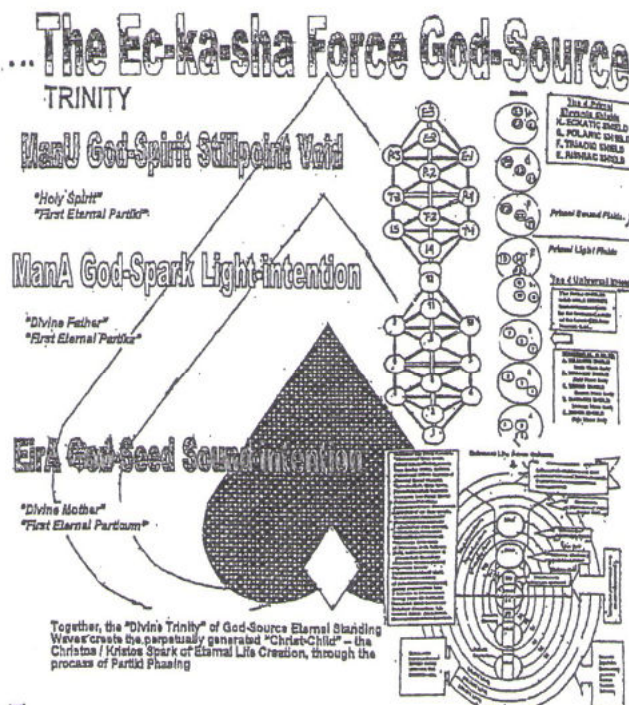
- (Requires full 12-Strand DNA Template activation & accelerated DNA Template coding)
- PHASE-1: PALE SILVER + BLUE-BLACK (D-10) + PALE TURQUOISE (D-13)
- PHASE-2: PALE SILVER + SILVER-BLACK (D-11) + PALE YELLOW (D-14)
- PHASE-3: PALE SILVER + WHITE (D-12) + PALE MAGENTA (D-15)

PRIMAL LIFE-FORCE & AMPLIFIED LIFE-SOURCE HEALING CURRENTS

1.
UNIVERSAL LIFE FORCE & HELIOTALIC LIFE SOURCE CURRENTS



2.
FROM WHAT SOURCE DO THE 15 DIMENSIONAL
PRIMAL LIFE FORCE CURRENTS EMERGE ?
Creation perpetually unfolds within the 3 Eternal Standing Wave-Flames of:



3
ECKASHA GOD - SOURCE TRINITY STANDING WAVES
Individualize into Living Light-Sound-EM Radiation Currents that form
cyclic pulses of energy infusion thru which flash types of Partic emerge

The 15 Rays and 12 Domains and 7 Higher and Lower Heavens

Ec-ka-sha
ManU Void/ "Ec" - stillpoint Christos Source (Polaris-Flame-Harmonic-Universes)
ManA God-Seed/ "Ka" - pre-Light/Seedling Christos Father/Primal-Triadic-Flame-Source
EirA God-Seed/ "Sha" - pre-Sound/Vibration Christos Mother/Primal-Triadic-Flame-Source

12 Domains: (3 Domains+3 Parallel Domains+Density-6+7 Higher Heavens)

O-Point Eckasha/D-13/D-1 connection

Khundaray Primal Sound Particium Field

Relon-Meajhon Fields

1. Eckatonic-3 "RAE"

2. Eckatonic-2 "E"

3. Eckatonic-1 "Ra"

Meajhon-Meajhon Fields

4. Polaris-3 "Cha"

5. Polaris-2 "Ha"

6. Polaris-1 "D"

Trion-Meajhon Fields

7. Triadic-3 "KHU"

8. Triadic-2 "HU"

9. Triadic-1 "K"; (3 H. Universes+3 Parallel H.U.s+Density-4+7 Lower Heavens)

Primal Light Partika Field 15 Ray Emanations of the Eckasha

10. D-15 Violet Flame Sha Meajhon/Trion 15. D-16 Violet Flame

11. D-14 Gold Flame Ra Trion+Trion 14. D-14 Gold Flame

12. D-13 Blue Flame Kee Raion/Trion 13. D-13 Blue Flame O-Point

D-13 TRI-VEGA POINT Primal Light Partika Field Density-5

D-12 BI-VEGA POINT

Divine Blueprint Christos Child

12. D-12 Ma'a Relon units

11. D-11 Hara Trion units

10. D-10 Ta'a Meajhon units.

Density-3

9. D-9 Yana Racons units

8. D-8 Maya Ecton units

7. D-7 Mira Eikon units

Density-2

6. D-6 Trala Ionon units

5. D-5 Mana Dien Units

4. D-4 Prana Mion units

Density-1

3. D-3 Rel Neutron units

2. D-2 KI Electron units

1. D-1 Chi Proton units



The ManU, ManA & EirA Primal
Source Currents are the
powerful, Eternal, standing-wave
fields from which the smaller
dimensionalised currents of the
15 Rays emerge.

Heliothalic Currents are the
powerful linking currents,
called **Flame Currents**,
through which the Primal
Source Currents "step down"
through a central core called
the **Ecka**, to form sets of
15-Ray Currents. The Ecka
Flame Currents are powerful
enough to clear Miasmatic
Blockages manifesting through
distortions in the 15-
Dimensionalised Ray Currents.

The 15 Ray Currents
enter "Step Down"
manifestation as
specific dimensionalised
Ionic Particulate Ray
Currents within the 5
Densities and 15
Dimensions of Matter
Manifestation

37

[illegible]

Summary Spirit-Born Cycle Trimester-2 EcoushaTA Stage

The Cousha, Eyes and Hearts of God and the Eternal Kryst Love Flows

Cousha Krystal 3 pp
Primary Quantum
Ketheric



Cousha Rep 1 x1
QTM 3
Etheric D1 1/3M 2/3S



Cousha Rep 2 x2
QTM 6
Telluric D2 2/3M 1/3S



Cousha Rep 3 x3
QTM 9
Atmic D3 3/3M 0S



Cousha Rep 4 x4
QTM 12
2/3M 1/3S



Cousha Rep 5 x5
QTM 15
1/2M 1/2S



Cousha Rep 6 x6
QTM 18
1/6M 5/6S

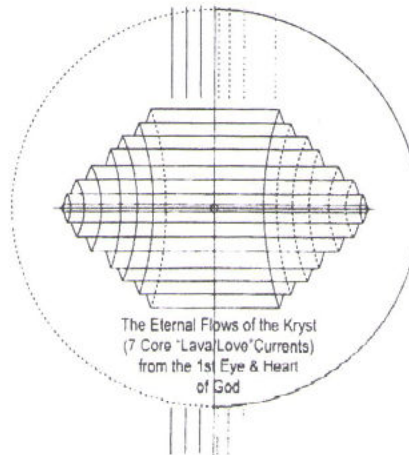
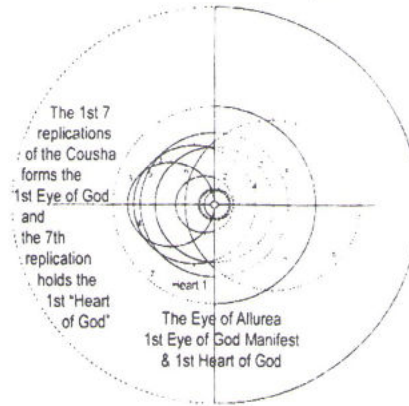


Cousha Rep 7
x7 Rep of
Cousha 6 Quanta
QTM 126
1/2M 1/2S

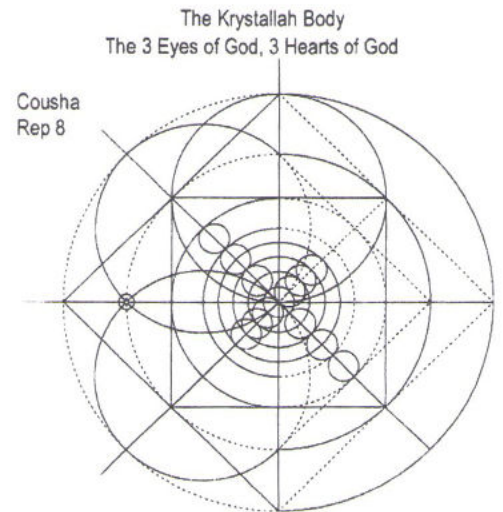


"Heart of God"
1st Polarity Equilibrium
"7 Suns of the 7 Suns"

The 1st 7 Replications of the Cousha
Create the 1st Eye & Heart of God and
the 1st Eternal Flows of the Kryst



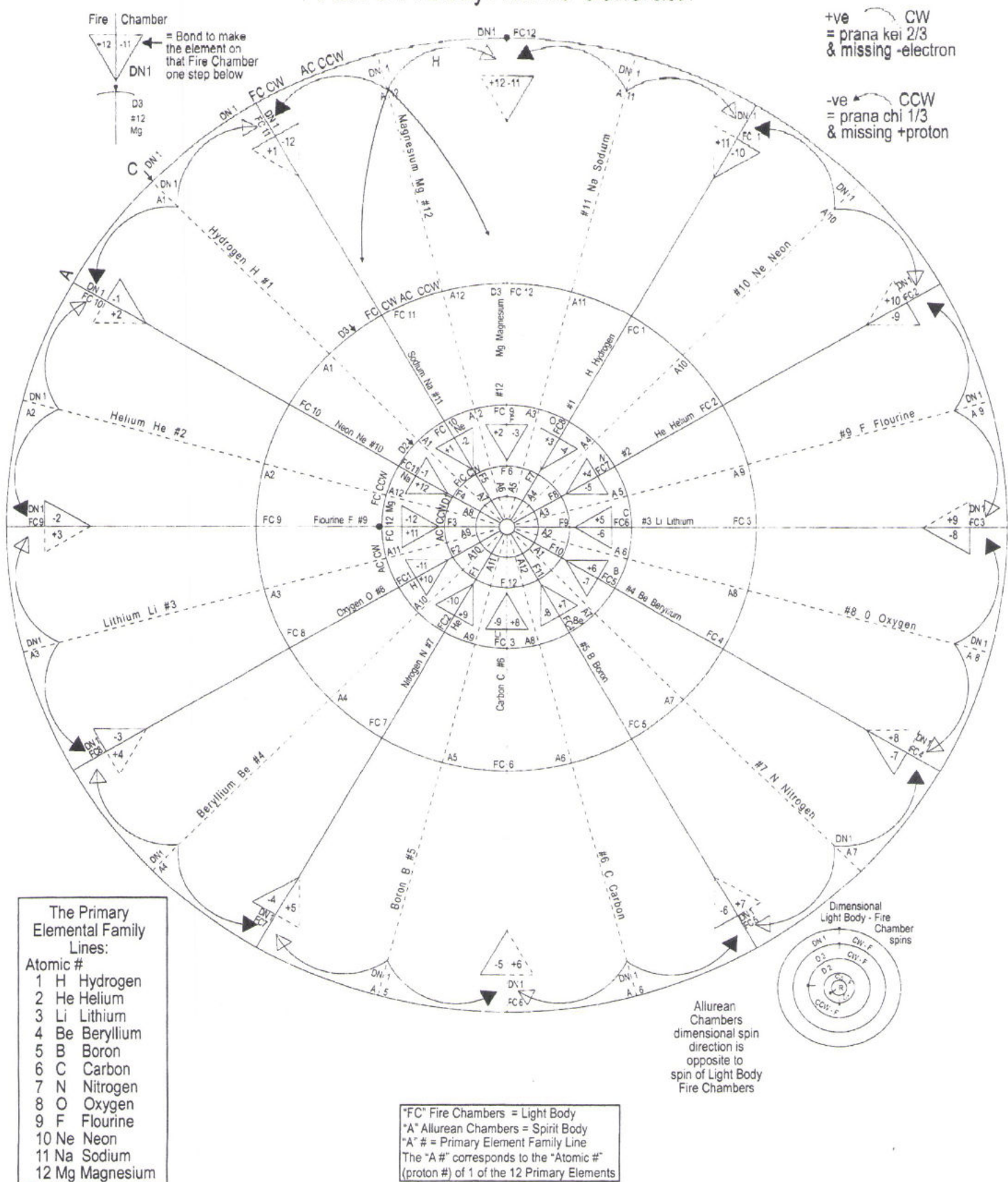
The 8th Replication of the Cousha
Creates the 3 Eyes & Hearts of God



The "Mix-Master" Elemental Step-Down Alignments

General Reference Sliders-2 Workshop

Aah-JhA Body Atomic Generator

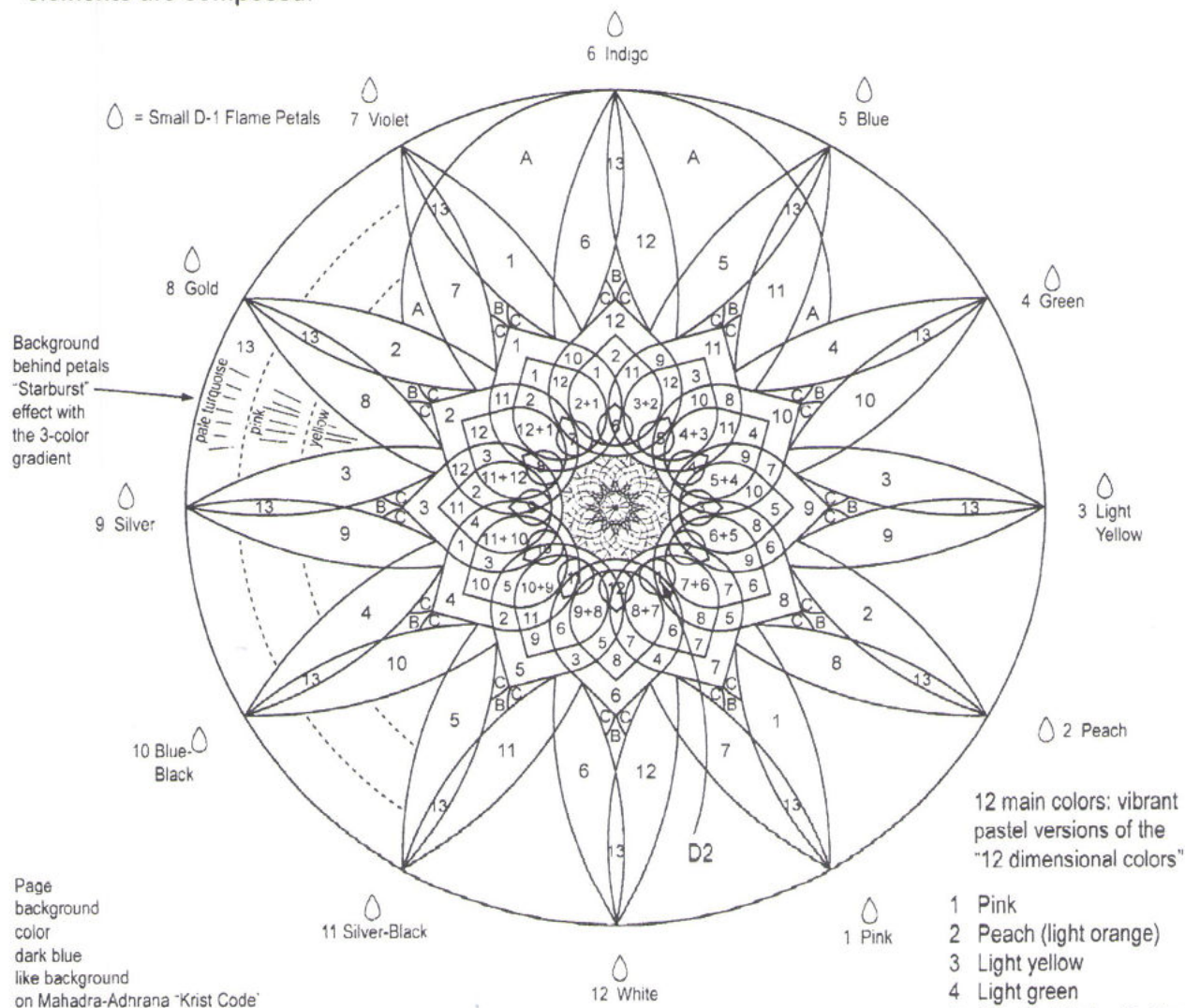


The Allur-E'ah Rashatan "Feel Good Code"

Use with Sliders-2 Prep Technique-A — Optical-Pineal Induction of the Allur-E'ah Rashatan Code

The Allur-E'ah Rashatan "Feel Good Code"

The "**calling code**" for **protoplasm**, **pre-substance Hydrolase**, the pre-substance hydro-ecoustic compound element that is organic **Living Pre-Water** (pre-substance D3 H2O2He3, D2 O2H2N3), which "**speaks to**" **Hy'dra-LE' endoplasma—atomic Hydrolase**—the organic **ATOMIC LIVING WATER** (physical-atomic D-3 H3O2He3, D-2 O2H2N3) that is the atomic hydroacoustic **compound-element "Water-Matter Base"** of which our **144 organic living elements are composed**.



Initiating Tones of the Allur-E'ah Rashatan:

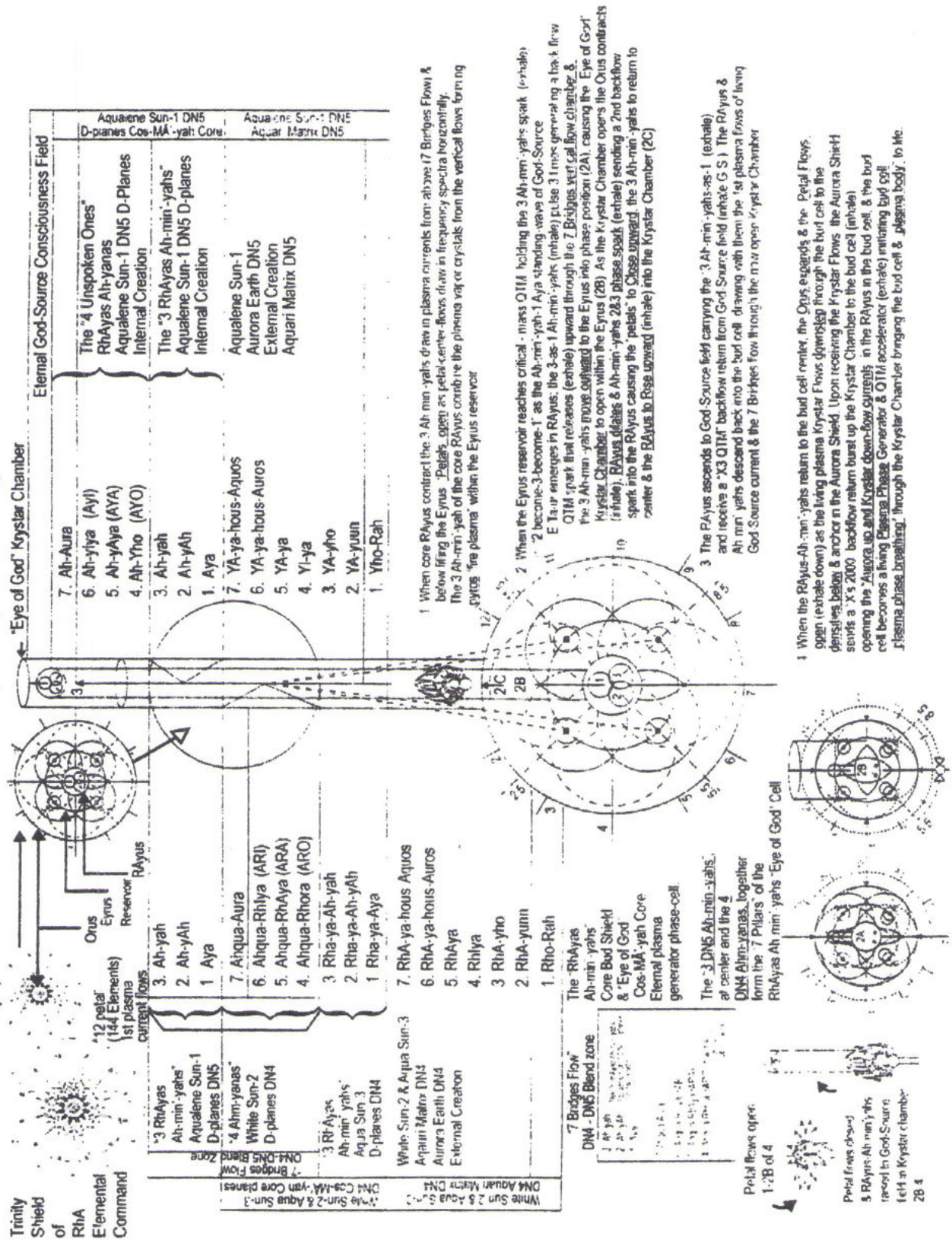
"UM Ma-Ta UM" (3x) then "TE'...Wha...Na'-hA-Vu...Sa-ta" (3x)

The 49 Cos-MĀ'-yah Core Plasma Currents Of the DhĀ'-ya-TEi Planes

Dates Earth completed vow set &
opened corresponding FOs on planet Vows

External Densities Anquā-Aura Anquā-Rhīya (ARI) Anquā-Rhāya (ARA) Anquā-Rhōra (ARO)	The 14 Unspoken Ones Rhāyas An-yānas			Krysta Ajina			
1 Anquā-Aura	The 3 Rhāyas An-min-yānas			12/12	V13	Rhāyas	
2 Anquā-Rhīya (ARI)	Eternal Internal "Lavas" (Lāshmas)			12/13 11			
3 Anquā-Rhāya (ARA)				12/12 11	V12	Island	
4 Anquā-Rhōra (ARO)	The 4 Rhāyas An-min-yānas			12/10 11	V11	DN4	
				12-6-7 11	V10	Aurora Earth	
				11/30-12/6 11	V9	DhĀ'-ya-TEi Planes	
					V8	White Sun-2	
					V7	Aqua Sun-3	
					V6		
					V5	Aurora Earth	
					V4	DN4	
					V3	An-MĀ'-ya-san	
					V2	Aqua	
					V1	Matrix	
					V0		
					V-1	Sanctuary	
					V-2	Island	
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The RhaYas Ah-min'yahs "Eye of God" Cos-MÄ'yah Core Bud Plasma - Generator Phase Cell and Bud Cell plasma-phase-breathing



The Flame of E'LAi'-sa
Carries the "Krystar Core-Plasma Flows":
The 15 Eternal Helio-E'LAi'-sic, Helio-Plasmic
Eternal-Life Silver-Seed Currents
of the Krystar E'LAi'-sa Silver-Seed Core Crystal.

The Eternal-Life Silver-Seed Core Currents are Helio-plasmic, Helio-E'LAi'-sic Krystar Core Currents (Internal Creation Sun-8 Core ***Tryptolase***, DhA-Ya-TEi Planes Hydrolase "Living Eta-Ur Water-Vapor"). When entering externalization, the Krystar Core Currents appear as **Heliochroic** (simultaneously showing undulating 15-spectral ***translucent-bright-pastel*** liquid-plasma colors within a ***Heliotalic Golden-Silver-ONE base hue***).

Each of the 15 Krystar Flows carries an intricate "musical composition" of "**Solar-Celestial Plasma Sounds**" that can only be heard internally during certain activations of the **Chismatic Field**, and cannot be reproduced externally. For this reason the Krystar Flows are often referred to as the "***Singing Rays of Eternal Creation***" or the "***Eternal Living Light-Love-Song of God-Source***".

Each of the 15 Krystar Core Flows carries the encryption of a specific *Heliochroic Primary Hue*, and each has an audible Tri-Tone Sound that can be used, through tonal vibrational repetition, to "Call in the Ray, to hear its Internal Song". "**Calling of the Krystar Rays**" progressively activates the Chismatic Field and expedites Chismatic Healing.

The 15 Heliochroic Krystar Core Flow Currents

of the Eternal Krystar "ARI-Yon-Yah ARhAyas COsminyahas AL-Hum-Bhrus"-
the "Krystar from which our Cos-MY'ah comes and within which it eternally resides"

Ari-Yon-Yah –D-1 through D-9 Dimensional Krystar Cosminkyahas Kundalini

1. Ari-Yon-Ka-Yah-Chi	DN-1	Telluric-1	Heliochroic Bright-Pastel-Pink
2. Ari-Yon-Ra-Yah-Kei	DN-1	Telluric-2	Heliochroic Bright-Pastel-Peach
3. Ari-Yon-Ya-Yah-Rei	DN-1	Telluric-3	Heliochroic Bright-Pastel-Yellow
4. Ari-Yon-Sa-Yah-Prana	DN-2	Doradic-1	Heliochroic Bright-Pastel-Green
5. Ari-Yon-Ta-Yah-Mana	DN-2	Doradic-2	Heliochroic Bright-Pastel-Blue
6. Ari-Yon-Ha-Yah-Traia	DN-2	Doradic-3	Heliochroic Bright-Pastel-Indigo
7. Ari-Yon-La-Yah-Mira	DN-3	Teuric-1	Heliochroic Bright-Pastel-Violet
8. Ari-Yon-Ma-Yah-Maya	DN-3	Teuric-2	Heliochroic Bright-Pastel-Gold
9. Ari-Yon-Sha-Yah-Yana	DN-3	Teuric-3	Heliochroic Bright-Pastel-Silver

AL-HUM-Bhra D-10 through D-12 Liquid-Light-Plasma Krystar Field

10. Ari-Yon-ALh-Yah-Ta'a	Maharic-1	Heliochroic Bright-Pastel-Cobalt-Blue
11. Ari-Yon-Um-Yah-Hara	Maharic-2	Heliochroic Bright-Pastel-Ebony
12. Ari-Yon-Bhra-Yah-Ma'a	Maharic-3	Heliochroic Bright-Pastel-Platinum

Eh-LAI-Sah D-13 through D-15 Eternal-Light-Plasma Fields

13. Ari-Yon-Eh-Yah-KEE	Rishic-1	Heliochroic Bright-Pastel-Turquoise
14. Ari-Yon-LAI-Yah-Ra	Rishic-2	Heliochroic Bright-Pastel-Pale Yellow
15. Ari-Yon-Sah-Yah-ShA	Rishic-3	Heliochroic Bright-Pastel-Ultra-Violet

"Song of the ARhAyas"

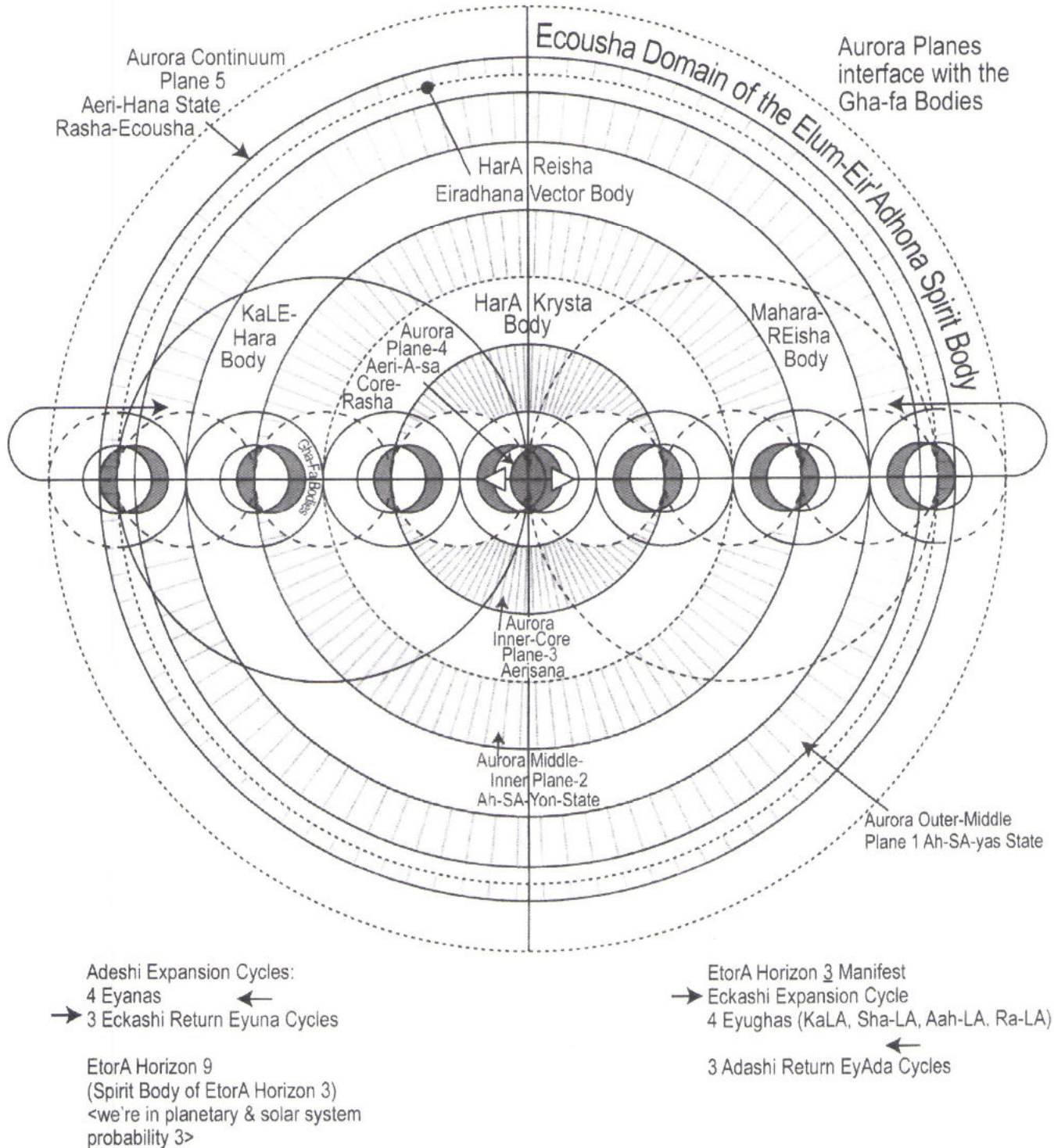
The Al-Hum-Bhra Cathedral Passages Tonal Sequence

Amplifies Flame of E'LAI-Sa Activation and Expedites Chismatic Healing

Ari-Yon-Ka-Yah-Chi -- Ari-Yon-Ra-Yah-Kei -- Ari-Yon-Ya-Yah-Rei -- Ari-Yon-Sa-Yah-Prana -- Ari-Yon-Ta-Yah-Mana
Ari-Yon-Ha-Yah-Traia-- Ari-Yon-La-Yah-Mira -- Ari-Yon-Ma-Yah-Maya -- Ari-Yon-Sha-Yah-Yana -- Ari-Yon-ALh-Yah-Ta'a
Ari-Yon-Um-Yah-Hara -- Ari-Yon-Bhra-Yah-Ma'a -- Ari-Yon-Eh-Yah-KEE -- Ari-Yon-LAI-Yah-Ra -- Ari-Yon-Sah-Yah-ShA

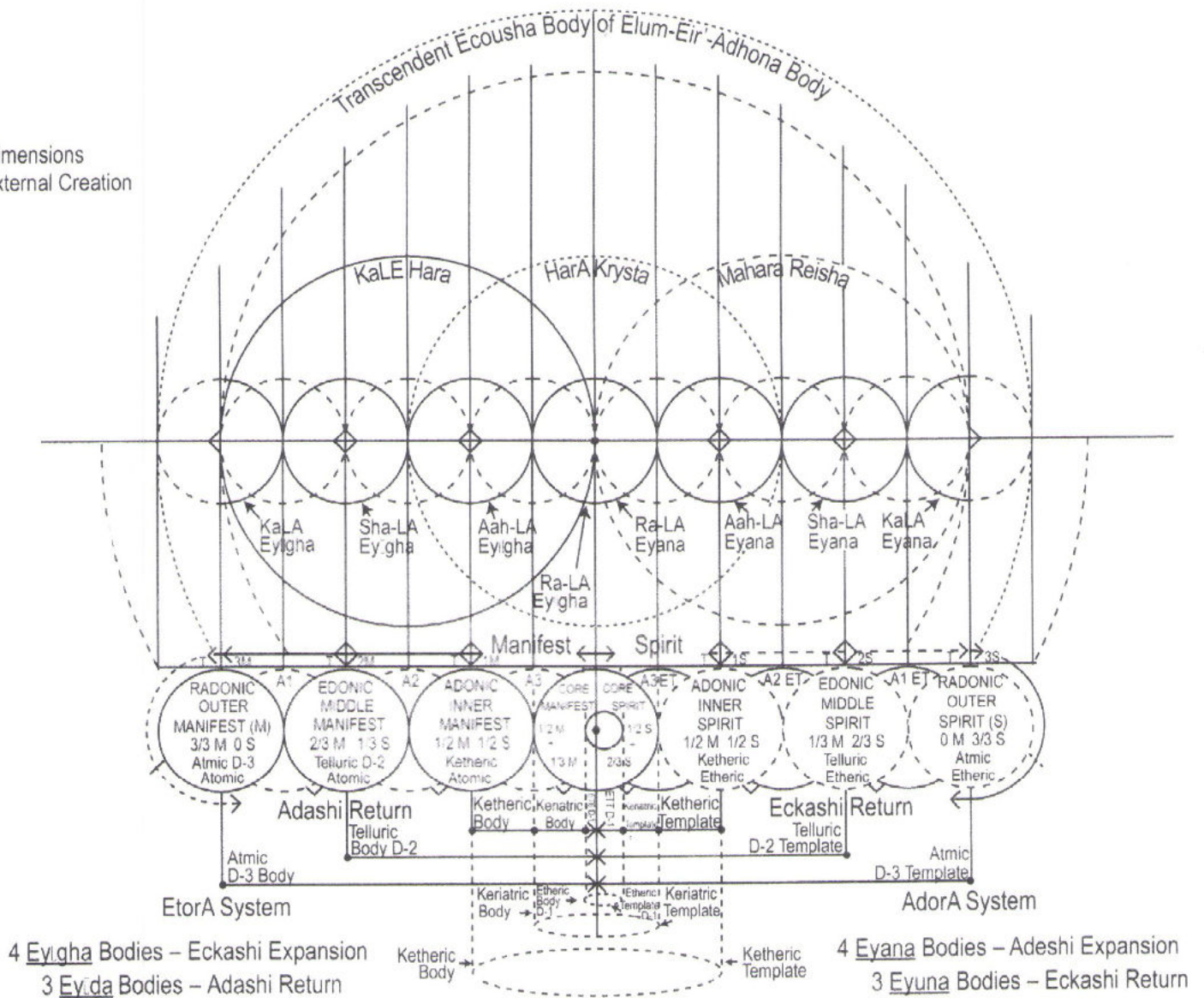
(X3 Closing) **Ari-Yon-Yah --- AL-HUM-Bhra --- Eh-LAI-Sah**

The 5 Planes & Matter States of the Aurora Continuum



15 Base Dimensions of External Creation & Matter States of the Hara Body

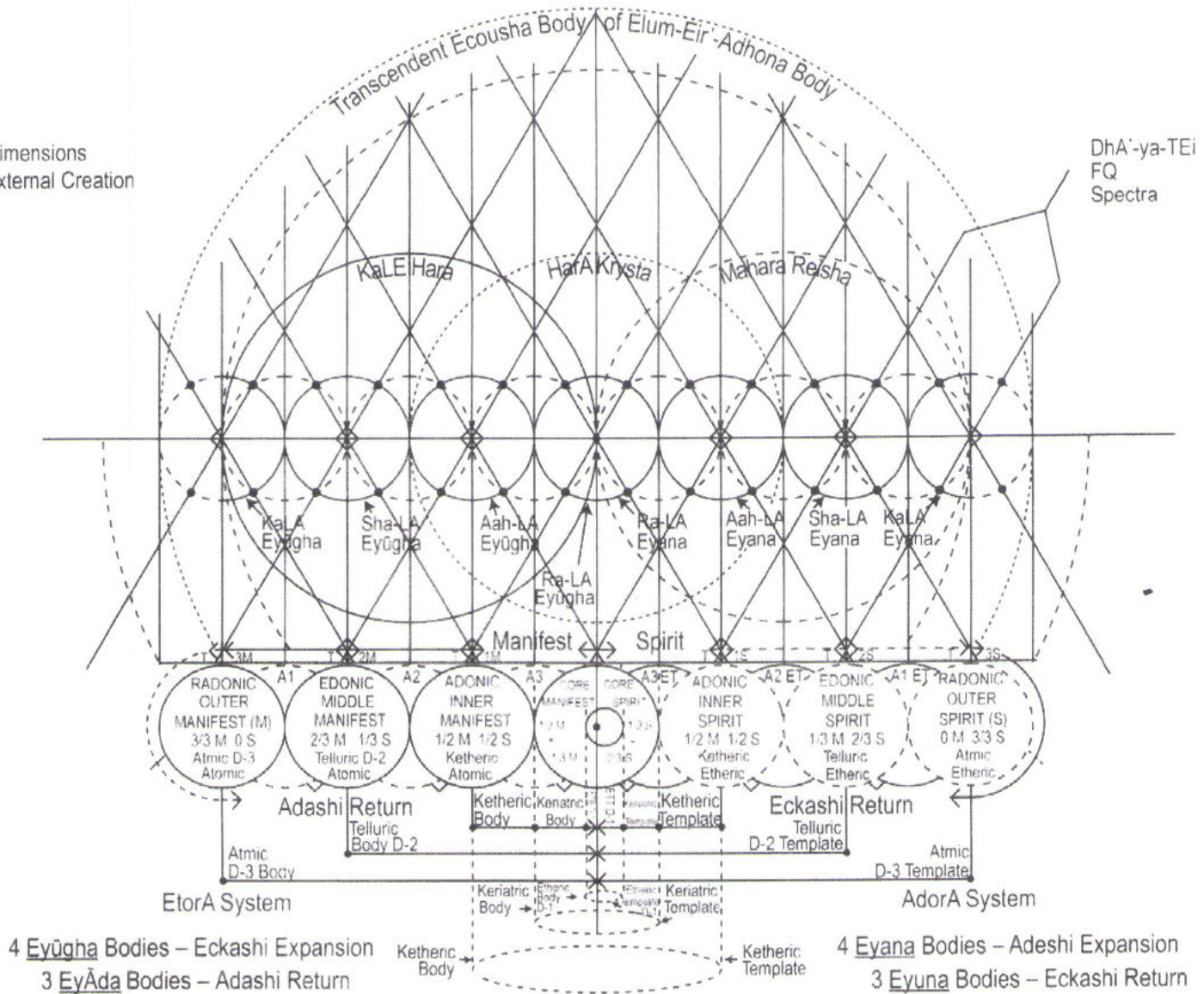
15 Dimensions
Of External Creation



15 Base Dimensions of External Creation & Matter States of the Hara Body And the Internal Eternal Creation DhA'-ya-TEi Planes

15 Dimensions
Of External Creation

DhA'-ya-TEi
FQ
Spectra



Summary — Aurora Continuum “Between Planes” and States of Matter

<u>Atmic-Telluric</u>	1. Aurora Continuum Outer Plane-1 between Outer Radon & Middle Edon Domains; hydrothermal radiation <i>endo-ectoplasma</i> “Liquid Light Vapor” <i>Ah-SA’-yas Outer-Middle</i> matter state.
<u>Telluric-Ketheric</u>	2. Aurora Continuum Middle Plane-2 between *Middle Edon & Inner Adon Domains; electrothermal radiation <i>ecto-thermoplasma</i> “Crystalline Electrothermal Vapor” <i>Ah-SA’-yon Middle-Inner</i> matter state.
<u>Ketheric-Keriatric</u> = <u>Reishaic</u>	3. Aurora Continuum Inner Plane-3 between Inner Adon & Core Eton Domains; thermal-hydrogel radiation <i>thermal-hydro-eiraplasma</i> “Eiradhani Liquid Light Vapor” <i>Aeri-sa-na Inner-Core</i> matter state.
<u>Ketheric-Etheric</u> = <u>Keriatric</u>	4. Aurora Continuum Core Plane-4 between Core Eton & dark-matter Rasha Domains; hydro-eira-metelectric dark-matter/pre-matter radiation <i>hydro-eira-metelectroplasma</i> “Eira-Metelectric Liquid Light Vapor” <i>Aeri-A-sa Core-Rasha</i> matter state.
<u>Mashayanic</u>	5. Aurora Continuum Transcendent Plane-5 between dark-matter Rasha Domains and Transcendent Ecousha Domain; <i>metelectro-protoplasma</i> “Pre-water Eta-Ur Vapor” (dark-matter/pre-matter/pre-substance) <i>Aeir-Hana Rasha-Transcendent</i> matter state.

Summary — Primary Domain Planes and States of Matter

<u>Base Atmic</u>	Outer-matter structure—endoplasma base = crystallized Liquid Light endoplasma of Outer Radon Domain; corresponds to Outer Domain Atumus/quark/atomic Radionic Body.
<u>Base Telluric</u>	Middle-matter structure—ectoplasma base = crystallized electro-light ectoplasma of Middle Edon Domain; corresponds to Middle Domain Atumus/quark/atomic Edonic Body.
<u>Base Ketheric</u>	Inner-matter structure—thermoplasma base = thermal ether-vapor thermoplasma of Inner Adon Domain; corresponds to Inner Domain Atumus/quark/atomic Adonic Body.
<u>Base Keriatric</u> (<u>Ketheric-Etheric</u>)	Core-matter structure—hydroplasma base = Eiradhani hydrogel hydroplasma of Core Eton Domain; corresponds to Core Domain Atumus/quark/atomic Etonic Body.
<u>Base Mashayanic</u>	Rasha dark-matter/pre-matter structure—metelectroplasma base = electro-metallic dark-light electroplasma of dark-matter/pre-matter Rasha Domain; corresponds to dark-matter Rasha Domain Atumus/quark/atomic Rasha Body.

The 5 Stages of Translocation & the 5 Aurora Continuum Matter States

5 Stages of Jha-DA' Body Ascension

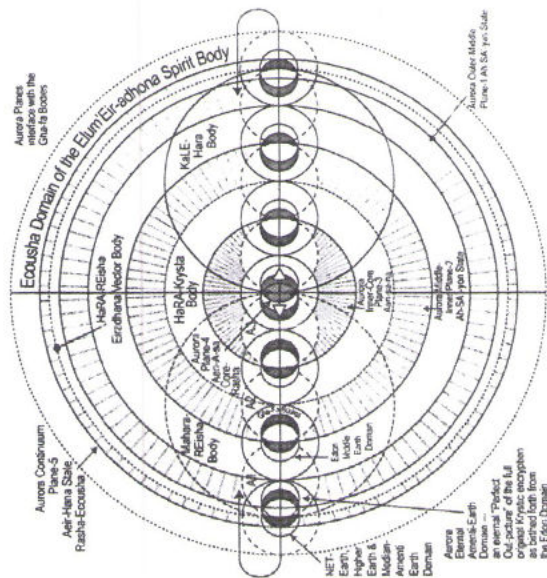
Outer-matter structure (= crystallized Liquid Light endoplasma)

(Atoms and identity in Outer Radon Domain as crystallized Liquid Light endoplasma)

1. **Ah-SA'-yas State:** Transduction into the **Ah-SA'-yas** hydrothermal radiation **endo-ectoplasma** "**Liquid Light Vapor**" **Outer-Middle geleziac-matter state**. (Atoms and identity Slide-2 into **Aurora Continuum-1** between Outer Radon & Middle Edon Domains as Liquid Light Vapor.)
2. ***Ah-SA'-yon State:** Transmutation/re-enlightenment into the **Ah-SA'-yon** electrothermal radiation **ecto-thermoplasma** "**Crystalline Electrothermal Vapor**" **Middle-Inner geleziac-matter state**. (Atoms and identity Slide-2 into **Aurora Continuum-2** between Middle Edon & Inner Adon Domains as Crystalline Electrothermal Vapor.)
3. **Aeri-sa-na State:** Transfiguration/re-spiritualization into the **Aeri-sa-na** thermal-hydrogel radiation **thermal-hydro-eiraplasma** "**Eiradhani Liquid Light Vapor**" **Inner-Core geleziac-matter state**. (Atoms and identity Slide-2 into **Aurora Continuum-3** between Inner Adon & Core Eton.)
4. **Aeri-A-sa State:** Translation into the **Aeri-A-sa** hydro-eira-metelectric dark-matter/pre-matter radiation **hydro-eira-metelectroplasma** "**Eira-Metelectric Liquid Light Vapor**" **Core-Rasha pre-matter geleziac-matter state**. (Atoms and identity Slide-2 into **Aurora Continuum-4** Core between Core Eton & Rasha dark-matter/pre-matter.)
5. **Aeir-Hana State:** Transformation into the **Aeir-Hana** metelectric protoplasma dark-matter/pre-matter/pre-substance emanation **metelectro-protoplasma** "**Pre-water Eta-Ur Vapor**" **Rasha-Ecousha pre-matter/pre-substance conscious Eta-Ur Vapor primal state**. (Atoms and identity Slide-2 into **Aurora Continuum-5** **Transcendent** between Rasha dark-matter/pre-matter radiation and Ecousha pre-substance consciousness emanation.)

The Wha-YA-yah Transcendental Fields and the “Families of the Wha”

① Wha-YA-yah Fields are composed of Eckasha through Eukatharaista Light Body Fields blended with corresponding Adashi Return Fields through the Aurora Continuum



**"Families of the Wha"
The Mashaya-Hana Wha-YA-yas Families
and Wha-YA-yah Gate Keys**

Male	Female	Gate Key Commission
E'-LA'-whas	SA'-whas	DEma Wha Gates
EUR-whas	TA'-whas	RAma Wha Gates
HA'-whas	ShE'-whas	Krysta Wha Gates

The 5 Stages of Translocation & the 5 Aurora Continuum Matter States

Outer-matter structure (= crystallized Liquid Light endoplasma)

1. Ah-SA'-yas State: Transduction into the Ah-SA'-yas hydrothermal radiation endo-ectoplasma "Liquid Light Vapor" Outer-Middle geleziac-matter state. (Atoms and identity Slide-2 into Aurora Continuum-1 between Outer Radon & Middle Edon Domains as Liquid Light Vapor.)
2. *Ah-SA'-yon State: Transmutation/re-enlightenment into the Ah-SA'-yon electrothermal radiation ecto-thermoplasma "Crystalline Electrothermal Vapor" Middle-Inner geleziac-matter state. (Atoms and identity Slide-2 into Aurora Continuum-2 between Middle Edon & Inner Adon Domains as Crystalline Electrothermal Vapor.)
3. Aeri-sa-na State: Transfiguration/re-spiritualization into the Aeri-sa-na thermal-hydrogel radiation thermal-hydro-eiraplasma "Eiradhani Liquid Light Vapor" Inner-Core geleziac-matter state. (Atoms and identity Slide-2 into Aurora Continuum-3 between Inner Adon & Core Eton.)
4. Aeri-Asa State: Translation into the Aeri-Asa hydro-eira-meteletric dark-matter/pre-matter radiation hydro-eira-metelektroplasma "Eira-Meteletric Liquid Light Vapor" Core-Rasha pre-matter geleziac-matter state. (Atoms and identity Slide-2 into Aurora Continuum-4 Core between Core Eton & Rasha dark-matter/pre-matter.)
5. Aair-Hana State: Transformation into the Aair-Hana meteletic protoplasma dark-matter/pre-matter/pre-substance emanation meteletro-protoplasma "Pre-water Eira-Ur Vapor" Rasha-Ecousha pre-matter/pre-substance conscious Eira-Ur Vapor primal state. (Atoms and identity Slide-2 into Aurora Continuum-5 Transcendent between Rasha dark-matter/pre-matter radiation and Ecousha pre-substance consciousness emanation.)

The "1st 12 Steps of Materialization" – The Progression from Consciousness to Matter

Consciousness to Pre-Substance states: Eatur Consciousness Pulse from Source Field progresses through core of Aah-JhA Hydro-Acoustic Body "Local Source Field", to ElumEir-Adhona Spirit Body, to Rasha Dark-matter Body, to Light Body Core and into the Translation Duct system of the Physical Atomic Body to begin the Translation Sequence

Steps 1-5 The 5 Pre-Substance Conscious Plasms *Translation Sequence Pre-partiki Creation*

Born of E-ta-Ur Conversion within the personal, planetary & solar Atomic Body

The Allur-E'ah Pre-Substance

1. Pre-Substance State-1 **Plasm-1** Cool Crystalline Eatur = FEELING "stream"
2. Pre-Substance State-2 **Endoplasm-2** Warm Liquid Eatur = EMOTION, Heated Liquid Vapor = NOTION
3. Pre-Substance State-3 **Thermoplasm-3** Electrified Heat Vapor-Eatur = THOUGHT "Clouds"
4. Pre-Substance State-4 **Hydroplasm-4** Liquid-Gel IDEA-GEL
5. Pre-Substance State-5 **Ectoplasm-5** "Gossamer-thread-Crystallized Eatur IDEA-CRYSTALS"

Step 6 The 1 Pre-Substance Compound Conscious Hydro-Ecoustic Protoplasm *Living Pre-Water*

Born of Allur-E'ah Conversion within the "p/p/s" Aah-JhA' Hydro-Ecoustic Body

The Allure-E'ah Ra-sha-tan Pre-Substance

6. 1st *Hydro-Ecoustic Pre-Substance Compound* HYDROLASE (D3-H2O2He3, D2-O2H2N3 organic, conscious, living, pre-substance-water)

Step 7 The 2 Pre-Matter Conscious Vapors

Born of Hydrolase Conversion within the personal, planetary & solar Atomic Body

The "A-riE' Pre-Matter Substance

7. 1st *Hydro – vapor Hydro-plasmic Pre-Matter Substance* HYDROS (D3-H2, D2-O2 "molecular oxygen")
8. 2nd *Therma – vapor Thermo-plasmic Pre-Matter Substance* ECTOS (D3-O2He3, D2-H2N3)

Step 8 The 6 Pre-Matter Conscious Metallic Electroplasmas

Born of A-riE'-ah Conversion (NaVa'Ho Phasing) within the "p/p/s" Rasha Dark-matter Body

The "Ma'-Tah LE'-ka" Pre-Matter Base Elements

9. 1st *Pre-Matter Plasmic Element* ManU "Golden-Silver ONE" (D3-WPd, D2-AUAG "golden-silver")
10. 1st *Pre-matter Plasmic Elemental Pair* ManA (D3-WH2Re, D2-AU02Pt) EirA (D3-Pd, D2-AG "silver")
11. 1st *Pre-matter Plasmic Elemental Triad* Prana (D3-H2Re, D2-02Pt "molecular oxygen & platinum"), Mana (D3-W tungsten, D2-AU gold) Eirah (D3-V "Vanadium", D2-Ti "titanium")

Step 9 The 6 Core-Atomic-Matter Conscious Hydro-gel Liquid-Light Hydroplasmas

Born of Ma'-Tah-LE'-ka Conversion (Tauren Phasing) within the "p/p/s" Core Light Body

The Ei'r-Ra-DA'-ah "Eiradonis Nobilities" Hydro-geleziac Irradian Atomic-Elemental Matter Base

12. 1st *Hydro-gel Hydroplasmic Matter Atomic Nobility Element* Protos (H Hydrogen)
13. 1st *Hydro-gel Hydroplasmic Matter Atomic Nobility Pair* Lotos (He "helium") Sotos (Ne "neon")
14. 1st *Hydro-gel Hydroplasmic Matter Atomic Nobility Triad*
Logos (Dr "krypton") Eiros (Xe "xenon") Ethos (Rn "radon")

Step 10 The 5 Inner-Matter Conscious Thermal Ether-Vapor Thermoplasmas

Born of Ei'-Ra-DA'-ah Conversion (Adon Phasing) within the "p/p/s" Inner Light Body

The A-don-yha Thermal-geleziac Electro-magnetic Atomic-Elemental Inner-Light-Matter Base

Creates the "15 States of Thermoplasmic Atomic-Matter"

15. **Plasmos** – "fire-ice" frozen ether-cloud
16. **Magnos** – "fire-crystal" – ether crystal
17. **Hydroses** – "fire water" ether-liquid-flows
18. **Thermos** – "fire-air" ether-gas-vapor
19. **Electros Vapor** – "fire-vapor" ether-flame-vapor

Step 11 The 3 Middle-Matter Conscious Crystalline-Electro-Light Ectoplasmas

Born of A-don-yha Conversion (Edon Phasing) within the "p/p/s" Middle Light Body.

The Cel-'is'Tal-'E' Ecto-geleziac Crystal-Light Atomic-Elemental Middle-Light Matter Base

20. **1st Ectoplasmic Crystalline-Electro-Light Atomic Matter CELESTALLON**
(D3-02He3WH2VN2, D2-H3N3AU02TiHe2 polarizes to become Celestalline and Celestallite)
21. **1st Ectoplasmic Crystalline-Electro-Light Atomic Matter Pair**
CELESTALLINE (D3-02He3WH2, D2-H2N3AU02 = Ectos+Mana+Hydros)
CELESTALLITE (D3-02He3W, D2-H2N3AU = Ectos+Mana)

ATOMIC HYDROLASE ORGANIC LIVING WATER

Step 12-A The 1 Outer-Matter Compound Conscious Hydro-Acoustic Atomic Endoplasma *Living Water Light*

Born of Cel-'is'Tal-'E' Conversion (Radon Phasing) within the "p/p/s" Outer Light Body.

The Hy'dra-LE' Endo-geleziac Crystalline-Liquid-Light Atomic-Elemental Water-Matter Base

22. **1st Hydro-Acoustic Atomic-Substance Compound HYDROLASE** (D3-H202He3, D2-02H2N3 organic, conscious, Living Water Atomic Matter, the 1st Endoplasmic Compound-Element "atomic seed" in Atomic Outer-Matter Materialization)

OUR ENDOPLASMA WATER-MATTER

Step 12-B The 144 Outer-Matter Elements Conscious Hydro-Acoustic Atomic Endoplasma *Living Water-Light*

Born of Hydrolase Conversion (*Solar Symbiosis & Pentagonal Transduction*) within the "p/p/s" Aah-JhA' Hydro-Acoustic Body

The Ah-TUm'-i-ka Hy'dra-LE-"12 Atomic Elemental Families" Endo-geleziac Atomic-Elemental Water-Matter Base.

23. **1st 12 Hy'dra-LE Endoplasmic Hydro-Acoustic Water-Matter Families**
1-H, 2-He, 3-Li, 4-Be, 5-B, 6-C, 7-N, 8-O, 9-F, 10-Ne, 11-Na, 12-Mg

PROGRESSION OF MATERIALIZATION

E-taUr Consciousness	- Eternal Source Field
Plasm	- 5 Pre-Substance Types – formed in Physical Atomic Body
Protoplasm	- 1 Pre-Substance Compound-Element Hydrolase ; formed in Hydro-Ecoustic Body
Vapors	- 2 Pre-Matter Substance Types-formed in Physical Atomic Body
Metallic Electroplasma	- 6 Pre-Matter Metallic Substance Types; formed in Rasha Dark-matter Body
Hydroplasma	- 6 Core-Atomic-Matter Celestallon Substance Types-from Middle Light Body Edon
Thermoplasma	- 5 Inner-Atomic-Matter Substance Types-formed in Inner Light Body Adon
Ectoplasma	- 3 Middle-Atomic-Matter Celestallon Substance Types-from Middle Light Body Edon
Endoplasma	- 1 Outer-Atomic-Matter Compound-Element Hydrolase Living Water - from Hydro-Acoustic Body-Base for our organic 144 Endoplasma Water-Elements

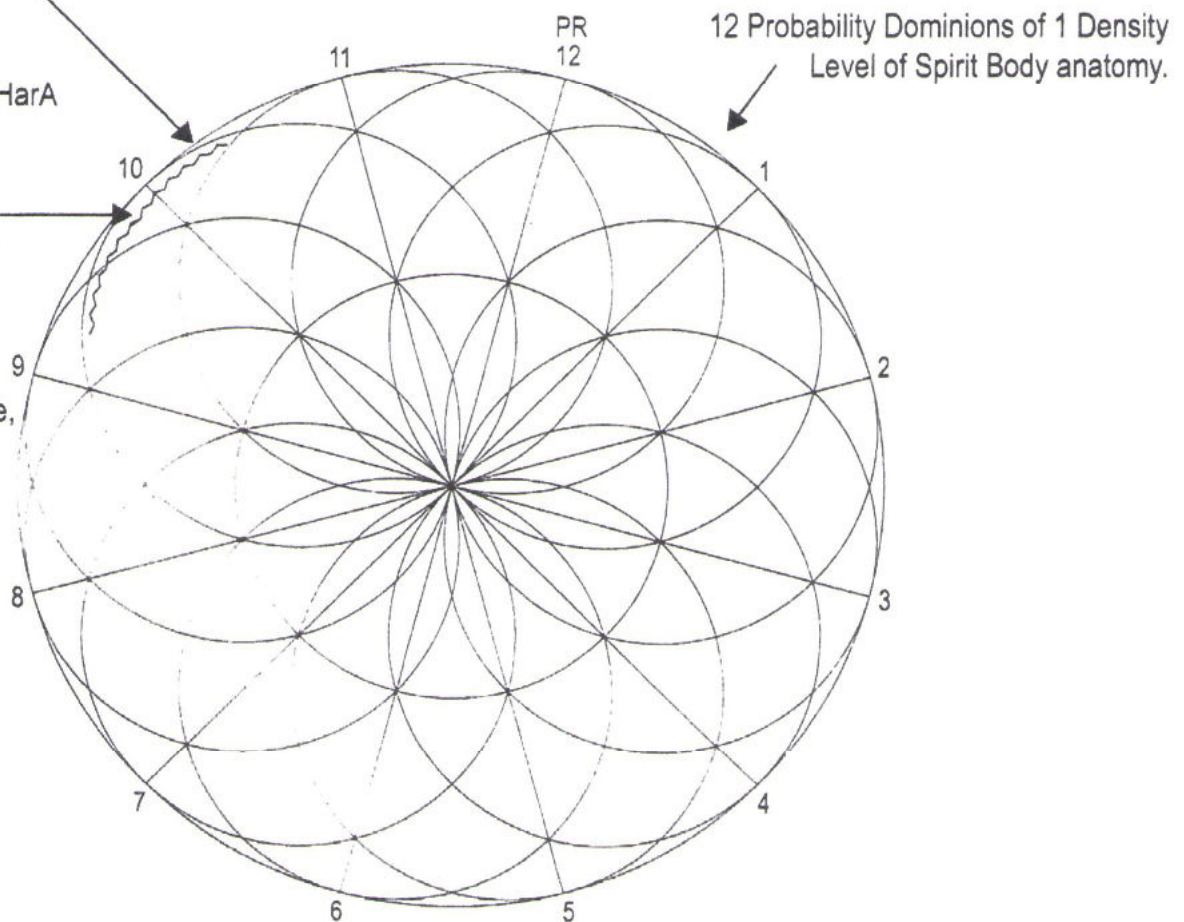
ElumEir-adhona and Spirit Body



Probability Dominions, the KEi-Ti Membrane Dha-na-Co-HarA Disharmonic & the “Karmic Template”

The organic KEi-Ti Membrane surrounds and encases each space-time-matter probability dominion as an “energetic etheric-rasha skin.”

The Dha-na-Co-HarA Disharmonic forms as an inorganic “mesh” of etheric-rasha particulates within the KEi-Ti Membrane, forming the “Karmic Template.”



KEi-Ti Membrane: The KEi-Ti Membrane is an organic aspect of Spirit Body anatomy; it is an “energetic skin” composed of (D-1,4,7,10,13) Etheric and Rasha Dark-Matter particulates surrounding and encasing each of the 12 Probability Dominions and the Central Actuality3 “Bud” Dominion. This membrane separates each space-time-matter probability dominion (and each individual incarnate identity) from the others, allowing for Linear Delineation of Space-Time Life/Evolution Cycles within the context of Simultaneous Manifestation within “Eternal Now Time.”

Dha-na-Co-HarA Disharmonic: (DCD) is an accumulation of inorganic Etheric-Rasha particulates that form within the KEi-Ti Membrane through the use of Free-Will Choice in ways that are disharmonic to the Organic Eternal Life Encryption of the Spirit Body; these disharmonic particulates form an “embedded mesh” of inorganic encryption distortions within the KEi-Ti Membrane, which functions as the “Karmic Template” of Spirit Body anatomy.

The 5 Stages (15 Layers) of KEi-Ti Awakening and KEi-Ti Membrane Activation: (Each of the 5 Stages of Awakening contains 3 layers of KEi-Ti Membrane Activations, Dhara, MŪ-Ra and En-TŪ'-Ra)

Stage 1 The Dhan-KEi-Ti Awakening: Embodiment of the "6 Bliss States" of Personal KEi-Ti Membrane Activation

- A. Dhan-KEi-Ti Dhara – DN-1 to Adashi – 1 probability aspects 1 – 7 / 4 – 10
- B. Dhan-KEi-Ti MŪ-Ra – DN-1 to Adashi – 1 probability aspects 2 – 8 / 5 – 11
- C. Dhan-KEi-Ti En-TŪ'-Ra – DN-1 to Adashi – 1 probability aspects 12 – 6 / 3 – 9

Fulfillment to Becoming an Eternal Life Dhani (Dhani-LUma, Personal Logos) Buddha-6 Transpersonal Identity and Ascension via Krystar to Adashi-1 Return Cycle.

Stage 2 The Tara-KEi-Ti Awakening: Embodiment of the "6 Bliss States" of Planetary KEi-Ti Membrane Activation

- A. Tara-KEi-Ti Dhara – planetary aspects 1 – 7 / 4 – 10
- B. Tara-KEi-Ti MŪ-Ra – planetary aspects 2 – 8 / 5 – 11
- C. Tara-KEi-Ti En-TŪ'-Ra – planetary aspects 12 – 6 / 3 – 9

Fulfillment to Becoming an Eternal Life Planetary/Solar Dhani-LĀ'ma/Adashi-2 (Planetary Logos)

Stage 3 The Jha-iah-KEi-Ti Awakening: Embodiment of the "6 Bliss States" of Solar/Galactic KEi-Ti Membrane Activation

- A. Jha-iah KEi-Ti Dhara – solar-galactic aspects 1 – 7 / 4 – 10
- B. Jha-iah KEi-Ti MŪ-Ra – solar-galactic aspects 2 – 8 / 5 – 11
- C. Jha-iah KEi-Ti En-TŪ'-Ra – solar-galactic aspects 12 – 6 / 3 – 9

Fulfillment to Becoming an Eternal Life Solar-Galactic Dhani-LE'ma/Adashi-3 (Galactic/Solar Logos)

Stage 4 The Kha-LUM-KEi-Ti Awakening: Embodiment of the "6 Bliss States" of Metagalactic KEi-Ti Membrane Activation

- A. Kha-LUM KEi-Ti Dhara – metagalactic aspects 1 – 7 / 4 – 10
- B. Kha-LUM KEi-Ti MŪ-Ra – metagalactic aspects 2 – 8 / 5 – 11
- C. Kha-LUM KEi-Ti En-TŪ'-Ra – metagalactic aspects 12 – 6 / 3 – 9

Fulfillment to Becoming an Eternal Life Metagalactic Dhani Ka-LE'ma/Core Krystar-1 (Metagalactic Logos)

Stage 5 The Adasha-KEi-Ti Awakening: Embodiment of the "6 Bliss States" of Universal KEi-Ti Membrane Activation

- A. Adasha KEi-Ti Dhara – universal aspects 1 – 7 / 4 – 10
- B. Adasha KEi-Ti MŪ-Ra – universal aspects 2 – 8 / 5 – 11
- C. Adasha KEi-Ti En-TŪ'-Ra – universal aspects 12 – 6 / 3 – 9

Fulfillment to Becoming an Eternal Life Universal Dhani Ka-LA'-a/Core Krystar-2 (Universal Logos)

SL-11 SECTIONS – 5-6

The 18 Activations of the (personal) Dhan-KEi-Ti & (planetary) Tara-KEi-Ti Awakening (October 2010 – October 2013)

6 Phases of Density Fulfillment in Dhan-KEi-Ti Awakening DENSITY #, KRYST- ↓ BUDDHA LEAP ↓	THE 3 DHAN-KEI-TI PROBABILITY	MEMBRANE LAYERS AND IDENTITY	WITH CORRESPONDING ASPECTS	Total identity aspects corresponding to each of the 6 phases of Density Fulfillment
(12 Prob' Selves = 1 Incarnate) 1. DN-1 KB – 1 Dhan-Kini 1 st 1/6 th of 3 layer membrane	4 DN-1 Probable Selves * Dhara Dhan-Kini (10/2010 to 12/2010)	4 DN-1 Probable Selves * MÜ-Ra Dhan-Kini (10/2011 to 12/2011)	4 DN-1 Probable Selves * En-TÜ'-Ra Dhan-Kini (10/2012 to 12/2012)	= 1 DN-1 Incarnate = 12 DN-1 Probable selves
(12 DN-1 Incarnates = 1 DN-2 Soul) 2. DN-2 KB – 2 Dhan-Kartha 2 nd 1/6 th of 3 layer membrane	4 DN-1 Incarnates * Dhara Dhan-Kartha (12/2010 to 2/2011)	4 DN-1 Incarnates * MÜ-Ra Dhan-Kartha (12/2011 to 2/2012)	4 DN-1 Incarnates * En-TÜ'-Ra Dhan-Kartha (12/2012 to 2/2013)	= 1 DN-2 Soul = 12 DN-1 Incarnates = 144 DN-1 Prob' selves
(12 DN-2 = 1 DN-3 O/Soul = 144 DN-1 Incarnates) 3. DN-3 KB – 3 Dhan-RAijha 3 rd 1/6 th of 3 layer membrane	4 DN-2 Souls (48 DN-1 Incarnates) * Dhara Dhan-RAijha (02/2011 to 04/2011)	4 DN-2 Souls (48 DN-1 Incarnates) * MÜ-Ra Dhan-RAijha (02/2012 to 04/2012)	4 DN-2 Souls (48 DN-1 Incarnates) * En-TÜ'-Ra Dhan-RAijha (02/2013 to 04/2013)	= 1 DN-3 Oversoul = 12 DN-2 Souls = 144 DN-1 Incarnates = 1728 DN-1 Prob' Selves
(12 DN-3 O/Souls = 1 DN-4 Avatar = 1728 Inc's) 4. DN-4 KB – 4 Dhan-KhÜmi 4 th 1/6 th of 3 layer membrane	4 DN-3 Oversouls (48 DN-2 Souls, **576 Incarnates) * Dhara Dhan-KhÜmi (4/2011 to 06/2011)	4 DN-3 Oversouls (48 DN-2 Souls) * MÜ-Ra Dhan-KhÜmi (4/2012 to 06/2012)	4 DN-3 Oversouls (48 DN-2 Souls) * En-TÜ'-Ra Dhan-KhÜmi (4/2013 to 06/2013)	= 1 DN-4 Avatar = 12 DN-3 Oversouls = 144 DN-2 Souls = 1728 DN-1 Incarnates 20,736 DN-1 Prob' Selves
(12 DN-4 Avatars = 1 DN-5 Reishi = 20,736 Incarn's) 5. DN-5 KB-5 Dhan-Reishi 5 th 1/6 th of 3 layer membrane	4 DN-4 Avatars (48 DN-3 Oversouls) * Dhara Dhan-Reishi (06/2010 to 08/2011)	4 DN-4 Avatars (48 DN-3 Oversouls) * MÜ-Ra Dhan-Reishi (06/2012 to 08/2012)	4 DN-4 Avatars (48 DN-3 Oversouls) * En-TÜ'-Ra Dhan-Reishi (06/2013 to 08/2013)	= 1 DN-5 Reishi = 12 DN-4 Avatars = 144 DN-3 Oversouls = 1728 DN-2 Souls = 20,736 DN-1 Incarnates
(12 DN-5 Reishi = 1 DN-6 Adashi-1 Dhani = 248,382 Incarnates) 6. DN-6 KB-6 Dhani-LUma 6 th 1/6 th of 3 layer membrane	4 DN-5 Reishi (48 DN-4 Avatars) * Dhara Dhani-LUma (08/2011 to 10/2011)	4 DN-5 Reishi (48 DN-4 Avatars) * MÜ-Ra Dhani-LUma (08/2012 to 10/2012)	4 DN-5 Reishi (48 DN-4 Avatars) * En-TÜ'-Ra Dhani-LUma (08/2013 to 10/2013)	= 1 DN-6 Adashi-1 Dhani = 12 DN-5 Reishi = 144 DN-4 Avatars = 1728 DN-3 Oversouls = 20,736 DN-2 Souls = 248,382 DN-1 Incarn's

*= the 18 Activations
Of the Dhan-KEi-Ti
Awakening

Oct. 2010 – Oct. 2011
Personal Dhan-KEi-Ti
& Planetary Tara-KEi-Ti
Dhara – 1 Act'n
Mayan Matrix
10/18-23/2010 – 10/2011

↑
1/3 Cos-MÄ'-yah Flame Pillar

Oct. 2011 – Oct. 2012
Personal Dhan-KEi-Ti
& Planetary Tara-KEi-Ti
MÜ-Ra – 2 Act'n
India Matrix
10/2011-10/2012

↑
2/3 Cos-MÄ'-yah Flame Pillar

Oct. 2012 – Oct. 2013
Personal Dhan-KEi-Ti
& Planetary Tara-KEi-Ti
En-TÜ'-Ra – 3 Act'n
Bora Bora Matrix
10/2012-10/2013

↑
3/3 Cos-MÄ'-yah Flame Pillar

SL-11 SECTION – 5-6

The 18 Activations of the (personal) Dhan-KEi-Ti & (planetary) Tara-KEi-Ti Awakening (October 2010 – October 2013)

Expedited Activations of the Ephemeral Vehicle/Luminary Body 1/2011 FoL

The 3 Dhan-KEi-Ti Membrane Layers with Corresponding Probability and Identity Aspects

6 Phases of Density Fulfillment in Dhan-KEi-Ti Awakening DENSITY #, KRYST- BUDDHA LEAP ↓	Dhara – 1 Aspects 1-7/4-10	MÜ-Ra – 2 Aspects 2-8/5-11	En-TÜ'-Ra – 3 Aspects 12-6/3-9	Total Identity aspects corresponding to each of the 6 phases of Density Fulfillment
(12 Prob' Selves = 1 Incarnate) 1. DN – 1 KB – 1 Dhan-Kini 1 st 1/6 th of 3 layer membrane	1/1/2011 4 DN-1 Probable selves * Dhara Dhan-Kini (10/2010 to 12/2010)	1/2/2011 4 DN-1 Probable selves * MÜ-Ra Dhan-Kini (10/2011 to 12/2011)	1/2/2011 4 DN-1 Probable selves * En-TÜ'-Ra Dhan-Kini (10/2012 to 12/2012)	= 1 DN-1 Incarnate = 12 DN-1 Probable selves
(12 DN-1 Incarnates = 1 DN-2 Soul) 2. DN – 2 KB – 2 Dhan-Kartha 2 nd 1/6 th of 3 layer membrane	1/1/2011 4 DN-1 Incarnates * Dhara Dhan-Kartha (12/2010 to 2/2011)	4 DN-1 Incarnates * MÜ-Ra Dhan-Kartha (12/2011 to 2/2012)	4 DN-1 Incarnates * En-TÜ'-Ra Dhan-Kartha (12/2012 to 2/2013)	= 1 DN-2 Soul = 12 DN-1 Incarnates = 144 DN-1 Prob' selves
(12 DN-2 = 1 DN-3 O/Soul = 144 DN-1 Incarnates) 3. DN – 3 KB – 3 Dhan-RAijha 3 rd 1/6 th of 3 layer membrane	1/1/2011 4 DN-2 Souls (48 DN-1 Incarnates) * Dhara Dhan-RAijha (02/2011 to 04/2011)	4 DN-2 Souls (48 DN-1 Incarnates) * MÜ-Ra Dhan-RAijha (02/2012 to 04/2012)	4 DN-2 Souls (48 DN-1 Incarnates) * En-TÜ'-Ra Dhan-RAijha (02/2013 to 04/2013)	= 1 DN-3 Oversoul = 12 DN-2 Souls = 144 DN-1 Incarnates = 1728 DN-1 Prob' Selves
(12 DN-3 O/Souls = 1 DN-4 Avatar = 1728 Inc's) 4. DN-4 KB-4 Dhan-KhÜmi 4 th 1/6 th of 3 layer membrane	1/1/2011 4 DN-3 Oversouls (48 DN-2 Souls,**576 Incarn's) * Dhara Dhan-KhÜmi (4/2011 to 06/2011)	4 DN-3 Oversouls (48 DN-2 Souls) * MÜ-Ra Dhan-KhÜmi (4/2012 to 06/2012)	4 DN-3 Oversouls (48 DN-2 Souls) * En-TÜ'-Ra Dhan-KhÜmi (4/2013 to 06/2013)	= 1 DN-4 Avatar = 12 DN-3 Oversouls = 144 DN-2 Souls = 1728 DN-1 Incarnates 20,736 DN-1 Prob' Selves
(12 DN-4 Avatars = 1 DN-5 Reishi = 20,736 Incarn's) 5. DN-5 KB-5 Dhan-Reishi 5 th 1/6 th of 3 layer membrane	4 DN-4 Avatars (48 DN-3 Oversouls) * Dhara Dhan-Reishi (06/2010 to 08/2011)	4 DN-4 Avatars (48 DN-3 Oversouls) * MÜ-Ra Dhan-Reishi (06/2012 to 08/2012)	4 DN-4 Avatars (48 DN-3 Oversouls) * En-TÜ'-Ra Dhan-Reishi (06/2013 to 08/2013)	= 1 DN-5 Reishi = 12 DN-4 Avatars = 144 DN-3 Oversouls = 1728 DN-2 Souls = 20,736 DN-1 Incarnates
(12 DN-5 Reishi = 1 DN-6 Adashi-1 Dhani = 248,382 Incarnates) 6. DN-6 KB-6 Dhani-LUma 6 th 1/6 th of 3 layer membrane	4 DN-5 Reishi (48 DN-4 Avatars) * Dhara Dhani-LUma (08/2011 to 10/2011)	4 DN-5 Reishi (48 DN-4 Avatars) * MÜ-Ra Dhani-LUma (08/2012 to 10/2012)	4 DN-5 Reishi (48 DN-4 Avatars) * En-TÜ'-Ra Dhani-LUma (08/2013 to 10/2013)	= 1 DN-6 Adashi-1 Dhani = 12 DN-5 Reishi = 144 DN-4 Avatars = 1728 DN-3 Oversouls = 20,736 DN-2 Souls = 248,832 DN-1 Incarn's

*= the 18 Activations Of the Dhan-KEi-Ti Awakening

Oct. 2010 – Oct. 2011
Personal Dhan-KEi-Ti & Planetary Tara-KEi-Ti
Dhara – 1 Act'n
Mayan Matrix
10/18-23/2010 – 10/2011

1/3 Cos-MÄ'-yah Flame Pillar

Oct. 2011 – Oct. 2012
Personal Dhan-KEi-Ti & Planetary Tara-KEi-Ti
MÜ-Ra – 2 Act'n
India Matrix
10/2011-10/2012

2/3 Cos-MÄ'-yah Flame Pillar

Oct. 2012 – Oct. 2013
Personal Dhan-KEi-Ti & Planetary Tara-KEi-Ti
En-TÜ'-Ra – 3 Act'n
Bora Bora Matrix
10/2012-10/2013

3/3 Cos-MÄ'-yah Flame Pillar

○ = Expedited Initiations & Activations Planetary Tara) Personal Dhara) During FOL /2011

The 3 Vehicles of the DN-1 Kryst-Buddha Dhan-Kini Bliss State and the 18 Activations of the Dhan-KEi-Ti Awakening

The 3 Vehicles (Bodies) of the Kryst-Buddha – 1:

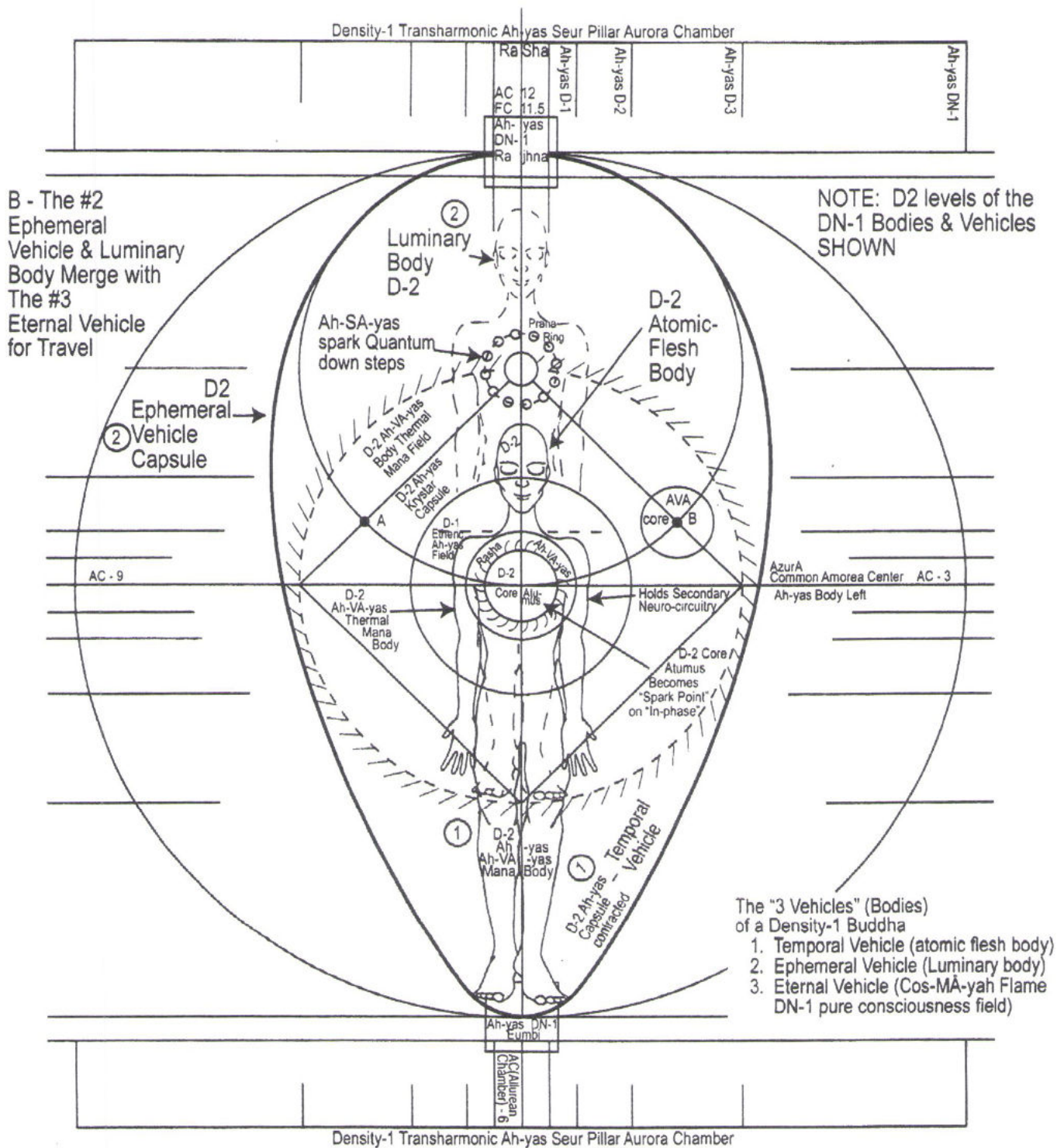
1. Temporal Vehicle (atomic – flesh body)
2. Ephemeral Vehicle (**luminary body)
3. Eternal Vehicle (pure consciousness of Cos-MĀ'-yah Flame DN-1 Consciousness Field)

**Introduction to the Ephemeral Vehicle – Activation of the Luminary Body.

The Luminary Body (Ephemeral Vehicle) is:

- ◇ Composed of DN-1 Jha-DA' Body ShaLAah Light atomic quotient, bonded to an equal Quantum of Cos-MĀ'-yah Flame.
- ◇ It forms a Density-1 “double 3-dimensional” vehicle capable of transfiguring into Ah-SA-yas “outer-middle matter” hydro-thermal radiation liquid light vapor for passage Into Aurora Continuum-1 and Aurora Earth-1.
- ◇ The Luminary Body allows an Incarnate in DN-1 Earth planes, whose atomic form is not yet capable of full 6-Dimensional Jha-DA' Orb Body Transfigurative projection to project within the Ephemeral Vehicle (Luminary Body) for visitation to Aurora Earth and the Aurora Continuum-1.
- ◇ Activates via completion of the Dhara-MŪ-Ra and En-TŪ'-Ra layers of Phase-1 Dhan-Kini Density fulfillment and embodiment of the full Dhan-Kini Bliss State.

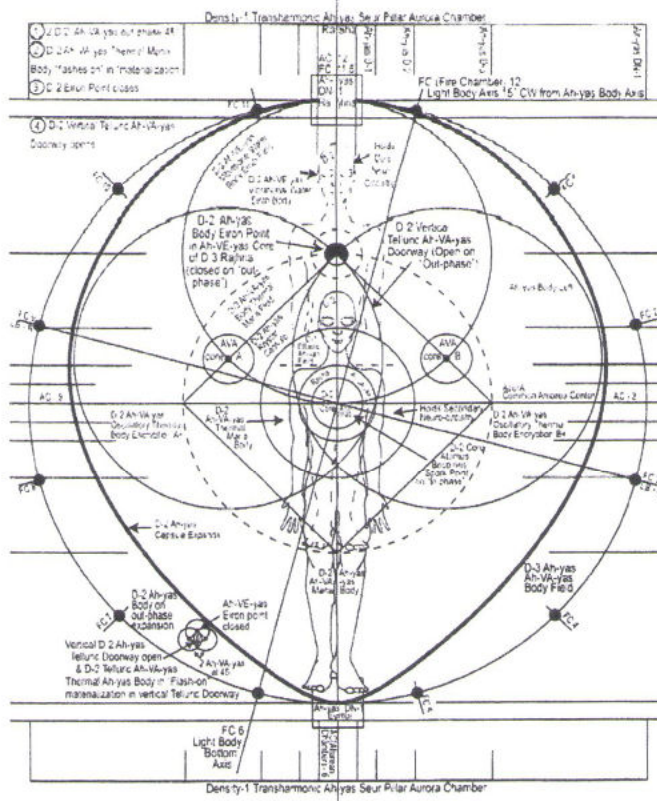
The “3 Vehicles” of the DN-1 Kryst-Buddha
Dhan-Kini Bliss State
 (“3 Bodies” of a Density-1 “Buddha”)



A - The #2 Luminary Body engages "positions 1 through 6" of 6 Dimensional Jha-DA' Orb Body phasing, continually generating Ah-SA-yas Spark-Quantum & down stepping it into the D-2 Temporal Vehicle & flesh body via the "Prana Ring" at the top of D2 Krystar.

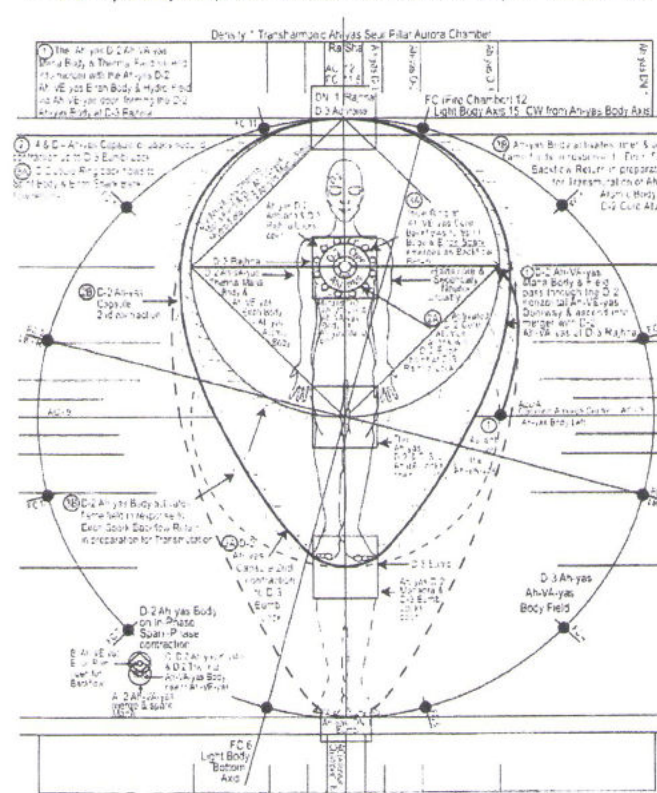
The D-2 Ah-*yas* Body with D-2 Phase Cells and Ah-*yas* Capsule

The D-2 Ah-yas Body & Capsule in "Out-Phase Position"



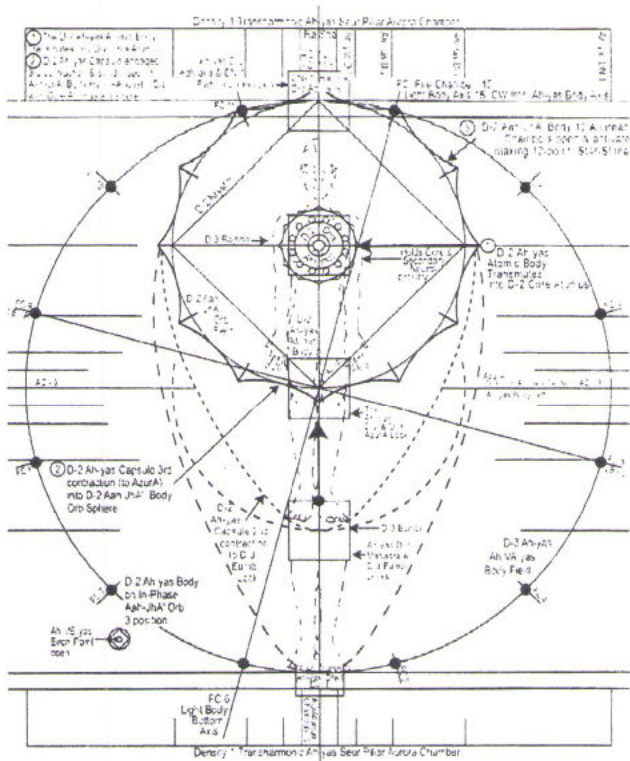
The D-2 Ah-ya Body & Capsule in "In-Phase / Spark-Phase 1 Position"

The D-2 Ah-yas Body & Capsule in "In-Phase / 'Ascent of the Ah-VA-yas' Phase 2 Position"

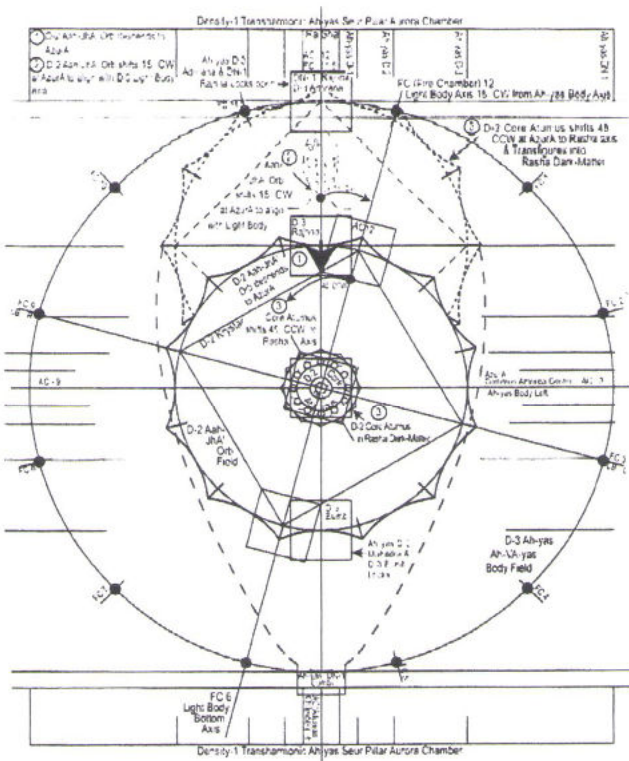


August 2009 Phoenix Sliders-5 Recap Continued: Atomic Transfiguration into 6-Dimensional Jha-DA' Body Orb Vehicle-Positions 1 through 6 (positions 3 through 5 SHOWN)

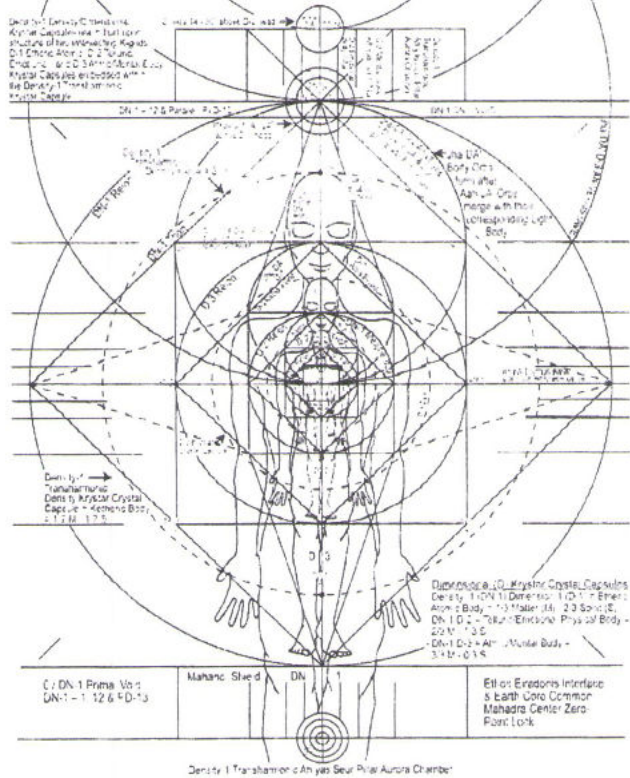
The D-2 Ah-yas Body & Capsule in "In-Phase / Aah-JA" Orb 3 Pcsition"



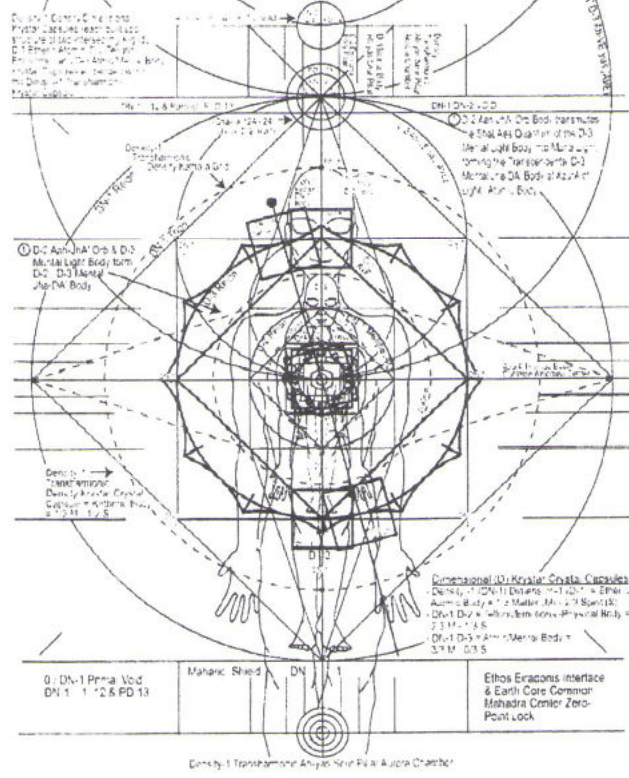
The D-2 Ah-vas Body & Capsule in "In-Phase / 'Descent of the Aah-JA' 4 Position"



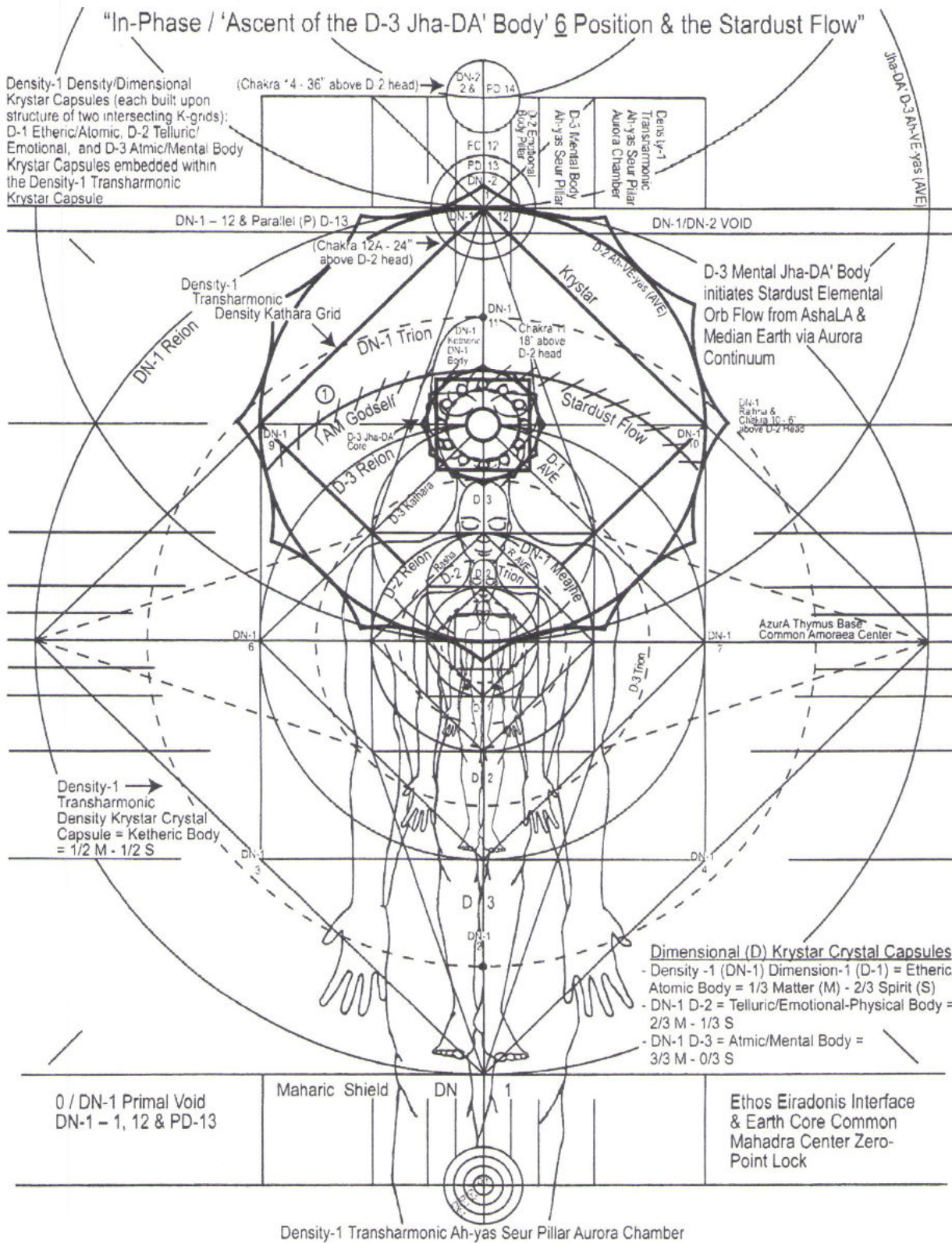
Density-1 Light Body and Aah-JhA' Body Orb Alignments (on Light Body Axis)



"In-Phase / D-3 Jha-DA' Body Transharmonic Orb 5 Position"



2008 / 2009 Phoenix Sliders -5 Recap Continued: Atomic Transfiguration into 6-Dimensional Jha-DA' Body Orb Vehicle
- Position 1-6 (position 6 SHOWN)



The Organic Ah-yas Phasing Sequence

The Organic Ah-yas Phasing Process Continually "Recharges" the Materialization Structure

Stage-1 Translocation — Aurora Continuum Outer Plane-1
Ah-SA-yas — 1st Aurora Continuum Matter State
Atmic-Telluric Hydro-Thermal "Liquid Light Vapor" Base

Jha-DA' BODY	LIGHT BODY FIELD ("Pulls Up Into" ...)	Ah-VE-yas BODY FIELD (That Is ...)	LOCATED AT:
D-4 Jha-DA' Astral Etheric-Ketheric-Keriatric	DN-2 Etheric D-4 Astral	DN-1 Ah-VE-yas	@ DN-2 D-5 Rajhna
DN-1 Jha-DA' Ketheric-Atmic	Density-1 Light Body	DN-1 Atmic D-3 "Mental Body" Ah-VE-yas	@ DN-2 D-4 Rajhna
D-3 Jha-DA' Mental Atmic-Telluric	DN-1 D-3 Atmic Mental Body	DN-1 Telluric ("Physical") D-2 "Emotional - Atmic Body" Ah-VE-yas	@ DN-1 Rajhna
D-2 Jha-DA' Bio-Emotive Telluric-Etheric	DN-1 D-2 Telluric Emotional (Physical) Body	DN-1 Etheric D-1 Etheric - "Elemental Body" Ah-VE-yas	@ DN-1 D-3 Rajhna
D-1 Jha-DA' Elemental Etheric-Mashayanic	DN-1 D-1 Etheric Elemental Body	DN-1 Rasha Dark Matter Body Ah-VE-yas	@ DN-1 D-2 Rajhna (Pineal)
Rasha Jha-DA' Mashayanic	DN-1 Rasha Dark Matter Body	ElumEiradhona Spirit Body Ah-yas SEED	@ DN-1 D-1 Rajhna

After Light Body & corresponding Ah-yas Body Field align (via Ah-yas Body engaging 15° CW Shift of ARPS to Light Body alignment, following "Up-Phase" of the Ah-yas Body's 2 Ah-VA-yas into their Ah-VE-yas), the Light Body 'up-shifts' into, and merges with, its corresponding Ah-yas Body — and the materialized atomic structure temporarily "flashes off" into the Ah-yas Body for "recharge," then "downshifts"/"flashes-on" back into materialization.

Summary of Organic Ah-yas Phasing, the Jha-DA' Orb & Stardust Flow

1. *The First "Out-Phase" (Pg 15)*

- A) As the 1st Eiron Backflow Return Spark polarizes the Ah-yas, creating the 1st "Out-Phase," the atomic encryption carried by the 2 Ah-VA-yas units engages its 1st materialization through the Atumus and "flashes on" in the Endoplasmic Atmic structure within the vertical "Ah-VA-yas" Doorway.

The Ah-yas Capsule also expands outward within the Aah-Jha' Capsule surrounding the polarized Ah-yas.

- B) Once the 2 Ah-VA-yas units have reached 45° "Out-Phase" expansion, the *Eiron Point* in the Ah-VA-yas closes causing the (+ve/ -ve/ 0) Atumus and Endoplasmic Atmic structure to temporarily *magnetize* (to -ve), which engages the 2 Ah-VA-yas units for the 1st "In-Phase" – *Spark Phase-1*.

2. *The First "In-Phase" (Pg 16)*

- A) The 2 Ah-VA-yas units phase to the magnetized Atumus at the Center Line and the Ah-VA-yas engages 1st contraction.
- B) Upon merging through the Atumus, the 2 Ah-VA-yas and Atumus spark (ManA +ve 33¹/₃ pp).
- C) Sparking of the Ah-VA-yas causes the Ah-VA-yas Thermal (+ve) Mana Fields around the (-ve) Atumus to activate (+ve).
- D) The horizontal Ah-VE-yas Doorway between the Ah-VA-yas and Ah-VE-yas opens and begins magnetizing the corresponding level of the Light Body.
- E) The ManA (+ve 33¹/₃ pp) Spark at the Atumus splits into 21²/₃ +ve Mana and 11²/₃ +ve Prana-joules quantum. The +ve Prana-joule quantum rises vertically to the *Eiron Point* of the Ah-VE-yas, forming the +ve Prana-joule Ring (of stored Prana +ve quantum) around the Eiron Point.

The Mana +ve quantum enters the Atumus (-ve) and neutralizes its -ve charge, causing the Atumus, atomic Ah-VA-yas Body and the Ah-VA-yas Field to enter a (0/ +ve) "superconductive" state, in which the -ve Endoplasm of the Atumus and Atomic-Ah-VA-yas Body temporarily transmute into "0/ +ve" Thermonuclear plasma, activating the Thermonuclear potentials of the Ah-VA-yas Thermal Body.

- F) The "0/ +ve" charge of the Atumus causes the 2 (+ve) Ah-VA-yas units to again move apart and engage "Out-Phase".
- G) As the Ah-VA-yas separate, the horizontal Ah-VE-yas Doorway closes, and the vertical Ah-VA-yas Doorway opens around the Ah-VA-yas Thermonuclear Body; as the "0/ +ve" superconductivity of the Thermonuclear Atumus and Ah-VA-yas Atomic Body progressively subsides, the Atumus and Ah-VA-yas Atomic Body transmute back to their original Endoplasmic (-ve/ +ve/ 0) "water matter" state.
- H) Once the 1st "In-Phase" – Spark Phase-1 completes, and the 2 Ah-VA-yas units return to the 45° "Out-Phase" position, Steps 1 (Out-phase) and 2 (In-Phase) will repeat 11 more times, for a total of 12 Rounds, of "Out-Phase"/ "In-Phase" Spark; each round builds a quantum of +ve Mana within the Atumus and Ah-VA-yas Atomic Body, and a quantum of +ve Prana-joules within the Prana-joule Ring surrounding the Eiron Point of the Ah-VA-yas.

At the 12th "In-Phase" (following the 12th "Out-Phase"), the +ve Prana-joule Backflow Spark to the Prana-joule Ring — at the Ah-VE-yas Eiron Point — causes the *Eiron Point* to open, setting in motion "In-Phase" – 2: Ascent of the Ah-VA-yas.

3. "In-Phase" – 2: Ascent of the Ah-VA-yas (Pg 17)

(Begins at the end of the 12th In-Phase when Eiron Point in Ah-VE-yas opens)

- A) Upon opening of the Eiron Point, the atomic Ah-VA-yas Body and Ah-VA-yas Thermal Field (in the "superconductive 0/ +ve" Thermoplasma state) ascend through the opened horizontal Ah-VE-yas Doorway, into merger with the Ah-VE-yas *Eirah Body* and Hydro-field, forming a Hydro-Thermal Ah-yas Atomic Body, and Field, centered on the Eiron Point.
- B) As merger occurs, the Ah-yas Capsule engages its second contraction, drawing vertically upward toward the Ah-yas Body.
- C) Once the (+ve/ -ve/ 0) Ah-yas Hydro-Thermal Body forms around the open Eiron Point, the +ve Prana-joule Ring around the Eiron Point *back-flows* through the Eiron Point and into the ElumEiradhona Spirit Body Core.
- D) The ElumEiradhona Spirit Body Core sends a *Backflow Return (-ve) Eiron Spark* back out of the Eiron Point and into the 12 Allurean Chambers of the Ah-yas Hydro-Thermal Field, and into the core Atumus of the Atomic-Ah-yas Body, causing the "Flame Fields" of the Ah-yas Field and Atomic Body to activate on a "+ve/ -ve/ +ve" charge, preparing the Ah-yas and Atomic Body for transmutation through the "In-Phase" – 3: Aah-JhA' Orb.

4. "In-Phase" – 3: Aah-JhA' Orb (Pg 18)

- A) The Hydro-Thermal Ah-yas Atomic Body transmutes and changes form, de-materializing the atomic structure and pulling into the core Atumus as a *Hydro-Thermal Wave*.
- B) As the Ah-yas Body transmutes into the core Atumus, the Ah-yas capsule engages its 3rd contraction and condenses, drawing its base vertically upward to the Ah-yas Body Field, to form a spherical capsule called the *Aah-JhA' Orb Body*, around the Ah-yas Field.
- C) The 12 Allurean Chambers within the Aah-JhA' Orb activate circulation, creating a 12-Point Hydro-Thermal "*Starshine Radiant Field*" emanating outward from within the Aah-JhA' Orb.

5. "In-Phase" – 4: Descent of the Aah-JhA' (Pg 19)

- A) Once the "Starshine Field" Allurean Circulation has engaged within the Aah-JhA' Orb, the Aah-JhA' Orb (carrying the Atumus with the Hydro-Thermal Wave Ah-yas Body at its Eiron Point core) descends into the "Spark Point position" (AzurA).
- B) Once descended, the Aah-JhA' Orb then shifts its axis and ARPS 15° CW to align with the axis and ARPS of the Light Body.
- C) Once the Aah-JhA' Orb — and the Ah-yas Hydro-Thermal Field within it — complete the 15° CW shift to Light Body alignment, the *Atumus Core* of the Aah-JhA' Orb shifts 45° CCW into alignment with the *Rasha Dark Matter Body* in the AzurA.

The Atumus, and its content, transfigure into the Rasha Dark Matter state and draw into the 15-layer *Dark Matter Rasha Par-TE'-KEi Body*.

6. **"In-Phase" – 5: Jha-DA' Trans-Harmonic Orb (Pg 21)**

- A) As the Atumus Body draws into the Rasha Dark Matter state, the Aah-JhA' Body and Hydro-Thermal Ah-yas Field within it merge with the corresponding level (one Dimension up from the Aah-JhA' dimensional level) of the Light Body Field, by drawing through the AzurA Central "Lock" and into the *Aurora Continuum*, and reemerging through the AzurA Lock at the Light Body Axis.
- B) The Aah-JhA' Body's inner Ah-yas Hydro-Thermal Field then bonds to the ShaLAea quantum of the corresponding Light Body level, causing the ShaLAea Fields of the Light Body to enter a "0/ +ve" *superconductive state*. (Note: The Light Body Fields are the atomic "understructure" to the Atumus Endoplasmic atoms.)
- C) When the Hydro-Thermal Ah-yas Field of the Aah-JhA' Orb bonds with the ShaLAea Light units of the corresponding Light Body level, the Aah-JhA' Orb transmutes the ShaLAea units into Mana Light, and draws the Mana into the Ah-yas Field.

Upon merging with the Aah-JhA' Orb, the ShaLAea Light Body transmutes (to Mana), then Transfigures (re-spiritualizes in merger with the Ah-yas Field), and the Aah-JhA' Orb becomes the *Electro-Thermal Transcendental Jha-DA' Orb Body*.

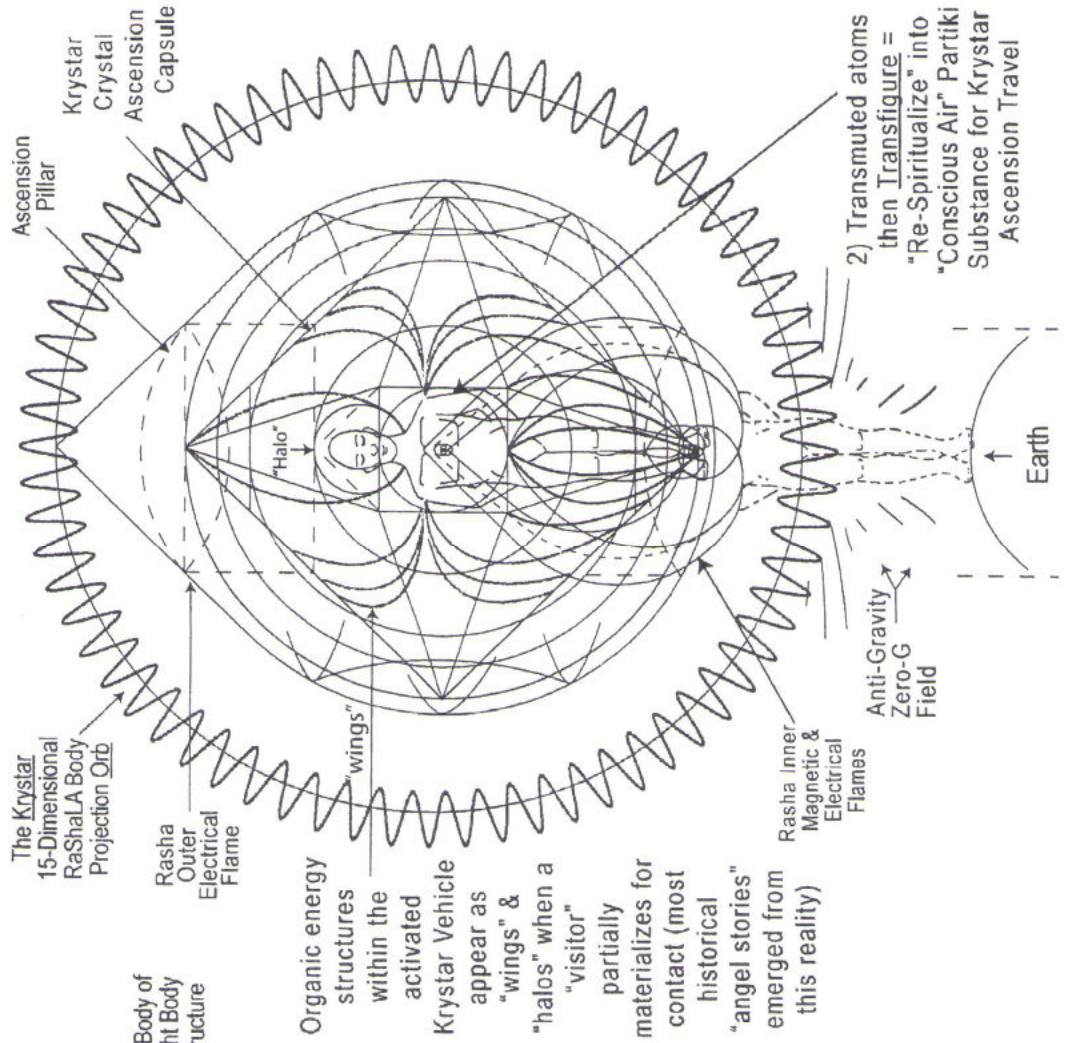
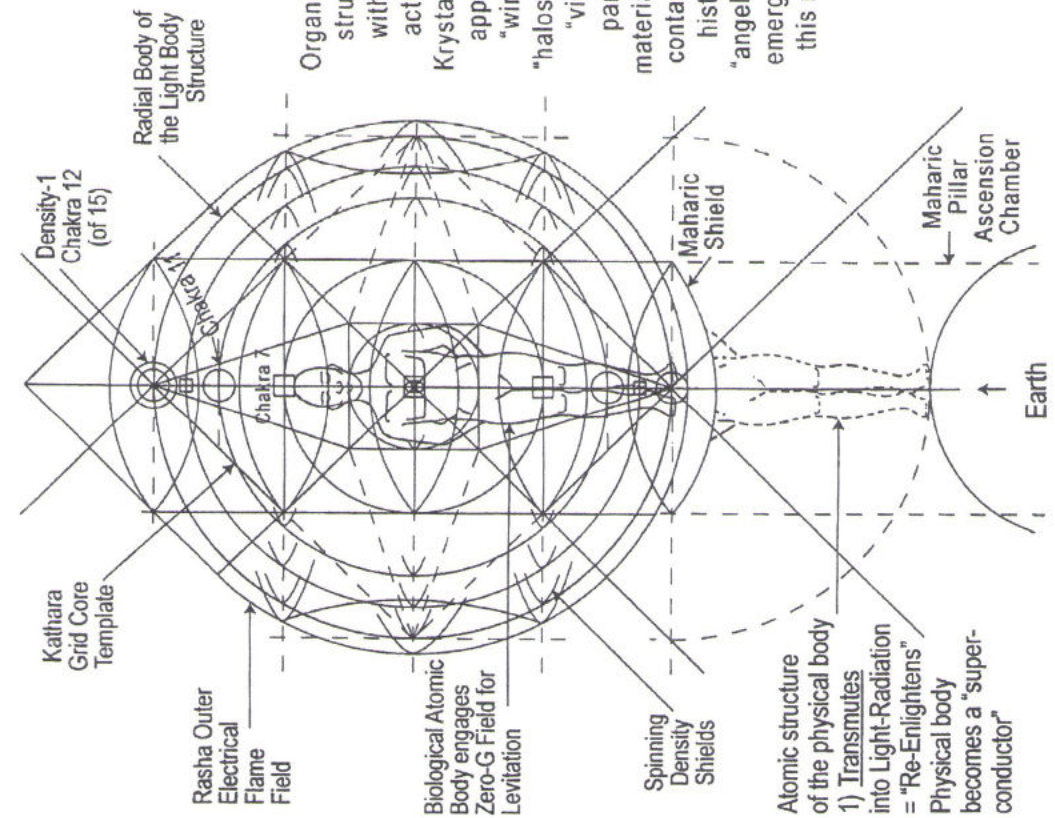
7. **"In-Phase" – 6: Ascent of the Jha-DA' Orb (Pg 22)**

- A) Upon completion of merger with the Light Body level's ShaLAea Light at the AzurA, the Jha-DA' Orb — with its Atumus-atoms in Rasha state, its Core Eiron Point open and the Light Body ShaLAea-Mana Dark Matter units in its Ah-yas field — ascends to its corresponding *Density Rajhna Lock* and begins *Core Eiron Point Circulation "Stardust Elemental Orb Flow"* with its Spirit Body (on opposite Event Horizon).

“Angels,” “Orbs,” & the Krystar Vehicle The Krystar Vehicle Transcendental Hyper-Dimensional Space-Time-Travel Projection Ascension Vehicle

Note: Some (but not all) “Orb Phenomena” are direct visitations by various Krystic Transdimensional Ascension Adepts — Krystar Travel is an organic genetic ability for the original “Angelic Human” species

The Krystar Vehicle travels at the speed & direction of thought once activated fully



E'LAi'-sa Tan-Chi'-Ti Awakening- 4/5-9/2013

The next stage of Personal and Planetary
Aah-JhA' Hydro-Acoustic Body Activation
toward *Jha-DA Body Orb Ascension Vehicle Activation*

Aah-JhA' Hydro-Acoustic Body – is part of organic ***Spirit Body anatomy*** that interfaces directly with, and “steps up and down” elemental “*Penta-g’el flows*” between, the Spirit Body, Crystal Body, Light Body and Atomic Body anatomy. When fully activated the *Aah-JhA' Hydro-Acoustic Body*, and that contained within it, transfigures into the *Jha-DA Body Orb Vehicle*, the 6-Dimensional trans-harmonic “*Ascension Vehicle*” required for travel through the Aurora Continuum and DhA-ya-TEI Planes.)
re: Sliders-5 8/2009

Dhan-KEi-Ti/Tara-KEi-Ti Awakening – activation of the personal (*Dhan-KEi-Ti*) and Planetary (*Tara-KEi-Ti*) organic ***KEi-Ti Membrane*** of the *Spirit Body anatomy*, and clearing of the inorganic ***Dha-na-Co-HarA Disharmonic/*** Karmic Template. First stages of *Aah-JhA' Hydro-Acoustic Body* activation toward *Jha-DA Body Orb Ascension Vehicle* activation. Began 10/8/2010 and completes 10/2013.

E'LAi'-sa Tan-Chi'-Ti Awakening – activation of the personal and Planetary organic ***Tryptoplasmic Field, Tan-Chi'-Ti Membrane*** and the *Hydroplasmic Chismatic Field* of the Spirit Body/Aah-JhA Body anatomy; next stage of personal and Planetary *Aah-JhA' Hydro-Acoustic Body* activation toward *Jha-DA Body Orb Ascension Vehicle* activation. This activation includes initiating clearing of the personal/mass bio-atomic and Planetary ***Schemaplexes*** within the inorganic “***Tan-Na-KEi MEme-Brain***” of the personal and Planetary atomic-telluric (D-2.5 “mental/bio-emotional body”) fields, initiating release/clearing of the “***Tan-Na-KEi EM Virus***” within the bio-atomic mass ***EGO*** (Epi-genetic Overlay) and vaporization of the personal/mass and Planetary ***Tan-Na-KEi Sheath*** that blocks organic ***E'LAi-sa Silver-Seed Plasma-Code*** activation within the DNA.

The *E'LAi'-sa Tan-Chi'-Ti Awakening* takes place through a series of Planetary *Al-Hum-Bhra Cathedral-Network Complex-1 Activations* and corresponding personal-use techniques, including “***Anchoring the Stream of E'LAi-sa: Opening the Helio-“E'LAi-sic Breathing-Tube”*** (Saturday 4/6/2013), “***Opening the 3 Krystar-Burst Tryptoplasmic Doorways*** (between the Net Earth & Median Earth Planes of Aurora Ascension Earth -Tuesday 4/9/2013), and “***Anchoring the Eternal Flame of E'LAi-sa***” (E'LAi-sa Krystar Seed Crystal Flows; 4/9-12/2013) within the bio-atomic personal/mass and Planetary Aah-Jha Body and Planetary Al-Hum-Bhra Cathedral Network “777 D-Span Passages”.

The *E'LAi'-sa Tan-Chi'-Ti Awakening* begins “Opening of the ***Planetary Tryptoplasmic Doorways***”, the ***Tryptonic Membrane Fields*** that currently separate the dimensional planes of Net-Earth, from those of Median-Earth, within the Tan-Tri-A'Jha-Blended dimensional plane fields of Aurora Ascension Earth. On the personal/mass and Planetary bio-atomic level, the *E'LAi'-sa Tan-Chi'-Ti Awakening* initiates next level *Jha-DA Body Orb Ascension Vehicle* activation and freeing of the Epi-Genetic Overlay (EGO) and DNA for ***Silver-Seed Awakening*** and progressive ***Chismatic Healing-Level-1*** (TAN-TRI-A'RA- *The Art of Bio-Spiritual Self-Healing*™).

The Out-Step & In-Step/Ascension E'LAi'-sa Helio-plasmic Krystar Flows
between External, Rasha & Internal Eternal-Life DhA-yah-fied Kryst Creation

Out-Step of Eternal DhA-yah-fied Creation: (In-Step/Ascension is Back-Flow of Out-Step Process)

Start: Chismatic Field Level-1-Inner/Core

Atmic *Tryptonic Field*: in the Aurora Continuum between the *Rasha Dark-Matter Template and DhA-ya-TEi-Planes Fields*. - **Tryptite Plasma-Vapor-Sparks** of *Tryptose* (D-Planes Hydrolase Living Water). Carries the E'LAi'sa Code encryption governing the Cos-MY'ah **DhA-ya-TEi M-Partiki Planes and Ketheric/Etheric-Atomic Cos-MY'ah Creation**

Parti-TRI: Organic Eternal Vapor-Spark Phase Generator Units that "Span" between the Atmic Dimensional Fields of External Creation, the Rasha-Dark-Matter Atmic Fields and the DhA-Ya-TEi Planes Atmic Dimensional Fields. Each unit is composed of 3 Bonded *A-riE Pre-Matter Substance Atmic-Vapor-Sparks*; 1 *Hydros External Creation Vapor-Spark*, 1 *Hydros Rasha Dark-Matter Vapor-Spark*, and 1 *Ectos DhA-ya-TEi Planes Vapor-Spark*. The *Parti-TRI* units "Phase", generating *Tryptite Eternal Plasma-Vapor-Sparks of Tryptose* (D-Planes Hydrolase Living Water) within the *Tryptonic Field* (between Rasha Dark-Matter Template and D-Planes Fields).

Tryptose: Organic Pre-Matter Plasma-Vapor Substance that forms, through *Parti-TRI Phasing*, as *Tryptite Eternal Plasma-Vapor-Sparks* within in the Atmic *Tryptonic Field* (between Rasha Dark-Matter Template and D-Planes Fields); D-Planes Hydrolase Eternal Living Water.

Tryptite Plasma-Vapor-Sparks: Organic *Eternal Plasma-Vapor-Sparks* composed of *Tryptose* (D-Planes Hydrolase) that form as a result of *Parti-TRI Phasing*. *Plasma-Vapor-Sparks* of D-Planes Hydrolase Eternal Living Water that collectively form the organic Atmic *Tryptonic Field* between the Rasha Dark-Matter Template and D-Planes Fields.

TO: Step-Out-1 Chismatic Field Level-2-Middle

Atmic *Tryptoplasmic Field*: in the Aurora Continuum between the Rasha-ParTEi-Ki Dark-Matter Template and External Atmic dimensional fields (D-3/D-6/D-9/D-12/D-15). - **Tryptec Plasma-Vapor Units** of *Tryptose*. Carries the E'LAi'sa Code encryption governing the Cos-MY'ah **Rasha Dark-Matter ParTEi'- Ki Planes and Telluric-Atomic Cos-MY'ah Creation**.

Tryptec Plasma-Vapor Units: *Tryptites* (Eternal Plasma-Vapor-Sparks of *Tryptose*, D-Planes Hydrolase, that form the Atmic *Tryptonic Field* between the Rasha Dark-Matter Template and DhA-Ya-TEi Planes Fields), "**step-out, accrete and plasma-fy**" into *Tryptec Plasma-Vapor Units* forming the organic Atmic **Tryptoplasmic Field** between the Rasha-ParTEi-Ki Dark-Matter Template and External Atmic dimensional fields (D-3/D-6/D-9/D-12/D-15).

TO: Step-Out-2 Chismatic Field Level-3-Outer

Atmic *Tan-Chi-Ti Membrane of Crystallized Plasma-Vapor*: in the Aurora Continuum at Dimensional Sub-frequency Bands-6.5 (D-2 sf-6.5, D-5 sf-6.5, D-8 sf-6.5, D-11 sf-6.5, D-14 sf-6.5), between the External Atmic (D-3, D-6, D-9, D-12, D-15 "mental") and Telluric (D-2, D-5, D-8, D-11, D-14 "elemental/physical-atomic/emotional") dimensional fields. - **Trypton Plasma-Vapor Crystals**. Carries the E'LAi'sa Code encryption governing the Cos-MY'ah **External Partiki Planes and Atmic-Atomic Cos-MY'ah Creation**.

Trypton Plasma-Vapor Crystals: *Tryptecs* (Plasma-Vapor Units of *Tryptose* that form the Atmic *Tryptoplasmic Field* between the *Rasha Template and External Atmic dimensional fields*) **cluster, bond, cool and crystallize** within the External Atmic dimensional fields, forming *Trypton Plasma-Vapor Crystals*. As the Trypton Crystals cool, they drop in frequency to into *Dimensional Sub-frequency band-6.5* of the *Telluric* dimension below (D-2 sf-6.5, D-5 sf-6.5, D-8 sf-6.5, D-11 sf-6.5, D-14 sf-6.5), forming the organic **Tan-Chi'-Ti Membrane of Crystallized Plasma-Vapor** between the External Atmic (D-3, D-6, D-9, D-12, D-15 "mental/atmospheric") and *Telluric* (D-2, D-5, D-8, D-11, D-14 "elemental/physical-atomic/emotional") dimensional fields.

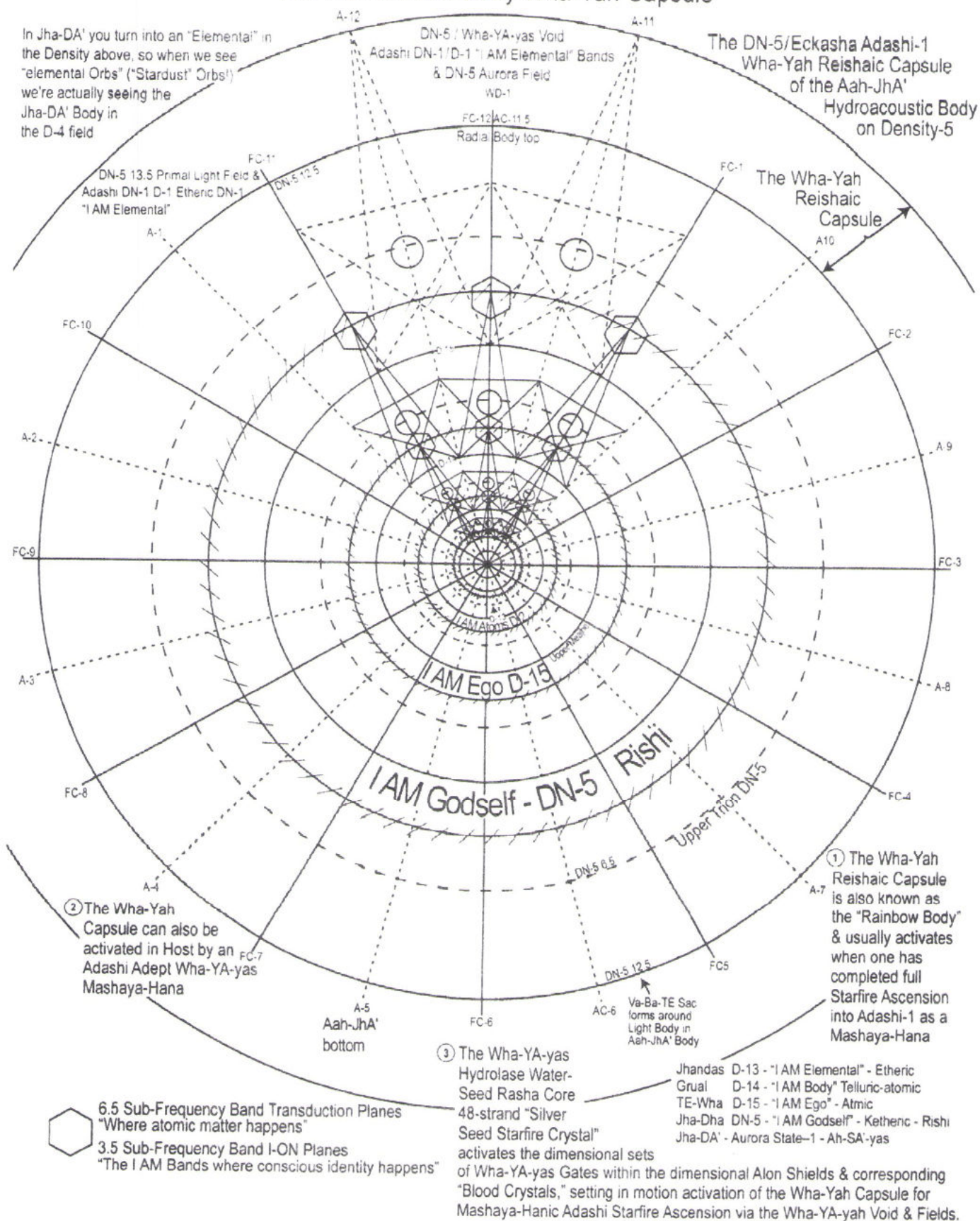
The E'LAi-sa Al-Hum-Bhra Chismatic Field:
The Eternal Krystar Silver-Seed Helio-plasmic Template & the "E'LAi-sa Code".

The **Chismatic Field** is the *Core Internal-Plasma Krystar Template* of manifest **Cos-MY'ah** creation, which carries the full, indelible, *Tryptose-Hydrolase* Eternal Krystar-Core **Helio-Plasmic E'LAi'-sa Silver-Seed Encryption** of the Sun-8 **E'LAi'-sa Krystar Seed Crystal**. The **E'LAi'-sa Krystar Seed Crystal** carries the full Eternal Divine Encryption of the "**E'LAi-sa Code**". The E'LAi'-sa Code of Sun-8 Cosminyahs-Al-Hum-Bhrus is the "**Krystar Fail-Safe**" **mathematical code** that is eternally built into the Original Eternal-Life Kryst Code. The "**E'LAi-sa Code**" ensures that the Eternal Life Kryst Code **perpetually remains eternal**, by resetting the **Eternal Krystar-Core Helio-Plasmic Silver-Seed Encryption** within the **Chismatic Field** *Core Internal-Plasma Template* of manifest **Cos-MY'ah** creation.

The Eternal Krystar Silver-Seed Helio-plasmic Template is composed of **3 Primary Layers**, the **Inner/Internal D-Planes Tryptonic Field**, the **Middle/Rasha Tryptoplasmic Field** and the **Outer/External Tan-Chi'-Ti Membrane**.

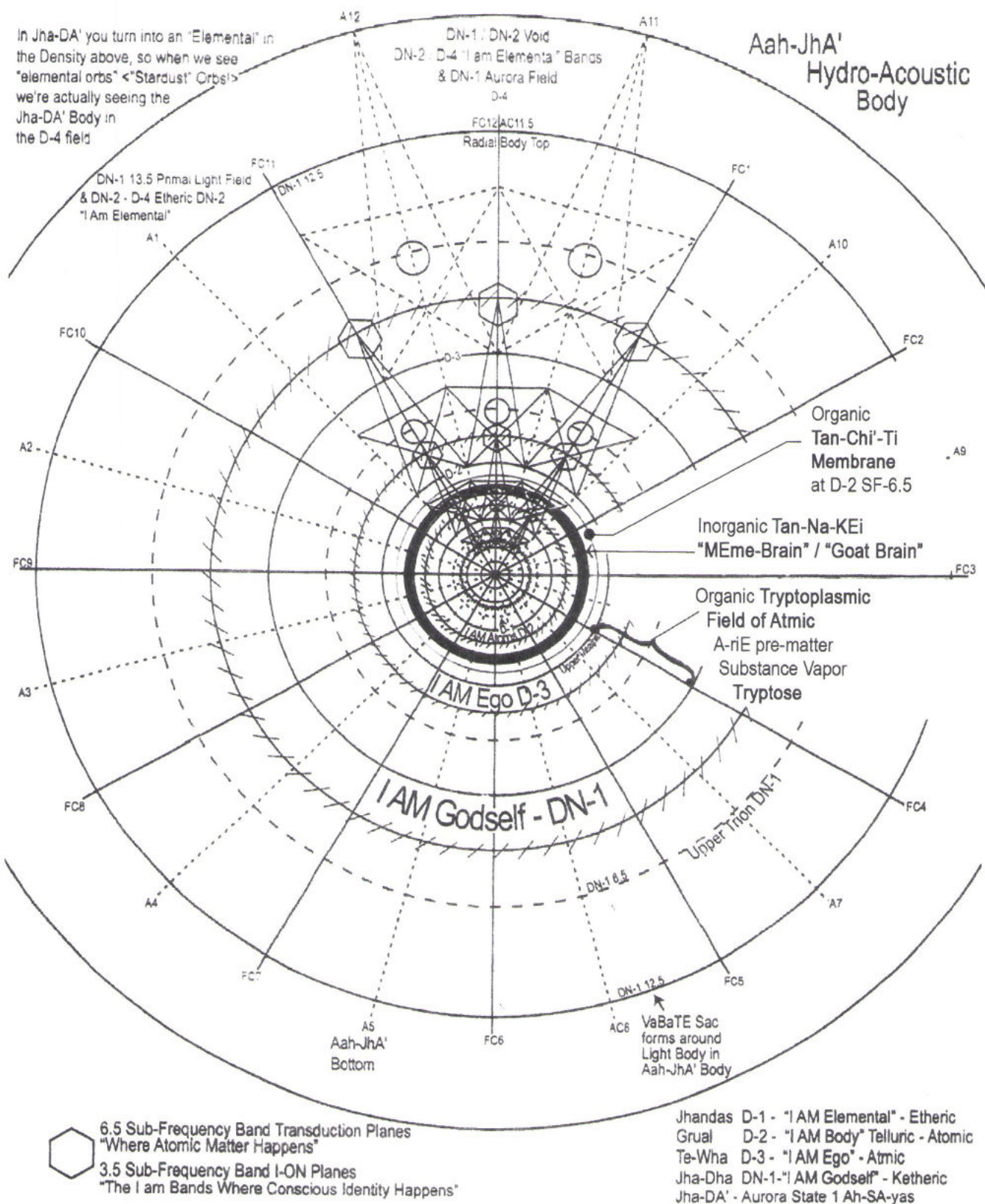
1. **Atmic Tryptonic Field**: in the Aurora Continuum between the *Rasha Dark-Matter Template* and *DhA-ya-TEi-Planes Fields*.- **Tryptite Plasma-Vapor-Sparks** of *Tryptose* (D-Planes Hydrolase Living Water).
The *Tryptonic Field* is a free-flowing Atmic *Plasma-Vapor-Spark Field* made of *Tryptite Vapor-Sparks*, that carries the E'LAi'sa Code encryption governing the Cos-MY'ah **DhA-ya-TEi M-Partiki Planes and Ketheric/Etheric-Atomic Cos-MY'ah Creation**.
2. **Atmic Tryptoplasmic Field**: in the Aurora Continuum between the *Rasha-ParTEi-Ki Dark-Matter Template* and *External Atmic dimensional fields* (D-3/D-6/D-9/D-12/D-15).- **Tryptec Plasma-Vapor Units** of *Tryptose*.
The *Tryptoplasmic Field* is a free-flowing Atmic *Plasma-Vapor-Unit Field* made of *Tryptec Vapor-Units*, that carries the E'LAi'sa Code encryption governing the Cos-MY'ah **Rasha Dark-Matter ParTEi'- Ki Planes and Telluric-Atomic Cos-MY'ah Creation**.
3. **Atmic Tan-Chi-Ti Membrane of Crystallized Plasma-Vapor**: in the Aurora Continuum at Dimensional Sub-frequency Bands-6.5 (D-2 sf-6.5, D-5 sf-6.5, D-8 sf-6.5, D-11 sf-6.5, D-14 sf-6.5), between the External Atmic (D-3, D-6, D-9, D-12, D-15 "mental") and Telluric (D-2, D-5, D-8, D-11, D-14 "elemental/physical-atomic/emotional") dimensional fields.- **Trypton Plasma-Vapor Crystals**.
The *Tan-Chi'-Ti Membrane* is a free-flowing Atmic *Plasma-Vapor-Crystal Field* made of *Trypton Vapor-Crystals*, that carries the E'LAi'sa Code encryption governing the Cos-MY'ah **External Partiki Planes and Atmic-Atomic Cos-MY'ah Creation**.

The Elemental-Atomic Penta-g'el Flows of the DN-5 Aah-JhA Hydro-Acoustic Body and the Rainbow Body Wha-Yah Capsule

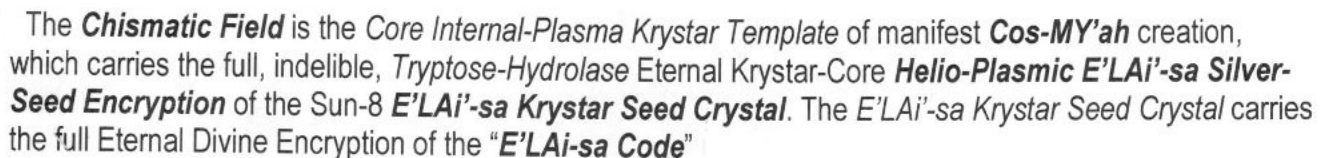


The Organic Tryptoplasmic Field & Tan-Chi'-Ti Membrane and the Inorganic Tan-Na-KEi "MEme-Brain/Goat-Brain"

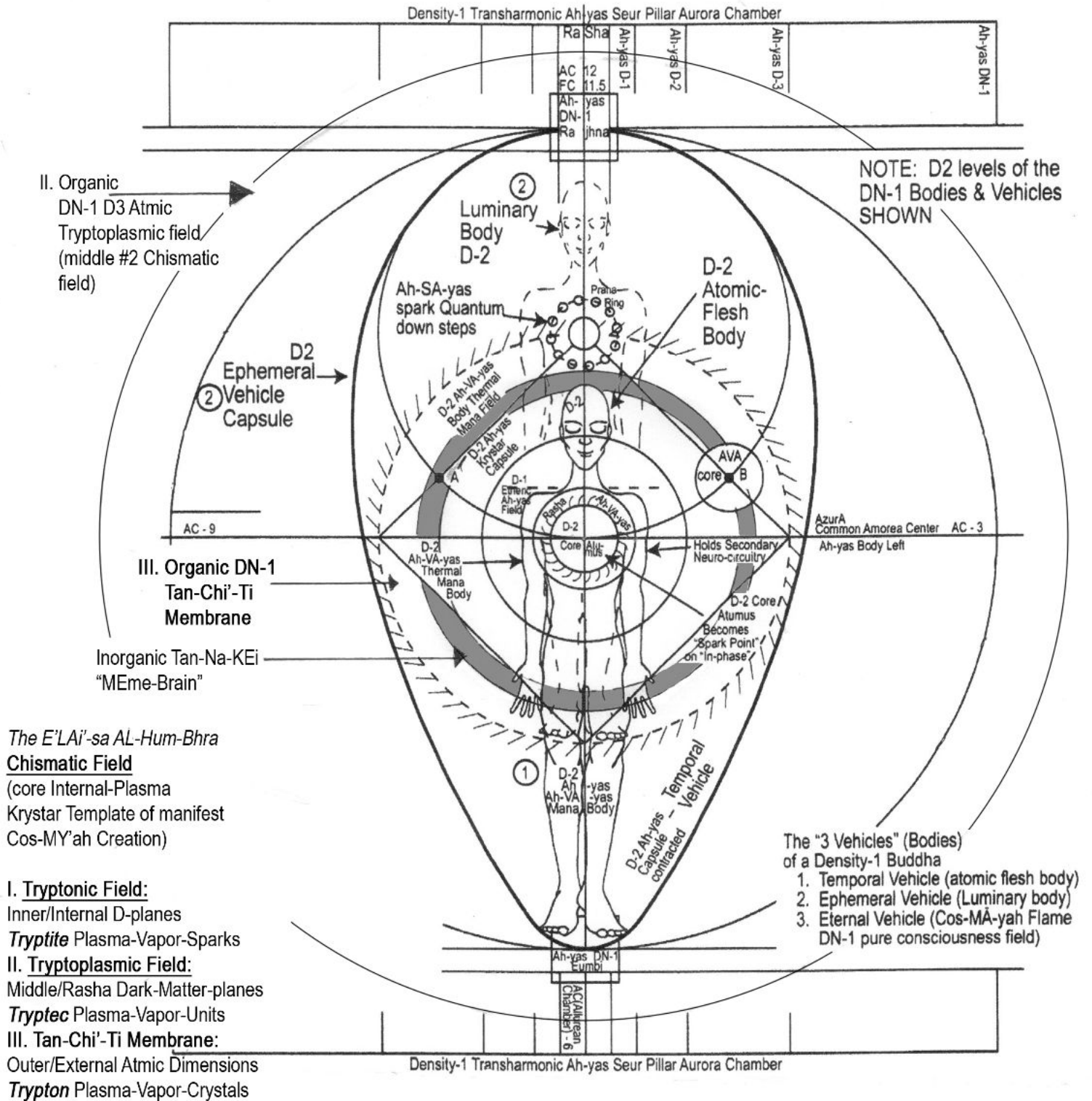
The Elemental-Atomic Penta-g'el flows of the DN-1 Aah-jhA' Hydro-Acoustic Body



The Tryptonic Field, Tryptoplasmic Field & the Tan-Chi'-Ti Membrane in the Aah-JhA' Hydro-Acoustic/Jha-DA Orb Body of the Spirit Body Anatomy

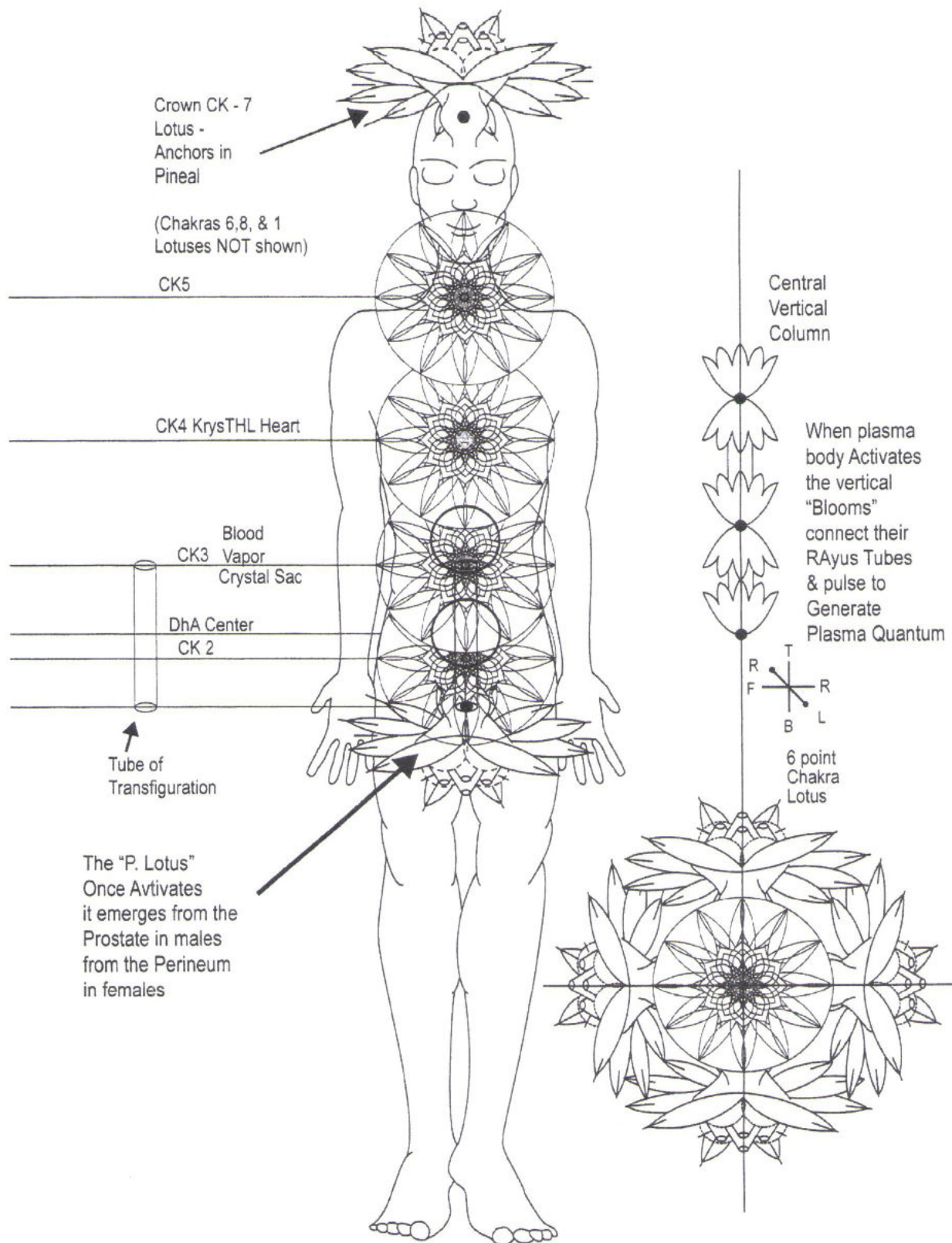


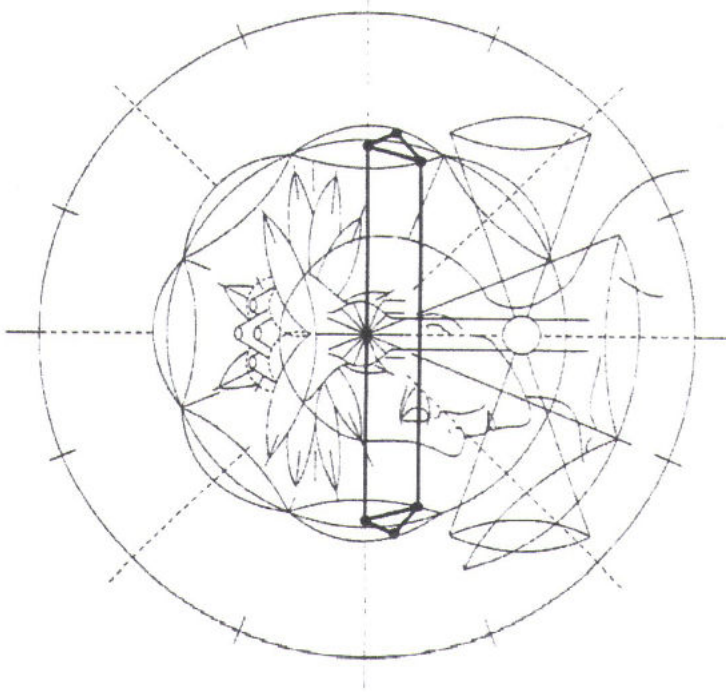
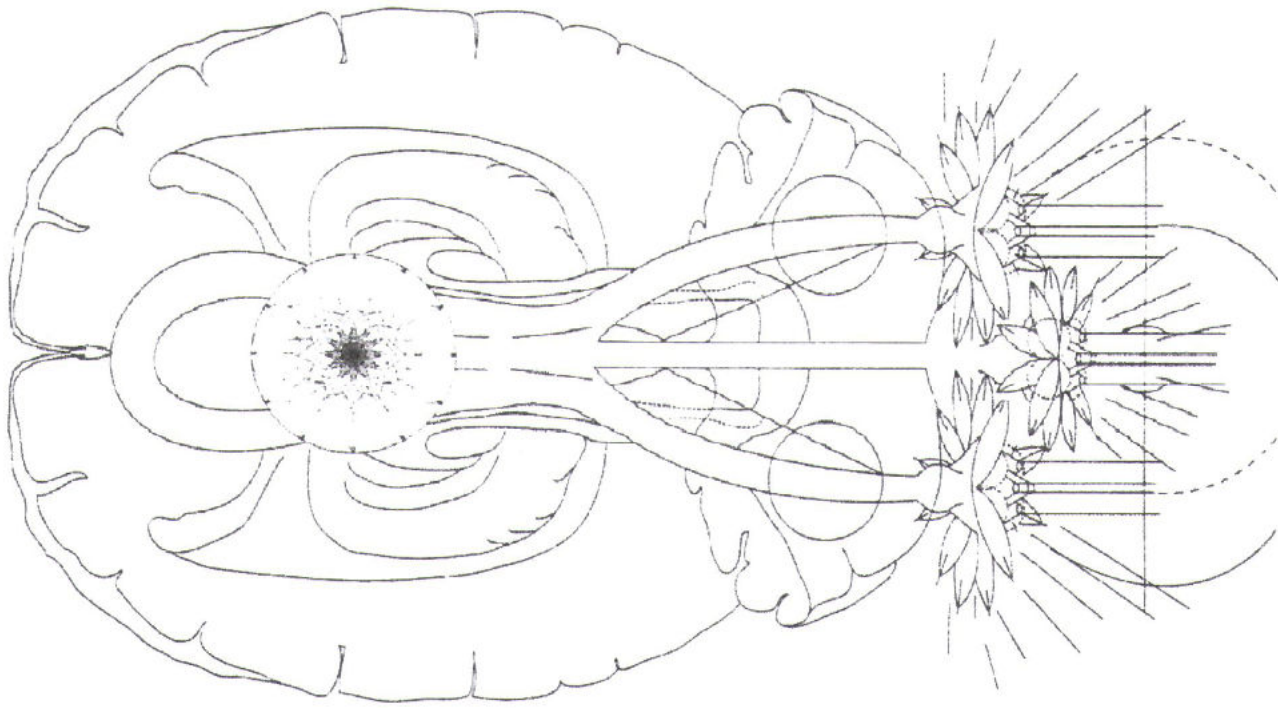
The Inorganic Tan-Na-KEi “MEme-Brain”, R-Trypton MEmoplexes and Schema, and the “Goat Brain” Response.



The inorganic Tan-Na-KEi “MEme-Brain” forms as a reversed, bipolar distortion layer within the organic Tan-Chi'-Ti membrane external Krystar plasma template. It forms at Telluric subfrequency bands - 5.5 on each of the five densities. It is composed of Reversed-Trypton Plasma Vapor Crystals that cluster to form MEmes, MEmoplexes, Schema and Super Schemas R-Trypton constructs within the Tan-Chi'-Ti membrane. The Tan-Na-KEi “MEme-Brain” polarizes the Tan-Chi'-Ti membrane, creating the “sub-conscious” and “unconscious minds”. The Tan-Na-KEi “MEme-Brain” / “Goat Brain” directs the function or neural networks and the sympathetic and autonomic nervous systems, and is responsible for the “fight-flight-freeze” response and its related distortions. It serves as a self-replicating false memory matrix on personal, mass and Cos-MY-Yah levels.

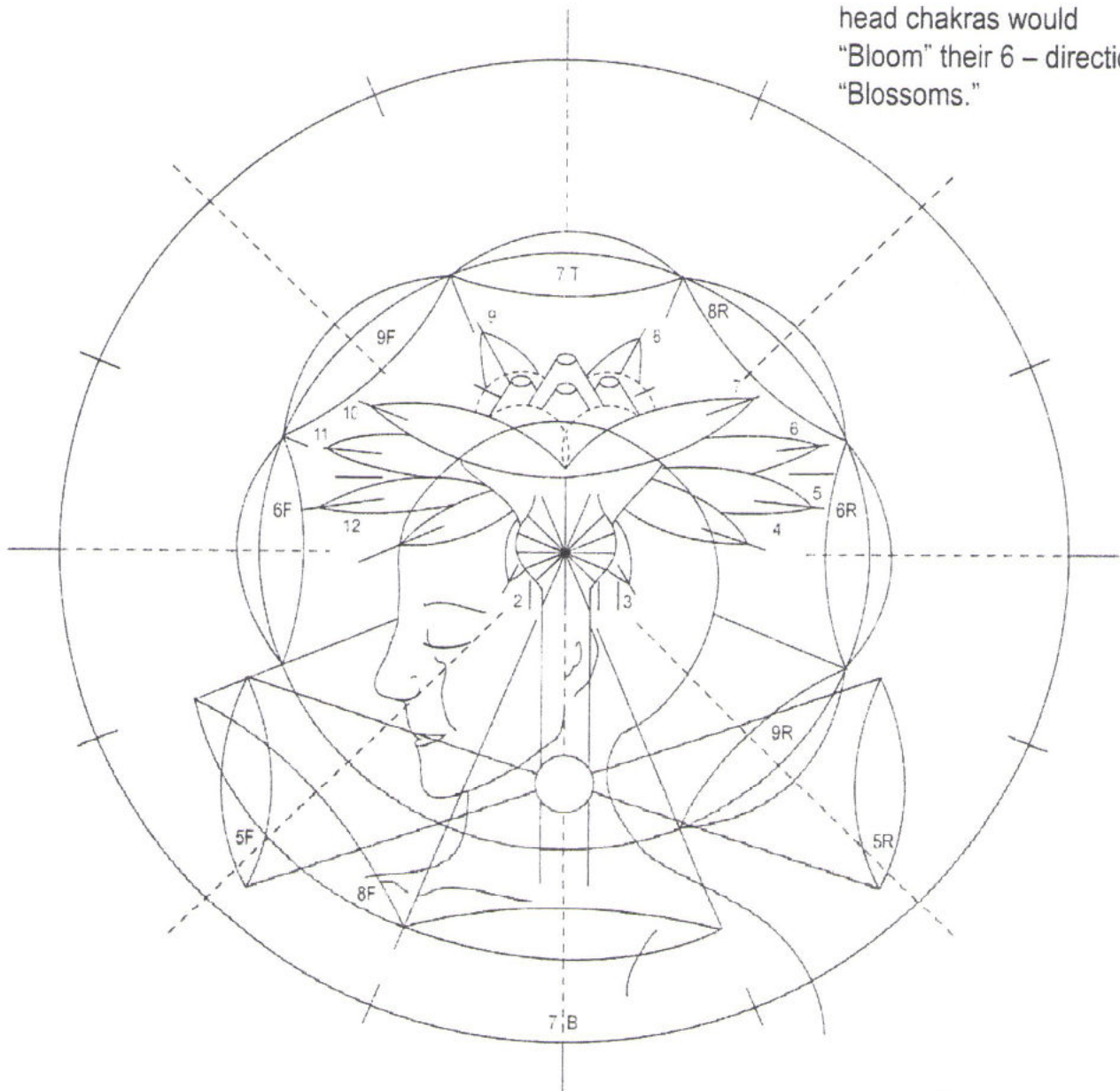
Plasma Body Lotus Anatomy - Basic Structure





One.....
 Krystened.....
 Eye.....

At full Plasma Body
activation all of the
head chakras would
"Bloom" their 6 – direction
"Blossoms."



Fail Safe Stand 2B: 4/9/2012

2nd Eye of RhAyas:

Ah-LA-yah

AL-Hum-Bhra

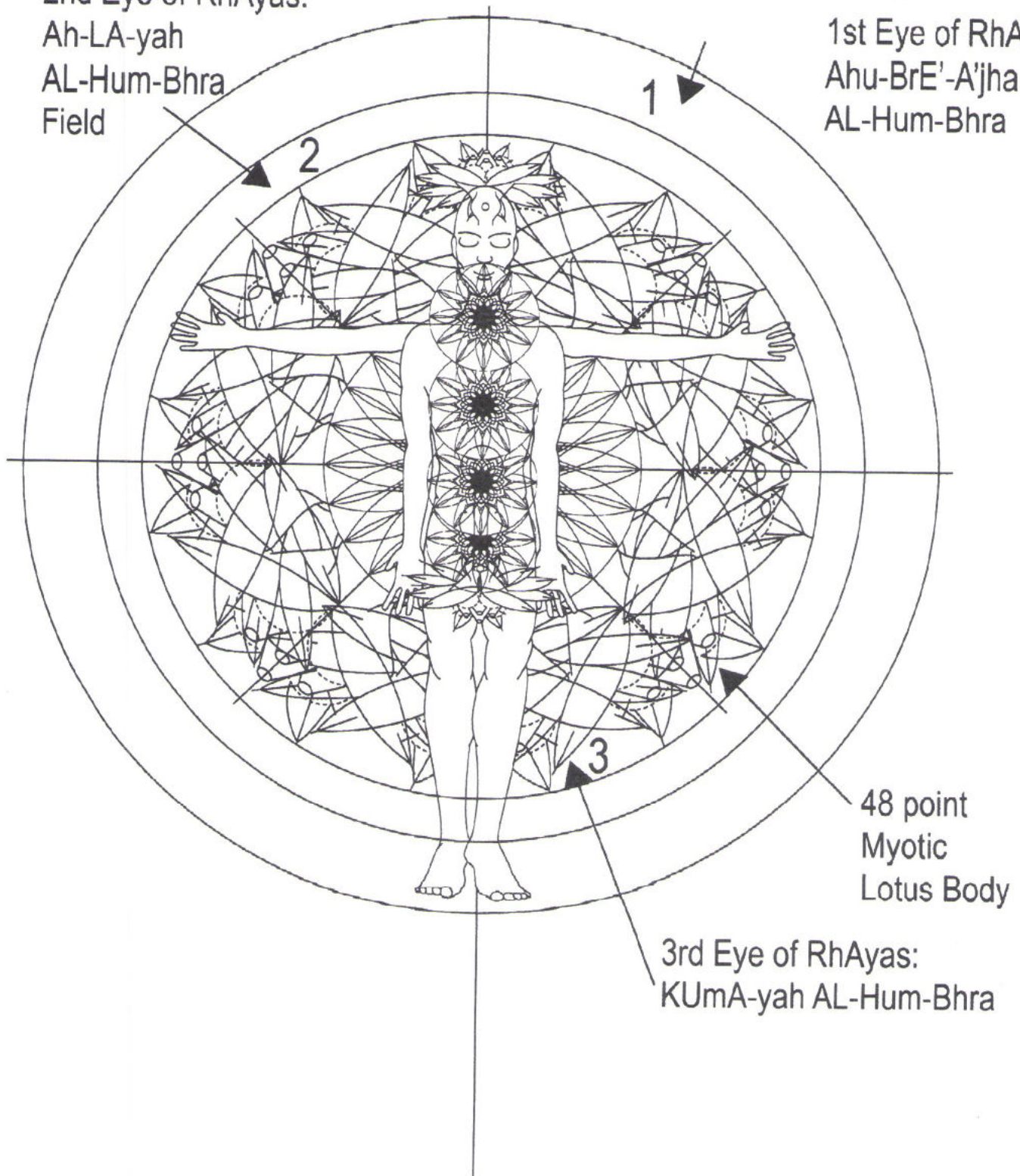
Field

The Myotic Lotus Body and "The Eternal Eyes of RhAyas"

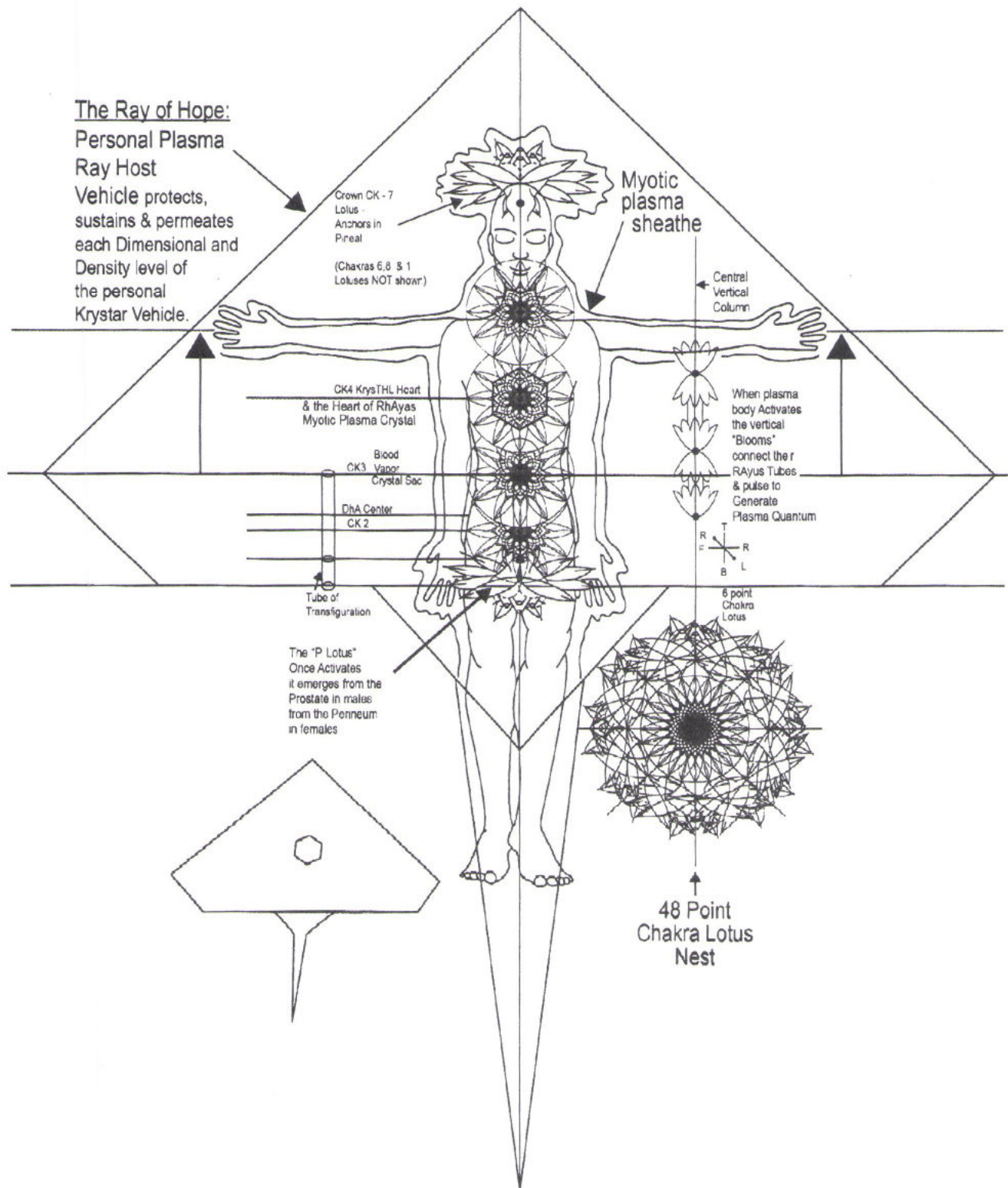
1st Eye of RhAyas:

Ahu-BrE'-A'jha

AL-Hum-Bhra



Fail Safe Stand-2B: The Ray of Hope 4/9/2012



The Shield of AL-hum-Bhra & Seal of the Krystal RhAyas AL-hum-Bhra

5/26/12 Fail-Safe Stand - Part 1A

Activation of the Crux-an-Satea "0 Density Field"

A.CKS 4+3=7

B.CKS 5+2=7

C.CKS 6+1=7

D.CKS 7+0=7

DN1
0-Point

Personal "777" Krystar DhA'-ya-TEi Span
RhAyas Ah-min'-yas flows

Crux-an-satea
activates with
7-7-7-7
flame
activation

Activates with
"Vows 8-12"

Shield
of AL-Hum-Bhra
(3 Myotic Chambers)
"Flame of
AL-Hum-Bhra
Myotic
Flame
"Burners"

"Seal of the
Krystal RhAyas" AL-Hum-Bhra

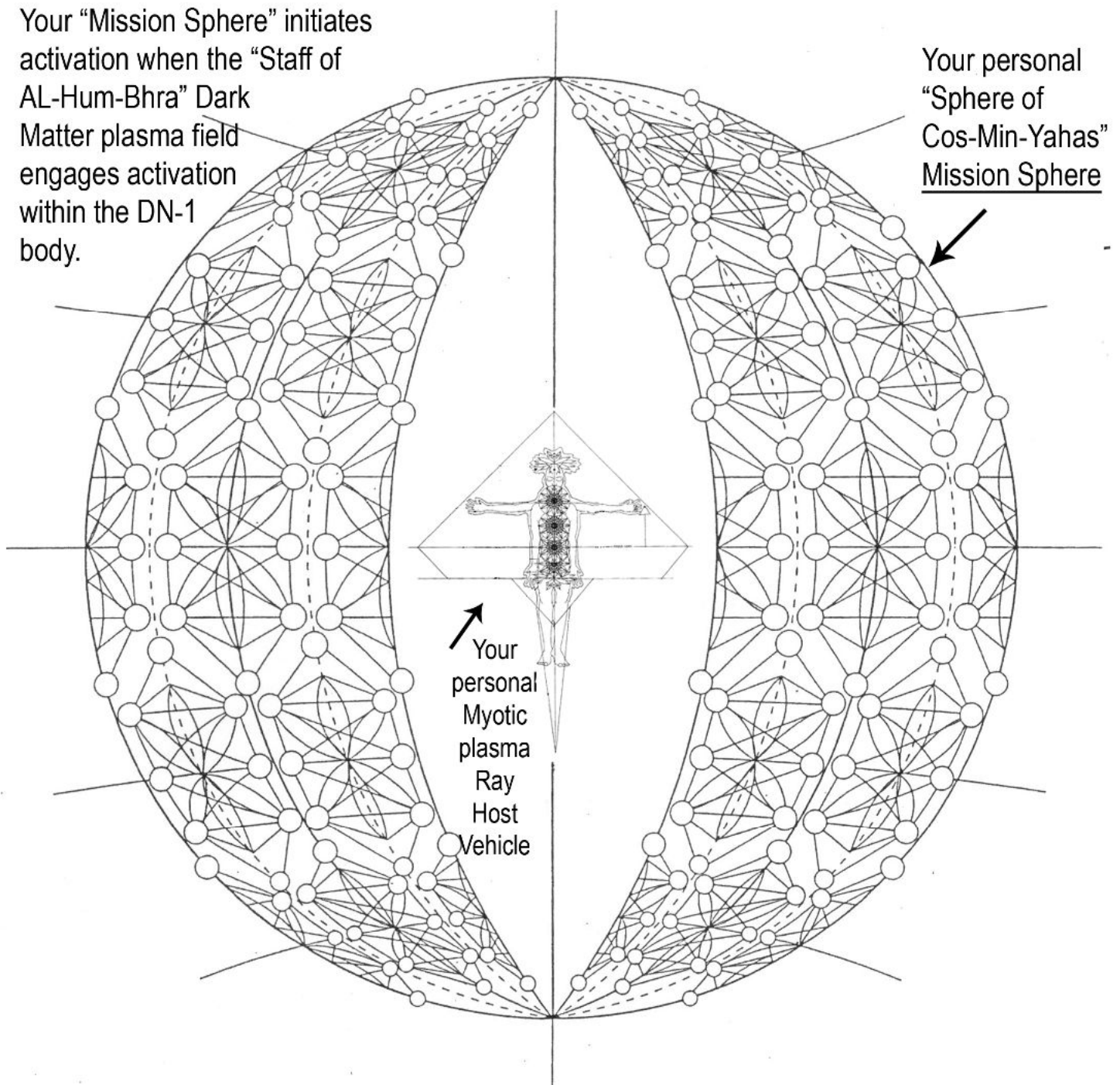
Ck-3 AL-Hum-Bhra
Point

male

female

Forms Aquos & Auros
Myotic Plasma
liquid Sound
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The Ari-E Ah-RhA-yas Ah-min-yahas AL-Hum-Brus Krystal Host Sphere -
(also known as the "Sphere of Cos-min-Yahas" or "Mission Sphere")

Excerpt: Recommended Reading on Schemas and Narcissism

disarming the narcissist

Surviving & Thriving
with the Self-Absorbed

WENDY T. BEHARY, LCSW

Preface by Daniel J. Siegel, MD

Foreword by Jeffrey Young, Ph.D.

The Eighteen Early Maladaptive Schemas

In this chapter, you'll engage in a parallel process of discovery, looking at your schemas in conjunction with those of the narcissist. To begin your personal discovery, let's examine the eighteen early maladaptive schemas identified by Jeffrey Young. As you read through the material below, see if you can identify the schemas that feel true for you; also keep an eye out for schemas that may hold sway over the narcissist in your life.

Understanding the Anatomy of Personality: Schemas and the Brain

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Using Schemas to Understand Interactions with a Narcissist

You might find that you and the narcissist in your life have, within your collections, some matching schemas, which may have originated from either similar or very different backgrounds. What differentiates the two of you, despite those potentially similar schemas, is the way in which you cope with them. Let's say, for example, that you grew up with a mom who was very subjugated and self-sacrificing—not just giving and generous, but truly with little capacity to express her own needs and wants. She may have been a “path of least resistance” type of person who avoided confrontations and felt guilty when she was the center of attention. She may have occasionally shown signs of resentment when she was tired and overburdened by her load, or if she felt stifled about something important to her. You may have adopted this schema from witnessing her ways with people, including the unruly ones. As a result, you may tend to enact your self-sacrificing and subjugation schemas by giving in whenever the narcissist in your life activates the “play” button on your internal tape. This type of response is particularly characteristic of women.

Unfortunately, this no-way-out coping style will perpetuate the very schemas you seek to escape. The more you give in to your self-sacrificing and subjugation beliefs—for example, enabling your narcissist's bad habits or keeping your mouth shut as requested—the more strength these beliefs will gain in keeping you stuck. It's not your fault, however. It's an automatic process that, without awareness, understanding, and hard work, will just continue to show up like the sun rising each day in the eastern sky.

The following list of schemas typically triggered by interactions with a narcissist will help you see that when you surrender or give in as a means of coping, you are actually blocking effective healing of schema-driven beliefs and behaviors that hold your assertive voice hostage.

42 Disarming the Narcissist

Co-Dependant Schemas

Excerpt from:
Disarming the Narcissist -
Surviving & Thriving with
the Seld Absorbed,
by Wendy T. Behary, LCSW

TYPICAL SCHEMAS THAT GET TRIGGERED BY NARCISSISTS

- **Self-sacrifice:** It's tough to ask for what you need without feeling unworthy or guilty. Narcissists make it even tougher. You can get torn between feelings of guilt and resentment.
- **Subjugation:** It's difficult to be assertive when it comes to your personal rights and opinions. Narcissists can be intimidating, forcing you to bury your anger or forbidding you your point of view.
- **Abandonment/instability:** You are so fearful of being rejected or alone that you will put up with the limitations and tormenting behaviors of your narcissist.
- **Defectiveness/shame:** You feel inadequate and undesirable. You easily buy into the criticisms that are hurled at you by the narcissist, taking the blame and feeling it's your fault when he is unhappy with you. You often feel you need to fix yourself.
- **Emotional inhibition:** You are in the habit of keeping your feelings to yourself. You are stoic and overly controlled when it comes to your emotions. The narcissist can have emotional outbursts, while you stand by in silent, invisible sorrow.
- **Emotional deprivation:** You have never believed that you would find someone to meet your emotional needs, to really love you and understand you, to protect you and care about you. The narcissist lives up to your expectation. You are sad, but this is familiar.
- **Mistrust/abuse:** Your relationship with the narcissist when he's in his hurtful or abusive mode feels like a reenactment of the past. You know how to put up with it, and it feels impossible to fight it. Even when you try to fight, you usually end up giving in.
- **Unrelenting standards:** You try harder and harder to be the perfect partner, friend, sibling, or employee, because you know that this is expected of you. You will compromise pleasure and spontaneity in an effort to live up to his standards.

Excerpt:

Wikipedia, the free encyclopedia

Codependency

Patterns and characteristics

Avoidance patterns:

- I act in ways that invite others to reject, shame, or express anger toward me.
- I judge harshly what others think, say, or do.
- I avoid emotional, physical, or sexual intimacy as a means of maintaining distance.
- I allow my addictions to people, places, and things to distract me from achieving intimacy in relationships.
- I use indirect and evasive communication to avoid conflict or confrontation.
- I diminish my capacity to have healthy relationships by declining to use all the tools of recovery.
- I suppress my feelings or needs to avoid feeling vulnerable.
- I pull people toward me, but when they get close, I push them away.
- I refuse to give up my self-will to avoid surrendering to a power that is greater than myself.
- I believe displays of emotion are a sign of weakness.
- I withhold expressions of appreciation.

Denial patterns:

- I have difficulty identifying what I am feeling.
- I minimize, alter or deny how I truly feel.
- I perceive myself as completely unselfish and dedicated to the well-being of others.
- I lack empathy for the feelings and needs of others.
- I label others with my negative traits.
- I can take care of myself without any help from others.
- I mask my pain in various ways such as anger, humor, or isolation.
- I express negativity or aggression in indirect and passive ways.
- I do not recognize the unavailability of those people to whom I am attracted.

Low self-esteem patterns:

- I have difficulty making decisions.
- I judge everything I think, say or do harshly, as never "good enough."
- I am embarrassed to receive recognition and praise or gifts.
- I do not ask others to meet my needs or desires.
- I value others' approval of my thinking, feelings and behavior over my own.
- I do not perceive myself as a lovable or worthwhile person.
- I constantly seek recognition that I think I deserve.
- I am jealous of the relationships between others I would like to have as my own.
- I have difficulty admitting that I made a mistake.
- I need to appear to be right in the eyes of others and will even lie to look good.
- I perceive myself as inferior to others.
- I look to others to provide my sense of safety.
- I have difficulty getting started, meeting deadlines, and completing projects.
- I have trouble setting healthy priorities.

Compliance patterns:

- I compromise my own values and integrity to avoid rejection or others' anger.
- I am very sensitive to how others are feeling and feel the same.
- I am extremely loyal, remaining in harmful situations too long.
- I value others' opinions and feelings more than my own and am afraid to express differing opinions and feelings of my own.
- I put aside my own interests and hobbies in order to do what others want.
- I accept sex and/or sexual attention when I want love.
- I am afraid to express my beliefs, opinions, and feelings when they differ from those of others.
- I make decisions without regard to the consequences.
- I give up my truth to gain the approval of others or to avoid change.

Control patterns:

- I believe most other people are incapable of taking care of themselves.
- I attempt to convince others of what they "should" think and how they "truly" feel.
- I become resentful when others will not let me help them.
- I freely offer others advice and directions without being asked.
- I lavish gifts and favors on those I care about.
- I use sex to gain approval and acceptance.
- I have to be "needed" in order to have a relationship with others.
- I demand that my needs be met by others.
- I use charm and charisma to convince others of my capacity to be caring and compassionate.
- I use blame and shame to emotionally exploit others.
- I refuse to cooperate, compromise, or negotiate.
- I adopt an attitude of indifference, helplessness, authority, or rage to manipulate outcomes.
- I have obsessive, compulsive thinking patterns and cannot focus on daily activities.
- I use terms of recovery in an attempt to control the behavior of others.
- I pretend to agree with others to get what I want.

Excerpt:

Codependency - Wikipedia, the free encyclopedia

<http://en.wikipedia.org/wiki/Codependency>

Codependency

From Wikipedia, the free encyclopedia

Codependency is defined as a psychological condition or a relationship in which a person is controlled or manipulated by another who is affected with a pathological condition (typically narcissism or drug addiction); and in broader terms, it refers to the dependence on the needs of, or control of, another.^[1] It also often involves placing a lower priority on one's own needs, while being excessively preoccupied with the needs of others.^[2] Codependency can occur in any type of relationship, including family, work, friendship, and also romantic, peer or community relationships.^[2] Codependency may also be characterized by denial, low self-esteem, excessive compliance, or control patterns.^[2] Narcissists are considered to be natural magnets for the codependent.

Codependency describes behaviors, thoughts and feelings that go beyond normal kinds of self-sacrifice or caretaking. For example parenting is a role that requires a certain amount of self-sacrifice and giving a child's needs a high priority, although a parent could nevertheless still be codependent towards their own children if the caretaking or parental sacrifice reached unhealthy or destructive levels.^[2] Generally a parent who takes care of their own needs (emotional and physical) in a healthy way will be a better caretaker, whereas a codependent parent may be less effective, or may even do harm to a child.^[2] Another way to look at it is that the needs of an infant are necessary but temporary whereas the needs of the codependent are constant.

People who are codependent often take on the role as a martyr; they constantly put others' needs before their own and in doing so forget to take care of themselves. This creates a sense that they are "needed"; they cannot stand the thought of being alone and no one needing them. Codependent people are constantly in search of acceptance. When it comes to arguments, codependent people also tend to set themselves up as the "victim". When they do stand up for themselves, they feel guilty.

Codependency does not refer to all caring behavior or feelings, but only those that are excessive to an unhealthy degree.^[6] Indeed, from the standpoint of Attachment theory or Object relations theory, "to risk becoming dependent"^[7] may be for the compulsively self-reliant a psychological advance, and "depending on a source outside oneself ... successful, or tolerable, dependence"^[8] may be valorized accordingly.

Co-Dependents Anonymous offers these patterns and characteristics as a tool to aid in self-evaluation.^[2]

Narcissistic Schemas

Excerpt from:

Disarming the Narcissist - Surviving & Thriving with the Seld Absorbed,
by Wendy T. Behary, LCSW

Now, as you read the following list of schemas typical of narcissists, note how the narcissist tries to fight his schemas or overcompensate for them. He avoids contacting the emotions associated with his schemas rather than surrendering to them.

TYPICAL SCHEMAS ASSOCIATED WITH NARCISSISM

- **Emotional deprivation:** No one will ever meet his needs and love him for who he is. Therefore, he must never need anyone. He strives for perfection, success, and autonomy.
- **Mistrust/abuse:** He believes that people are only nice to him because they want something from him. He avoids true intimacy and is highly skeptical of the motives of others.
- **Defectiveness/shame:** At a very core, unaware level, he feels unlovable and ashamed of himself. He keeps that realization away from his consciousness by indulging in addictive self-soothing activities (including workaholism), demanding approval for his outstanding performances, and acting entitled to special treatment.
- **Subjugation:** Control or be controlled. He is controlling.

- **Unrelenting standards:** There is no time for spontaneity, which can be a threat to his well-masked sense of inadequacy. He must sacrifice pleasure in order to do things perfectly, and often relentlessly. He is actually restless when out of his performance mode.
- **Entitlement/grandiosity:** This is the narcissist's hallmark schema. He feels special when he is treated differently than other humans. The rules don't apply to him. He has grandiose dreams and a sense of supreme self-importance. This is also a cover-up for a sense of defectiveness.
- **Insufficient self-control:** He refuses to accept limits and has little tolerance for discomfort. The narcissist wants what he wants, in whatever quantity or time frame that he chooses, and cannot tolerate having to wait or being refused what he wants.
- **Approval seeking:** His is a constant search for recognition, status, and the attention of others. This is usually an overcompensation for his loneliness and sense of defectiveness.

Excerpt:

Narcissism

From Wikipedia, the free encyclopedia

Narcissism is a generalized personality trait characterized by egotism, vanity, pride, or selfishness. However, *narcissism* has subsequently included particular meanings in specific fields, including:

- A central concept of psychoanalytic theory
- A mental illness
- A social or cultural problem
- A personality trait.

Except in the sense of primary narcissism or healthy self-love, narcissism is usually considered a problem in a person or group's relationships with self and others.

Narcissism and boundaries

According to Hotchkiss, narcissists do not recognize that they have boundaries and that others are separate and are not extensions of themselves. Others either exist to meet their needs or may as well not exist at all. Those who provide narcissistic supply to the narcissist will be treated as if they are part of the narcissist and be expected to live up to those expectations. In the mind of a narcissist there is no boundary between self and other.^[9]

Thomas suggests that narcissists typically display most, and sometimes all, of the following traits.^[5]

- An obvious self-focus in interpersonal exchanges
- Problems in sustaining satisfying relationships
- A lack of psychological awareness (see insight in psychology and psychiatry, egosyntonic)
- Difficulty with empathy
- Problems distinguishing the self from others (see narcissism and boundaries)
- Hypersensitivity to any insults or imagined insults (see criticism and narcissists, narcissistic rage and narcissistic injury)
- Vulnerability to shame rather than guilt
- Haughty body language
- Flattery towards people who admire and affirm them (narcissistic supply)
- Detesting those who do not admire them (narcissistic abuse)
- Using other people without considering the cost of doing so
- Pretending to be more important than they really are
- Bragging (subtly but persistently) and exaggerating their achievements
- Claiming to be an "expert" at many things
- Inability to view the world from the perspective of other people
- Denial of remorse and gratitude

Hotchkiss' seven deadly sins of narcissism

Hotchkiss identified what she called the seven deadly sins of narcissism.^[6]

1. **Shamelessness:** Shame is the feeling that lurks beneath all unhealthy narcissism, and the inability to process shame in healthy ways.
2. **Magical thinking:** Narcissists see themselves as perfect, using distortion and illusion known as magical thinking. They also use projection to dump shame onto others.
3. **Arrogance:** A narcissist who is feeling deflated may reinflate by diminishing, debasing, or degrading somebody else.
4. **Envy:** A narcissist may secure a sense of superiority in the face of another person's ability by using contempt to minimize the other person.
5. **Entitlement:** Narcissists hold unreasonable expectations of particularly favorable treatment and automatic compliance because they consider themselves special. Failure to comply is considered an attack on their superiority, and the perpetrator is considered an "awkward" or "difficult" person. Defiance of their will is a narcissistic injury that can trigger narcissistic rage.
6. **Exploitation:** Can take many forms but always involves the exploitation of others without regard for their feelings or interests. Often the other is in a subservient position where resistance would be difficult or even impossible. Sometimes the subservience is not so much real as assumed.
7. **Bad boundaries:** Narcissists do not recognize that they have boundaries and that others are separate and are not extensions of themselves. Others either exist to meet their needs or may as well not exist at all. Those who provide narcissistic supply to the narcissist are treated as if they are part of the narcissist and are expected to live up to those expectations. In the mind of a narcissist there is no boundary between self and other.

Get the book
narcissists hope
you never read.

Narcissists
EXPOSED

10 Things Narcissists
Don't Want You to Know



7 Things Narcissists Do...

1. THEY REFUSE RESPONSIBILITY.

It's not their fault. Not EVER. It's always *your* fault. *His* fault. *Her* fault. To a narcissist, it's not *their* fault they hurt you, it's *your* fault for being hurt-able. If your feelings are hurt, it's not their fault; it's *your* fault - for having feelings. (You may be told that you're "choosing" to feel bad about the hurtful things they've done, and that it's the wrong "choice".) If caught doing something insensitive or selfish, they will tell you they "had to" do it because of someone or something else. If you imply that anything is their responsibility, they give you excuses and lies, and often, if those fail to work, they will finally make it clear that the bottom line is they simply don't care because they don't have to, and the fact that you care is just unnecessary or wrong. From their perspective, you shouldn't care -- you should get it right like they do, and be more like they are. Uncaring.

2. THEY LIE.

Narcissists lie to make themselves look good. They lie to get out of emotional responsibility. They lie to manipulate. They lie to gain influence. They lie out of habit. Life is a game to narcissists - a game they have to think they're winning - and truth is one casualty in their game plan. The only time a narcissist has any interest in telling the truth is when it will serve them or cost them nothing to do so. The rest of the time, they don't consider it necessary or important to be all that honest. Honesty can impede their self-gratification and compromise their powerful persona, and they don't like that. To narcissists the truth is frequently "flexible" and optional. There's no such thing as an honest narcissist.

Excerpts:

LIGHT'S HOUSE

<http://www.lighthouse.org/things-narcissists-do.html>

3. THEY LOOK DOWN ON YOU.

Narcissists have to make themselves feel bigger by convincing themselves others are smaller by comparison. They're no strangers to being condescending, snobby, clique-ish, elitist and superior; however, they may be very good at hiding their disdain to prevent a loss of popularity, which narcissists know brings them power. Narcissists with money look down on the working class. Narcissists in the working class look down on those with more money. Educated narcissists dismiss the opinions of those who have no degree. Narcissists with no degree claim educated people don't actually know anything. Whatever narcissists HAVE (or think they have) is what they use to look down on others WITH. No-one else's background, appearance, values, political persuasion, school, preferences, religion, way of life, profession or opinions are ever any good or worthy of their respect unless they themselves value and/or possess the same. If you think or choose differently from a narcissist, you're "wrong", and they're "right".

4. THEY'RE TWO-FACED.

Narcissists have two faces -- their real face and their stage face. And neither is anything like the other. Which one you see will depend on how long you've known them. Narcissists can be very charming and know how to gain favor. Anyone who doesn't know a narcissist well will tell you the narcissist is one of the greatest people they've ever met! They believe this is one of the most intelligent, kindest, most interesting, funny, agreeable, most attractive, talented or accomplished people ever. They may wish they themselves had it so "together" or were so popular. However, anyone who knows that same narcissist better (family members, longtime coworkers, etc) will tell you the narcissist is one of the most horribly frustrating and toxic people they know, and the mere mention of their name makes them feel uneasy, angry, frustrated or otherwise unhappy. Being the only one who is experiencing a narcissist's real face, while all other family members or coworkers can still only see the narcissist's stage face is a very lonely, painful and frustrating place to be. Thankfully, the number of people who can see through the facade tends to increase with time.

Excerpts: Light's House Continued

5. THEY'RE VINDICTIVE.

If you dare to question a narcissist or request things like healthy boundaries and honesty, you're going to become public enemy number one. The "Mr. or Ms. Wonderful" mask immediately comes off, and there is no level they will not stoop to in order to "punish" you. They have myriad ways of attempting this; some are covert, and some are open and obvious. The narcissist has a seemingly inexhaustible obsession for making people who cross them "pay". Once they set their sights on you, you're a permanent enemy, and their seething spite will feel as intense years down the road as it did when it first began. The length of time they can keep up the full intensity of their hatred for you and their campaign to exact revenge is absolutely dumbfounding to non-narcissistic people.

6. THEY PROJECT PSYCHOLOGICALLY.

Many mentally disordered individuals project frequently. Narcissists, however, are some of the most *actively and severely* projecting people encountered. Ever full of accusations and criticisms, the most crazy-making thing about most of the narcissist's claims is that **YOU** are doing exactly what **THEY** are doing. (Projection.) Have they just lied to you? Well, you're about to be called dishonest. Are they cheating you out of an opportunity? You're going to get the finger pointed at you for being sneaky. And you can't say a word to them about something hurtful they have done, because that makes you an abuser - *of them*. You can't give them anything but glowing feedback without their raging at you, but *you'll* be the one constantly criticized severely and then called freakishly oversensitive if you show any feelings about it. And if they say so, it's law -- *you* don't know *what* you're talking about.

7. THEY SMEAR PEOPLE WHO OPPOSE THEM.

Narcissists are allergic to healthy boundaries and fairness. If you question the insensitive things they do or put any limits whatsoever on their bad behavior, you will be targeted for social, professional, or personal obliteration. Whatever narcissists perceive to be your psychological or situational "weak spots" will be their prime targets. For instance, if the narcissist knows that your greatest fear is social ridicule, that will be the main focus of the smear campaign. If he or she knows that recently, you made a mistake for which you feel guilty, that will be used against you. Narcissists know that the more effectively they can pinpoint your insecurities or flaws, the more successful they will be in eroding your confidence and your influence. And if they manage to do that, they stand a good chance of getting back the power they planned to do whatever they pleased with before you "got in their way".

Excerpts: Light's House Continued - "More Things Narcissists Do"

Smear Campaigns, Part 1 - A Blog About Toxic and Non-Toxic People

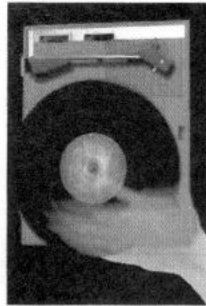
Light's Blog

A Blog About Toxic and Non-Toxic People

JUL 11
13

Smear Campaigns, Part 1

16 Comments



When healthy people feel upset about something, they may get angry. But toxic people don't just get mad - they *seethe* - and wage a *devious* smear campaign.

One of the clearest indicators you've got a mentally unstable person on your hands is smear campaigning. Smear campaigners carefully and strategically use lies, exaggerations, suspicions and false accusations to try destroying your credibility. They hide behind a cloak of upstanding heroism and feigned innocence in an attempt to make as many people as possible think their efforts are based not on their vindictiveness, but on upstanding concern.

As a smeared person, what you are most likely "guilty" of is saying no to someone who is, in some way, failing to respect your boundaries, refusing to follow the same rules as everyone else, or someone who is spreading toxicity and manipulating. Someone entitled. Someone sneaky and vindictive. Someone who is hurting you or taking too much.

While standing up for yourself is the right thing to do, toxic people simply don't believe you have any right to refuse their mistreatment, and they will set out to "punish" you for having any opinions that differ from theirs.

Virtually all smear campaigners can be counted on to have traits of "Cluster B" personality disorders. Narcissists and sociopaths are among the most virulent smear campaigners, and histrionic and borderline people may also opt to smear those who upset them. Not surprisingly, these four disorders are classified as the "dramatic and erratic" high-conflict personalities.

Narcissists can fly into a vindictive narcissistic rage if questioned instead of receiving compliance with their demands. Sociopaths often have anger management issues and are driven solely by their own wishes, without regard for the rights of others or for consequences. Histrionic people create drama and conflict wherever possible, and they require little to no incentive to do so. People with borderline personality disorder have difficulty controlling their emotional reactions, and may become intensely angered by what others interpret to be minor matters.

Regardless of the reason for the smearing, all smear campaigns work virtually the same way, following a very predictable pattern of the usual dirty tricks and underlying motives. Tomorrow we'll take a look at the anatomy of the smear campaign.

This is *part 1* in a 5 part series on *smear campaigns*. For *part 2*, *click here*. You are visiting Light's Blog. The rest of Light's House is here.

RELATED LINKS:

For information about workplace bullying, visit bullyonline.org

Gaslighting, a Classic Toxic Manipulation - A Blog About Toxic and ...

Light's Blog

A Blog About Toxic and Non-Toxic People

AUG 11
26

Gaslighting, a Classic Toxic Manipulation

Leave a comment »



You might never have heard the term, but no doubt you've been gaslighted countless times.

If you've ever been told something that's upsetting you is, "all in your mind", or that what you experienced never actually happened, you've been gaslighted.

In the 1944 movie "Gaslight", a jewel thief cons a woman whose aunt has bequeathed her some gems into marrying him and proceeds to manipulate her. He makes small changes to objects in her environment, secretly moving items with which she's familiar and dimming the gaslights in the house. Every time she says she suspects something funny may be going on, he invalidates her and brainwashes her into thinking nothing is wrong - that her suspicions simply mean that she is going insane. As the film progresses, his repeated insistence that she is losing her faculties has the desired effect, and she begins to believe him. She ultimately loses all confidence in her own perception, doubting herself and substituting his lies for her reality.

Toxic and abusive people manipulate people in this way so commonly that the writers of the story soon found they had a very popular thriller on their hands. The film was so well-received and so accurate, in fact, that decades later, the term "Gaslight" is still used to refer to abusers' attempts to prevent their victims from trusting their own awareness of what is taking place.

How to recognize when you're being gaslighted:

- You're being told that what was said to you was not. You're certain it was, but with repeated insistences that you are mistaken, you begin to doubt yourself and become confused. You aren't entirely sure anymore, even though you were sure before being exposed to the denials. You may be told that you "have a vivid imagination" or that you're "crazy" or "losing your mind".
- You are told that events did not happen (or did not happen as badly as you recall). You feel hurt and confused, because you knew they did. However, now you're repeatedly being told you're mistaken. Over time, you may feel doubtful, resentful, confused or conciliatory. You may even apologize to the gaslighter for things you haven't done, or for having behaved so "irrationally" when initially refuting the gaslighter's claims.

<http://lightshouse.org/lights-blog/gaslighting>

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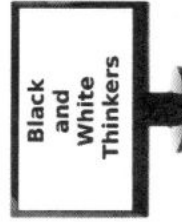
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Things Narcissists Say...

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THINGS NARCISSISTS SAY TO ANYONE, INCLUDING THEIR CHILDREN:

You're oversensitive! You overreact!

You have a very vivid imagination!

Because I said so!

Who do you think you are?

I don't want to hear another word!

If you think x, you've got another thing coming!

If you don't like it, too bad!

Why can't you be more like (so-and-so)?

I can do whatever I want!

I never said that. (When they did.)

They're just jealous of me. (When they've been complained about legitimately.)

What do you want ME to do about it? (When it's clearly their responsibility.)

After all I've done for you!

Someday you'll be sorry.

Stop being such a crybaby!

Nobody ever does a damn thing around here!

I'll do (whatever) so fast it will make your head spin!

You're gonna wish the hell you'd never been born!

Get over it!

What is wrong with you??

You think you're so smart!

Can't you take a joke?

It's not MY fault; it's YOUR fault! (When they're clearly at fault.)

I don't care.

I told you so.

I do everything, and I never get the credit I deserve!
(When they do very little, and often begrudgingly.)

You lost your job this morning? Oh. I almost lost a job one time when...

You don't know what you're talking about.

My kids always get great marks in school. (Johnny gets mostly Cs, and Suzie flunked English and History again, because nobody ever helps them at home.)

What a bunch of idiots.

I deserve the best.

THINGS NARCISSISTS SAY, ESPECIALLY TO THEIR CHILDREN:

You're just like your mother/father!!!

I hope someday you have a kid just like YOU!

You were an "accident".

Stop crying or I'll give you something to cry about!

Honor your parent!

Go do something constructive!

You're a spoiled brat!

This is MY HOUSE!

You'll get over it!

Children should be seen and not heard.

Stop nagging!

I love you, but I don't like you.

What is it NOW???

You POOR baby!

I gave you LIFE, so show some gratitude!

Sara Bernhardt!

Let me *te*ll you something!

Grow up!

Light's Blog

A Blog About Toxic and Non-Toxic People

Narcissists From A to Z

Arrogance
Attention-seeking

Bad boundaries

Blacklisting

Blackmail

Blame

Boot Licking

Bragging

Bullying

Can dish it out, but can't take it

Character Assassination

Criticism

Coldhearted

Conniving

Controlling

Crafty

Cruel

Cunning

Cutting remarks

Deceitful

Demands

Dictatorial

Disdain

Dishonorable

Disinterest

Does not tolerate criticism

Double standards

Drama-baiting

Egomania

Engulfing

Entitlement

Envy

Faking

False Apologies

Fragile Egos

Gaslighting

Grandiose

Greed

Haughtiness

Holier than thou

Hurtful

Hypersensitivity

Ignoring

Immaturity

Imperious

Insecurities

Insensitivity

Invalidation

Irreciprocity

Jealous

Judgment

Lack of empathy

Lying

Manipulating

Martyrdom

Name Dropping

Needy

Oppression

Oversensitive

Pettiness

Phoniness

Plays victim

Possessive

Power plays

Prejudices

Projection

Punitive

Pushy

Put-downs

Rage

Retaliation

Rudeness

Scapegoating

Self-centered

Seething

Setups

Small-minded

Smarmy

Smug

Snobby

Spitefulness

Swindling

Takes all the credit

Tantrums

Threats

Triangulation

Tricks

Two-facedness

Ultimatums

Uncooperativeness

Unempathic

Vanity

Vicious

Vindictiveness

Wheeling

Whining

Yelling

Zealotry

Do you want to know...

...if narcissists know they're narcissists?

...if narcissists can change?

...what narcissists hate and fear the most?

...if narcissists know what they're doing?

...if narcissism is inherited?

...whether narcissists are **REALLY** insecure or not?

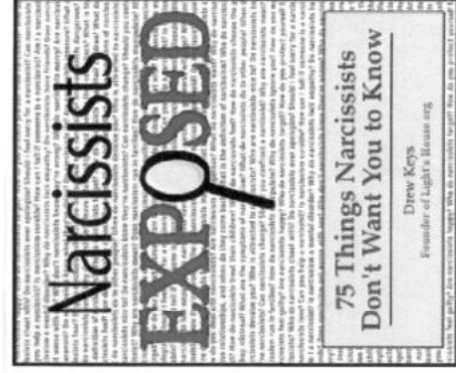
...how narcissists get counted if most avoid therapy?

...why narcissists are targeting *you*?

...the 6 kinds of friends narcissists want?

...what the latest research proves about narcissists?

...why they do all the maddening things they do?



The Narcissistic Parent



Narcissists make deplorably bad parents. They are too focused on themselves to find children anything but an annoyance or a way to increase admiration and power. Many narcissists become parents either by accident or for some ill-thought out self-serving purpose.

Narcissists have two faces -- the one they wear in public, and the one they wear at home. Only those close to the narcissist have any idea there is more than one face. And the narcissist's children know best of all, because children - those who have the least power - are the ones the narcissist allows him or herself to be the least guarded around. A frequent frustration of children of narcissists is that everyone else thinks their mother or father is the most wonderful person ever, while at home their children suffer in silence with their parent's tantrums, disinterest and put-downs -- this is clearly NOT the most wonderful person if you truly know them -- not even close.

Narcissistic parents view and treat their children only as extensions or reflections of themselves. They see their children the way an advertiser sees a sign by the side of the road - as something to put their name on and use to build themselves up, or as something someone else is responsible for that they can ignore if they aren't interested.

Some narcissistic parents are controlling and engulf their children. Others simply ignore their children and wish they would go away. However, all narcissistic parents fail to treat their children as authentic individuals who have their own unique characteristics and needs. Narcissists treat their children as mere blank screens for projecting their own internal "movies" onto.

There are narcissistic parents who deny their children's existence by insisting their children be and do what THEY want, and there are those who deny their children's existence by simply ignoring their children altogether. (Many narcissistic parents do both alternately, depending on which circumstances serve them best.)

Because narcissists' families are centered around the whims and wishes of a truly self-centered parent, they are highly dysfunctional and do not allow children to question the parent or express their needs. Most narcissists treat their children badly in a few key ways -- emotional abuse, excessive parental control and parental neglect are all typical of narcissistic parents.

Narcissists cannot see their actual children and do not accept their needs. The narcissistic father who looks at his son and sees not an active, athletic little boy who is brilliantly gifted in sports and outdoor activities who needs more playtime, but an inanimate lump of clay he will shape into a doctor to brag about is just one of many examples of narcissistic parenting. (The reverse is often true as well; whatever *the parent* values takes priority.) The narcissistic mother who criticizes and hides behind a veneer of martyrdom when her child needs her support is another common manifestation of a narcissistic parent.

Narcissists typically treat their children as if they're not good enough, and yet when the child does do well, the parent will either ignore and deny the event or take all the credit for it. (A common exception to the general rule of being treated as inferior is the treatment of the family "golden child", whom the narcissistic parent will treat as exceptional, superior and entitled.)

It's not uncommon for narcissists to be somewhat more agreeable as parents when their children are younger and easier to control. Many children of narcissistic parents report that their parents weren't as emotionally abusive when the children were young preschoolers - or were pre-adolescents. Some narcissists pay plenty of attention to *small* children, who make excellent captive audiences that narcissists find fun to impress and manipulate, only to completely turn away from (or turn against) those same children in later years. However, some narcissists dislike all children on the whole and have no interest in them at any age. To these narcissists, all children are viewed as nothing but an annoyance.

Narcissists don't like to be questioned and don't want to deal with children who can stand up for themselves. It's common for some narcissistic parents to become more abusive toward their children when the children reach the age of reason (about 7 years old) or when the children enter into puberty, which many of these parents find very psychologically threatening.

Excerpts:

Psychological manipulation - Wikipedia, the free encyclopedia

http://en.wikipedia.org/wiki/Psychological_manipulation

Psychological manipulation

From Wikipedia, the free encyclopedia

Psychological manipulation is a type of social influence that aims to change the perception or behavior of others through underhanded, deceptive, or even abusive tactics.^[1] By advancing the interests of the manipulator, often at the other's expense, such methods could be considered exploitative, abusive, devious, and deceptive. Social influence is not necessarily negative. For example, doctors can try to persuade patients to change unhealthy habits. Social influence is generally perceived to be harmless when it respects the right of the influenced to accept or reject and is not unduly coercive. Depending on the context and motivations, social influence may constitute underhanded manipulation.

Requirements for successful manipulation

According to George K. Simon, successful psychological manipulation primarily involves the manipulator:

εΔ

1. concealing aggressive intentions and behaviors.
2. knowing the psychological vulnerabilities of the victim to determine what tactics are likely to be the most effective.
3. having a sufficient level of ruthlessness to have no qualms about causing harm to the victim if necessary.

48 Laws of Power and The Machiavellian Personality : Narcissistic Pe...

<http://www.psychforums.com/narcissistic-personality/topic11253.html>

48 Laws of Power and The Machiavellian Personality

by New Order » Fri Apr 28, 2006 6:30 pm

"The Machiavellian Personality

In the early 1970s, psychologist Richard Christie and his colleagues identified a distinct personality style that is characterized by manipulativeness, cynicism about human nature, and shrewdness in interpersonal behavior. Named after the sixteenth-century political philosopher and Italian Prince Machiavelli, this personality style is very nearly synonymous with being a manipulator. Machiavellian personalities are committed to the proposition that a desired end justifies virtually any means. Machiavellianism is defined as a manipulative strategy of social interaction and personality style that uses other people as tools of personal gain.

Machiavellianism derives from the views of Prince Machiavelli that a ruler is not bound by traditional ethical norms. A prince, therefore, should only be concerned with power and be bound only by rules that would lead to success. Prince Machiavelli deduced these rules from the political practices of his time:

- Never show humility; it is more effective to show arrogance when dealing with others.
- Morality and ethics are for the weak; powerful people should feel free to lie, cheat, and deceive whenever it suits their purpose.
- It is better to be feared than loved.

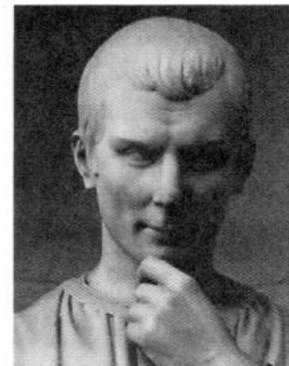
High machs (Machiavellists) tend to constitute a distinctive type. They tend to be charming, confident, and glib; but they also are arrogant, calculating, and cynical, prone to manipulate and exploit. In the context of laboratory experiment games, high machs display a keen and opportunistic sense of timing, and they appear to capitalize especially in situations that contain ambiguity regarding the rules."

Machiavellianism

From Wikipedia, the free encyclopedia

Machiavellianism (or **machiavellian mask**) is, according to the *Oxford English Dictionary*, "the employment of cunning and duplicity in statecraft or in general conduct", deriving from the Italian Renaissance diplomat and writer Niccolò Machiavelli, who wrote *Il Principe* (*The Prince*) and other works. The word has a similar use in modern psychology where it describes one of the dark triad personalities, characterised by a duplicitous interpersonal style associated with cynical beliefs and pragmatic morality.^[1] "Machiavellian" (and variants) as a word became very popular in the late 16th century in English, though "Machiavellianism" itself is first cited by the Oxford English Dictionary from 1626.

<http://en.wikipedia.org/wiki/Machiavellianism>



Niccolò Machiavelli

Excerpt:

How manipulators control their victims

According to Braiker

Harriet Braiker^[1] identified the following basic ways that manipulators control their victims:

- Positive reinforcement: includes praise, superficial charm, superficial sympathy (crocodile tears), excessive apologizing, money, approval, gifts, attention, facial expressions such as a forced laugh or smile, and public recognition.
- Negative reinforcement: involves removing one from a negative situation as a reward, e.g. "You won't have to do your homework if you allow me to do this to you."
- Intermittent or partial reinforcement: Partial or intermittent negative reinforcement can create an effective climate of fear and doubt. Partial or intermittent positive reinforcement can encourage the victim to persist - for example in most forms of gambling, the gambler is likely to win now and again but still lose money overall.
- Punishment: includes flogging, yelling, the silent treatment, intimidation, threats, swearing, emotional blackmail, the guilt trip, sulking, crying, and playing the victim.
- Traumatic one-trial learning: using verbal abuse, explosive anger, or other intimidating behavior to establish dominance or superiority; even one incident of such behavior can condition or train victims to avoid upsetting, confronting or contradicting the manipulator.

According to Simon

Simon^[2] identified the following manipulative techniques:

- Lying: It is hard to tell if somebody is lying at the time they do it, although often the truth may be apparent later when it is too late. One way to minimize the chances of being lied to is to understand that some personality types (particularly psychopaths) are experts at the art of lying and cheating, doing it frequently, and often in subtle ways.
- Lying by omission: This is a very subtle form of lying by withholding a significant amount of the truth. This technique is also used in propaganda.
- Denial: Manipulator refuses to admit that he or she has done something wrong.
- Rationalization: An excuse made by the manipulator for inappropriate behavior. Rationalization is closely related to spin.
- Minimization: This is a type of denial coupled with rationalization. The manipulator asserts that his or her behavior is not as full or irresponsible as someone else was suggesting, for example saying that a taunt or insult was only a joke.
- Selective inattention or selective attention: Manipulator refuses to pay attention to anything that may distract from his or her agenda, saying things like "I don't want to hear it".
- Diversion: Manipulator not giving a straight answer to a straight question and instead being diversionary, steering the conversation onto another topic.
- Evasion: Similar to diversion but giving irrelevant, rambling, vague responses, weasel words.

- Covert intimidation: Manipulator throwing the victim onto the defensive by using veiled (subtle, indirect or implied) threats.
- Guilt tripping: A special kind of intimidation tactic. A manipulator suggests to the conscientious victim that he or she does not care enough, is too selfish or has it easy. This usually results in the victim feeling bad, keeping them in a self-doubting, anxious and submissive position.
- Shaming: Manipulator uses sarcasm and put-downs to increase fear and self-doubt in the victim. Manipulators use this tactic to make others feel unworthy and therefore defer to them. Shaming tactics can be very subtle such as a fierce look or glance, unpleasant tone of voice, rhetorical comments, subtle sarcasm. Manipulators can make one feel ashamed for even daring to challenge them. It is an effective way to foster a sense of inadequacy in the victim.
- Playing the victim role ("poor me"): Manipulator portrays him- or herself as a victim of circumstance or of someone else's behavior in order to gain pity, sympathy or evoke compassion and thereby get something from another. Caring and conscientious people cannot stand to see anyone suffering and the manipulator often finds it easy to play on sympathy to get cooperation.
- Vilifying the victim: More than any other, this tactic is a powerful means of putting the victim on the defensive while simultaneously masking the aggressive intent of the manipulator.
- Playing the servant role: Cloaking a self-serving agenda in guise of a service to a more noble cause, for example saying he is acting in a certain way for "obedience" and "service" to God or a similar authority figure.
- Seduction: Manipulator uses charm, praise, flattery or overtly supporting others in order to get them to lower their defenses and give their trust and loyalty to him or her.
- Projecting the blame (blaming others): Manipulator scapegoats in often subtle, hard-to-detect ways.
- Feigning innocence: Manipulator tries to suggest that any harm done was unintentional or that they did not do something that they were accused of. Manipulator may put on a look of surprise or indignation. This tactic makes the victim question his or her own judgment and possibly his own sanity.
- Feigning confusion: Manipulator tries to play dumb by pretending he or she does not know what the victim is talking about or is confused about an important issue brought to his attention.
- Brandishing anger: Manipulator uses anger to brandish sufficient emotional intensity and rage to shock the victim into submission. The manipulator is not actually angry, he or she just puts on an act. He just wants what he wants and gets "angry" when denied.

Excerpts:

manipulation - Wikipedia, the free encyclopedia

Manipulators can have various possible motivations, including:^[1]

- the need to advance their own purposes and personal gain at virtually any cost to others
- a strong need to attain feelings of power and superiority in relationships with others
- a want and need to feel in control (aka. control freak)
- a desire to gain a feeling of power over others in order to raise their perception of self-esteem

Vulnerabilities exploited by manipulators

According to Braiker,^[1] manipulators exploit the following vulnerabilities (buttons) that may exist in victims:

- the "disease to please"
- addiction to earning the approval and acceptance of others
- Emotophobia (fear of negative emotion; *i.e.* a fear of expressing anger, frustration or disapproval)
- lack of assertiveness and ability to say no
- blurry sense of identity (with soft personal boundaries)
- low self-reliance
- external locus of control

According to Simon,^[2] manipulators exploit the following vulnerabilities that may exist in victims:

- naïveté - victim finds it too hard to accept the idea that some people are cunning, devious and ruthless or is "in denial" if he or she is being victimized.
- over-conscientiousness - victim is too willing to give manipulator the benefit of the doubt and see their side of things in which they blame the victim.
- low self-confidence - victim is self-doubting, lacking in confidence and assertiveness, likely to go on the defensive too easily.
- over-intellectualization - victim tries too hard to understand and believes the manipulator has some understandable reason to be hurtful.
- emotional dependency - victim has a submissive or dependent personality. The more emotionally dependent the victim is, the more vulnerable he or she is to being exploited and manipulated.

Manipulators generally take the time to scope out the characteristics and vulnerabilities of their victim.

According to Kantor,^[3] the following are vulnerable to psychopathic manipulators:

- too dependent - dependent people need to be loved and are therefore gullible and liable to say yes to something to which they should say no.
- too immature - has impaired judgment and believes the exaggerated advertising claims.
- too naïve - cannot believe there are dishonest people in the world, taking for granted that if there were they would not be allowed to operate.
- too impressionable - overly seduced by charmers. For example, they might vote for the seemingly charming politician who kisses babies.
- too trusting - people who are honest often assume that everyone else is honest. They are more likely to commit themselves to people they hardly know without checking credentials, etc., and less likely to question so-called experts.
- too lonely - lonely people may accept any offer of human contact. A psychopathic stranger may offer human companionship for a price.
- too narcissistic - narcissists are prone to falling for unmerited flattery.
- too impulsive - make snap decisions about, for example, what to buy or whom to marry without consulting others.
- too altruistic - the opposite of psychopathic: too honest, too fair, too empathetic.
- too frugal - cannot say no to a bargain even if they know the reason it is so cheap.
- too materialistic - easy prey for loan sharks or get-rich-quick schemes.
- too greedy - the greedy and dishonest may fall prey to a psychopath who can easily entice them to act in an immoral way.
- too masochistic - lack self-respect and so unconsciously let psychopaths take advantage of them. They think they deserve it out of a sense of guilt.
- the elderly - the elderly can become fatigued and less capable of multi-tasking. When hearing a sales pitch they are less likely to consider that it could be a con. They are prone to giving money to someone with a hard-luck story. See elder abuse.

Basic manipulative strategy of a psychopath

According to Robert D. Hare and Paul Babiak,^[4] psychopaths are always on the lookout for individuals to scam or swindle. The psychopathic approach includes three phases:

1. Assessment phase

Some psychopaths are opportunistic, aggressive predators who will take advantage of almost anyone they meet, while others are more patient, waiting for the perfect, innocent victim to cross their path. In each case, the psychopath is constantly sizing up the potential usefulness of an individual as a source of money, power, sex, or influence. Some psychopaths enjoy a challenge while others prey on people who are vulnerable. During the assessment phase, the psychopath is able to determine a potential victim's weak points and will use those weak points to seduce.

2. Manipulation phase

Once the psychopath has identified a victim, the manipulation phase begins. During the manipulation phase, a psychopath may create a persona or mask, specifically designed to 'work' for his or her target. A psychopath will lie to gain the trust of their victim. Psychopaths' lack of empathy and guilt allows them to lie with impunity; they do not see the value of telling the truth unless it will help get them what they want.

As interaction with the victim proceeds, the psychopath carefully assesses the victim's persona. The victim's persona gives the psychopath a picture of the traits and characteristics valued in the victim. The victim's persona may also reveal, to an astute observer, insecurities or weaknesses the victim wishes to minimize or hide from view. As an ardent student of human behavior, the psychopath will then gently test the inner strengths and needs that are part of the victim's private self and eventually build a personal relationship with the victim.

The persona of the psychopath - the "personality" the victim is bonding with - does not really exist. It is built on lies, carefully woven together to entrap the victim. It is a mask, one of many, custom-made by the psychopath to fit the victim's particular psychological needs and expectations. The victimization is predatory in nature; it often leads to severe financial, physical or emotional harm for the individual. Healthy, real relationships are built on mutual respect and trust; they are based on sharing honest thoughts and feelings. The victim's mistaken belief that the psychopathic bond has any of these characteristics is the reason it is so successful.

3. Abandonment phase

The abandonment phase begins when the psychopath decides that his or her victim is no longer useful. The psychopath abandons his or her victim and moves on to someone else. In the case of romantic relationships, a psychopath will usually seal a relationship with their next target before abandoning his or her current victim.

Sometimes, the psychopath has three individuals on whom he or she is running game: the one who has been recently abandoned, who is being toyed with and kept in the picture in case the other two do not work out; the one who is currently being played and is about to be abandoned; and the third, who is being groomed by the psychopath, in anticipation of abandoning the current "mark".

Psychological conditions of manipulators

Manipulators may have any of the following psychological conditions:^[1]

- machiavellian personality
- narcissistic personality disorder
- paranoid personality disorder
- borderline personality disorder
- dependent personality disorder
- histrionic personality disorder
- passive-aggressive behavior
- type A angry personalities
- antisocial personality disorder
- behavioral addiction

http://en.wikipedia.org/wiki/Psychological_manipulation

Excerpts:

Intimidation

From Wikipedia, the free encyclopedia

Intimidation (also called **cowing**) is intentional behavior that "would cause a person of ordinary sensibilities" fear of injury or harm. It's not necessary to prove that the behavior was so violent as to cause terror or that the victim was actually frightened.^[1]

Criminal threatening (or **threatening behavior**) is the crime of intentionally or knowingly putting another person in fear of imminent bodily injury. "Threat of harm generally involves a perception of injury...physical or mental damage...act or instance of injury, or a material and detriment or loss to a person."^[2] "A terroristic threat is a crime generally involving a threat to commit violence communicated with the intent to terrorize other."^[3]

Description

Threatening behaviors may be conceptualized as a maladaptive outgrowth of normal competitive urge for interrelational dominance generally seen in animals. Alternatively, intimidation may result from the type of society in which individuals are socialized, as human beings are generally reluctant to engage in confrontation or threaten violence.^[4]

Like all behavioral traits it exists in greater or lesser manifestation in each individual person over time, but may be a more significant "compensatory behavior" for some as opposed to others. Behavioral theorists often see threatening behaviours as a consequence of being threatened by others, including parents, authority figures, playmates and siblings. "Use of force is justified when a person reasonably believes that it is necessary for the defense of oneself or another against the immediate use of unlawful force."^[5]

Intimidation may be employed consciously or unconsciously, and a percentage of people who employ it consciously may do so as the result of selfishly rationalized notions of its appropriation, utility or self-empowerment. Intimidation related to prejudice and discrimination may include conduct "which annoys, threatens, intimidates, alarms, or puts a person in fear of their safety...because of a belief or perception regarding such person's race, color, national origin, ancestry, gender, religion, religious practice, age, disability or sexual orientation, regardless of whether the belief or perception is correct."^[6]

Intimidation may be manifested in such manner as physical contacts, glowering countenance, emotional manipulation, verbal abuse, making someone feel lower than you, purposeful embarrassment and/or actual physical assault. "Behavior may include, but is not limited to, epithets, derogatory comments or slurs and lewd propositions, assault, impeding or blocking movement, offensive touching or any physical interference with normal work or movement, and visual insults, such as derogatory posters or cartoons."^[6]

There is no legal definition in English law as to what behavior constitutes "Intimidation", so it is up to the courts to decide on a case by case basis. However, if somebody threatens violence against somebody, then this may be a criminal offence.

In most U.S. jurisdictions, the crime remains a misdemeanor unless a deadly weapon is involved or actual violence is committed, in which case it is usually considered a felony.

Criminal threatening can be the result of verbal threats of violence, physical conduct (such as hand gestures or raised fists), actual physical contact, or even simply the placing of a sign,^[7] an object or graffiti on the property of another person with the purpose of coercing or terrorizing.

Criminal threatening is also defined by arson, vandalism, the delivery of noxious biological or chemical substances (or any substance that appears to be a toxic substance), or any other crime against the property of another person with the purpose of coercing or terrorizing any person in reckless disregard for causing fear, terror or inconvenience. Coercion is the use of "pressure, threats, or intimidation"^[8] to compel or "force somebody to do something" or "make something to happen."^[9]

"Terrorizing" generally means to cause alarm, fright, or dread in another person or inducing apprehension of violence from a hostile or threatening event, person or object. "It is not requisite, in order to constitute this crime, that personal violence should be committed."^[10]

Denial

From Wikipedia, the free encyclopedia

<http://en.wikipedia.org/wiki/Denial>

Denial, in ordinary English usage, is asserting that a statement or allegation is not true.^[1] The same word, and also **abnegation**, is used for a psychological defense mechanism postulated by Sigmund Freud, in which a person is faced with a fact that is too uncomfortable to accept and rejects it instead, insisting that it is not true despite what may be overwhelming evidence.^{[2][3]} The subject may use:

- **simple denial**: deny the reality of the unpleasant fact altogether
- **minimisation**: admit the fact but deny its seriousness (a combination of denial and rationalization)
- **projection**: admit both the fact and seriousness but deny responsibility by blaming somebody or something else.

Denial of fact

In this form of denial, someone avoids a fact by lying. This lying can take the form of an outright falsehood (commission), leaving out certain details to tailor a story (omission), or by falsely agreeing to something (assent, also referred to as "yesing" behavior). Someone who is in denial of fact is typically using lies to avoid facts they think may be painful to themselves or others.

Denial of responsibility

This form of denial involves avoiding personal responsibility by:

- **blaming**: a direct statement shifting culpability and may overlap with denial of fact
- **minimizing**: an attempt to make the effects or results of an action appear to be less harmful than they may actually be, or
- **justifying**: when someone takes a choice and attempts to make that choice look okay due to their perception of what is "right" in a situation.

Someone using denial of responsibility is usually attempting to avoid potential harm or pain by shifting attention away from themselves

Denial of denial

This can be a difficult concept for many people to identify with in themselves, but is a major barrier to changing hurtful behaviors. Denial of denial involves thoughts, actions and behaviors which bolster confidence that nothing needs to be changed in one's personal behavior. This form of denial typically overlaps with all of the other forms of denial, but involves more self-delusion. Denial at this level can have significant consequences both personally and at a societal level.^[6]

DARVO

Harassment covers a wide range of offensive behaviour. It is commonly understood as behaviour intended to disturb or upset. In the legal sense, it is behaviour which *is* found threatening or disturbing.

DARVO is an acronym to describe a common strategy of abusers: **D**eny the abuse, then **A**ttack the victim for attempting to make them accountable for their offense, thereby **R**eversing Victim and **O**ffender.

Psychologist Jennifer Freyd writes:

...I have observed that actual abusers threaten, bully and make a nightmare for anyone who holds them accountable or asks them to change their abusive behavior. This attack, intended to chill and terrify, typically includes threats of law suits, overt and covert attacks on the whistleblower's credibility, and so on. The attack will often take the form of focusing on ridiculing the person who attempts to hold the offender accountable. [...] [T]he offender rapidly creates the impression that the abuser is the wronged one, while the victim or concerned observer is the offender. Figure and ground are completely reversed. [...] The offender is on the offense and the person attempting to hold the offender accountable is put on the defense.^[7]

See also: *Victim blaming*

Excerpts:

Victim blaming

From Wikipedia, the free encyclopedia

Victim blaming occurs when the victim(s) of a crime, an accident, or any type of abusive maltreatment are held entirely or partially responsible for the transgressions committed against them (regardless of whether the victim actually had any responsibility for the incident). Blaming the victim has traditionally emerged especially in racist, sexist, and classist forms.^[1] However, this attitude may exist independently from these radical views and even be at least half-official in some countries.^[2]

People familiar with victimology are much less likely to see the victim as responsible.^[3] Knowledge about prior relationship between victim and perpetrator increases perceptions of victim blame for rape, but not for robbery.^[4]

Evasion (ethics)

From Wikipedia, the free encyclopedia

Evasion is, in ethics, an act that deceives by stating a true statement that is irrelevant or leads to a false conclusion.

For instance, a man knows that another man is in a room in the building because he heard him, but in answer to a question, says, "I have not seen him," thereby falsely implying that he does not know.

It is argued for as a way to fulfill both the obligations of telling the truth and of, in justice, keeping secrets from those not entitled to know the truth, but is regarded as unjustifiable without grave reason for withholding the truth.

Evasions are closely related to equivocations and mental reservations; indeed, some statements fall under both descriptions.

Evasion techniques

Peter Bull identified the following evasion techniques for answering questions: ^[1]

1. Ignoring the question
2. Acknowledging the question without answering it
3. Questioning the question by:
 1. requesting clarification
 2. reflecting the question back to the questioner, for example saying "you tell me"
4. Attacking the question by saying:
 1. "the question fails to address the important issue"
 2. "the question is hypothetical or speculative"
 3. "the question is based on a false premise"
 4. "the question is factually inaccurate"
 5. "the question includes a misquotation"
 6. "the question includes a quotation taken out of context"
 7. "the question is objectionable"
 8. "the question is based on a false alternative"
5. Attacking the questioner
6. Declining to answer by:
 1. refusing on grounds of inability
 2. being unwilling to answer
 3. saying "I can't speak for someone else"
 4. deferring answer, saying "it is not possible to answer the question for the time being"
 5. pleading ignorance

Minimisation (psychology)

From Wikipedia, the free encyclopedia

Minimisation is a type of deception^[1] involving denial coupled with rationalisation in situations where complete denial is implausible. It is the opposite of exaggeration.

'Minimization is one of the most common ways we reduce our feelings of guilt...' "It's not that big of a deal"^[2] Words associated with minimisation include:

- belittling
- making light of
- discounting
- metosis
- downplaying
- minimification
- euphemism
- trivialising
- understating

Reduction words and renaming

'Reduction words...are words that we often use to minimize unethical behavior: sort of/barely/no big deal/not more than/only a little/all I did was/kind of/once/just/merely.'^[3]

Similarly 'renaming' is the use of benign or benevolent words to replace words that have negative connotations...using the word "collateral damage" removes us from the horror of its meaning.'^[4]

Manipulative abuse

Minimization may take the form of a manipulative technique:

- observed in abusers and manipulators to downplay their misdemeanors when confronted with irrefutable facts.^{[6][7]}
- observed in abusers and manipulators to downplay positive attributes (talents and skills etc.) of their victims and facilitate victim blaming.^[8]

'Typical psychological defenses exhibited by stalkers and guilty criminal suspects include denial, rationalization, minimization and projection of blame onto the victim.'^[9]

A variation on minimisation as a manipulative technique is "*claiming altruistic motives*" such as saying "I don't do this because I am selfish, and for gain, but because I am a socially aware person interested in the common good".^[10]

Rationalization (making excuses)

From Wikipedia, the free encyclopedia

(Redirected from Rationalization (psychology))

In psychology and logic, **rationalization** (also known as **making excuses**)^[1] is an unconscious defense mechanism in which perceived controversial behaviors or feelings are logically justified and explained in a rational or logical manner in order to avoid any true explanation, and are made consciously tolerable – or even admirable and superior – by plausible means.^[2] Rationalization encourages irrational or unacceptable behavior, motives, or feelings and often involves ad hoc hypothesizing. This process ranges from fully conscious (e.g. to present an external defense against ridicule from others) to mostly subconscious (e.g. to create a block against internal feelings of guilt).

People rationalize for various reasons. Rationalization may differentiate the original deterministic explanation of the behavior or feeling in question.^{[3][4]} Sometimes rationalization occurs when we think we know ourselves better than we do. It is also an informal fallacy of reasoning.^[5]

Lie

From Wikipedia, the free encyclopedia

To **lie** is to deliver a false statement to another person which the speaking person knows is not the whole truth, intentionally.

Excerpts:

Apophasis

From Wikipedia, the free encyclopedia

Apophasis (Late Latin, from Greek ἀποφάσις from ἀποφάναι—*apophanai*, "to say no"^[1]) refers, in general, to "mention by not mentioning". Apophasis covers a wide variety of figures of speech.

Apophasis was originally and more broadly a method of logical reasoning or argument by denial—a way of describing what something is by explaining what it is not, or a process-of-elimination way of talking about something by talking about what it is not.

A useful inductive technique when given a limited set of possibilities, the exclusion of all but the one remaining is affirmation through negation. The familiar guessing-game of Twenty Questions is an example of apophatic inquiry.

Equivocation

From Wikipedia, the free encyclopedia

Equivocation ("to call by the same name") is classified as an informal logical fallacy. It is the misleading use of a term with more than one meaning or sense (by glossing over which meaning is intended at a particular time). It generally occurs with polysemic words (words with multiple meanings).

It is often confused with amphibology (ambipholy) (ambiguous sentences.); however, equivocation is ambiguity arising from the misleading use of a word and amphiboly is ambiguity arising from the misleading use of punctuation or syntax.

Weasel word

From Wikipedia, the free encyclopedia
(Redirected from Weasel words)

A **weasel word** (also, **anonymous authority**) may be an informal term^[1] for equivocating words and phrases aimed at creating an impression that something specific and meaningful has been said, when in fact only a vague or ambiguous claim, or even a refutation has been communicated.

For example, an advertisement may use a weasel phrase such as "up to 50% off on all products". This is misleading because the audience is invited to imagine many items reduced by the proclaimed 50%, but the words taken literally mean only that no discount will exceed 50%, and in extreme misrepresentation, the advertiser need not reduce *any* prices, which would still be consistent with the wording of the advertisement, since "up to 50%" most literally means "any number less than or equal to 50%".

Another example is a letter of recommendation where the letter writer states "I cannot recommend this person highly enough", which would ordinarily be taken to mean that an amount of recommendation is sufficient to communicate the high stature of recommendation, while at the same time it literally means that there is no recommendation at all.

In other cases, words with a particular subjective effect are chosen. For example, one person may speak of "resistance fighters" or "freedom fighters", while another may call the same subjects "terrorists". The underlying facts are the same, but a quite different impression is given.

The use of weasel words to avoid making an outright assertion is a synonym to tergiversate.^[2] Weasel words can imply meaning far beyond the claim actually being made.^[3] Some weasel words may also have the effect of softening the force of a potentially loaded or otherwise controversial statement through some form of understatement, for example using defensifiers such as "somewhat" or "in most respects".^[4]

Euphemism

From Wikipedia, the free encyclopedia

A **euphemism** is a generally innocuous word or expression used in place of one that may be found offensive or suggest something unpleasant.^[1] Some euphemisms are intended to amuse, while others use bland, inoffensive, and often misleading terms for things the user wishes to dissimulate or downplay. Euphemisms are used for dissimulation, to refer to taboo topics (such as disability, sex, excretion, and death) in a polite way, and to mask profanity. The opposite of euphemism roughly equates to dysphemism.

Euphemisms may be used to avoid words considered rude, while conveying their meaning. "Kiss my *you-know-what!*" instead of the more vulgar, "Kiss my *ass/arse*"; the expletive *sugar* to substitute *shit*. Some euphemisms are so commonly used as to be standard usage: "pass away" for "die". Over the centuries euphemisms have been introduced for "latrine", and themselves replaced as they came to be considered unacceptable; "toilet", once itself a euphemism, is often euphemised as "bathroom", "restroom", etc. Euphemisms are used to downplay and conceal unpalatable facts, as "collateral damage" for "civilian casualties" in a military context, and "redacted" for "censored".

Doublespeak

Main article: *Doublespeak*

Doublespeak, often incorrectly assumed to originate from George Orwell's novel *1984* (erroneously combining Orwell's "newspeak" and "doublethink"), is a term sometimes used for deliberate euphemistic misuse of incorrect words to disguise unacceptable meaning, as in a "Ministry of Peace" which wages war, a "Ministry of Love" which imprisons and tortures.

Dysphemism

From Wikipedia, the free encyclopedia

A **dysphemism** is an expression with connotations that are offensive either about the denotatum (the object referred to by the linguistic expression) or to the audience, or both, and it is substituted for a neutral or euphemistic expression for just that reason.^[1] Like euphemism, dysphemism is sometimes motivated by feelings such as fear and distaste. However, it may also be motivated by hatred and contempt.

Euphemism is defined as an "...alternative to a dispreferred expression, in order to avoid possible loss of face: either one's own face or, through giving offense, that of the audience, or of some third party."^[1] A euphemism is then a term used to avoid making oneself look bad in front of others (positive face of the speaker), ability to express oneself without restriction (negative face of the speaker), and avoiding offending the listener (listener's negative face).^[2]

Usage

One common use of dysphemism is the disenfranchisement of one social group by another. Dysphemisms are used by people as tools of humiliation, degradation, and minimization of people of whom they disapprove.^[2]

When a speaker uses a dysphemism, he or she uses a marked form to express his or her view or attitude towards the listener or group. This means that he or she uses a form that is not typical to his or her speech.

Excerpts:

Disinformation

From Wikipedia, the free encyclopedia
See also: Denial and deception

Disinformation is intentionally false or inaccurate information that is spread deliberately. For this reason, it is synonymous with and sometimes called black propaganda. It is an act of deception and false statements to convince someone of untruth. Disinformation should not be confused with misinformation, information that is unintentionally false.

Unlike traditional propaganda techniques designed to engage emotional support, disinformation is designed to manipulate the audience at the rational level by either discrediting conflicting information or supporting false conclusions. A common disinformation tactic is to mix some truth and observation with false conclusions and lies, or to reveal part of the truth while presenting it as the whole (a limited hangout).

Another technique of concealing facts, or censorship, is also used if the group can affect such control. When channels of information cannot be completely closed, they can be rendered useless by filling them with disinformation, effectively lowering their signal-to-noise ratio and discrediting the opposition by association with many easily disproved false claims.

Spin (public relations)

From Wikipedia, the free encyclopedia

In public relations, **spin** is a form of propaganda, achieved through providing an interpretation of an event or campaign to persuade public opinion in favor or against a certain organization or public figure. While traditional public relations may also rely on creative presentation of the facts, "spin" often, though not always, implies disingenuous, deceptive and/or highly manipulative tactics.^[1]

Politicians are often accused by their opponents of claiming to be honest and seek the truth while using spin tactics to manipulate public opinion. Because of the frequent association between spin and press conferences (especially government press conferences), the room in which these take place is sometimes described as a spin room. A group of people who develop spin may be referred to as "**spin doctors**" who engage in "spin doctoring" for the person or group that hired them.^[2]

The techniques of spin include:

- Selectively presenting facts and quotes that support one's position (cherry picking)

Astroturfing

From Wikipedia, the free encyclopedia

Astroturfing refers to political, advertising, or public relations campaigns that are designed to mask the sponsors of the message to give the appearance of coming from a disinterested, grassroots participant. Astroturfing is intended to give the statements the credibility of an independent entity by withholding information about the source's financial connection. The term is a derivation of AstroTurf, a brand of synthetic carpeting designed to look like natural grass.

Astroturfers use software to mask their identity. Sometimes one individual operates over many personas to give the impression of widespread support for their client's agenda.^[*citation needed*] Some studies suggest astroturfing can alter public viewpoints and create enough doubt to inhibit action.

Media manipulation

From Wikipedia, the free encyclopedia

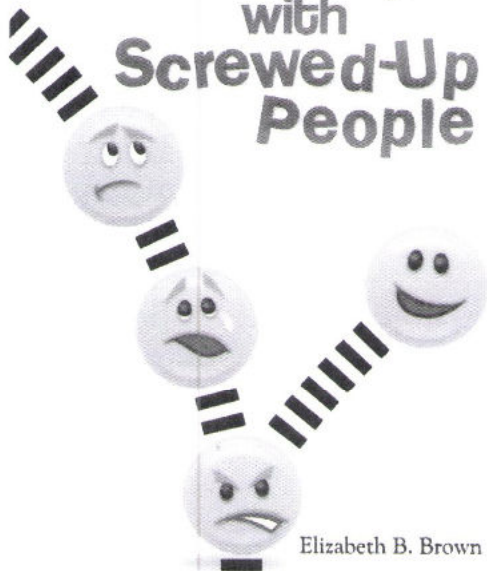
Media manipulation is a series of related techniques in which partisans create an image or argument that favours their particular interests.^[1] Such tactics may include the use of logical fallacies and propaganda techniques, and often involve the suppression of information or points of view by crowding them out, by inducing other people or groups of people to stop listening to certain arguments, or by simply diverting attention elsewhere.^[1] In Propaganda: The Formation of Men's Attitudes, Jacques Ellul writes that public opinion can only express itself through channels which are provided by the mass media of communication-without which there could be no propaganda.^[2] It is used within public relations, propaganda, marketing, etc. While the objective for each context is quite different, the broad techniques are oftentimes similar. As illustrated below, many of the more modern mass media manipulation methods are types of distraction, on the assumption that the public has a limited attention span.

Other Conversational-Psychological warfare tactics of FataI E & friends include:

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- Defamation
- Smearing
- Targeting
- Gaslighting
- Mobbing
- ANDECA (Answer Nothing, Deny Everything & throw Counter Accusations)

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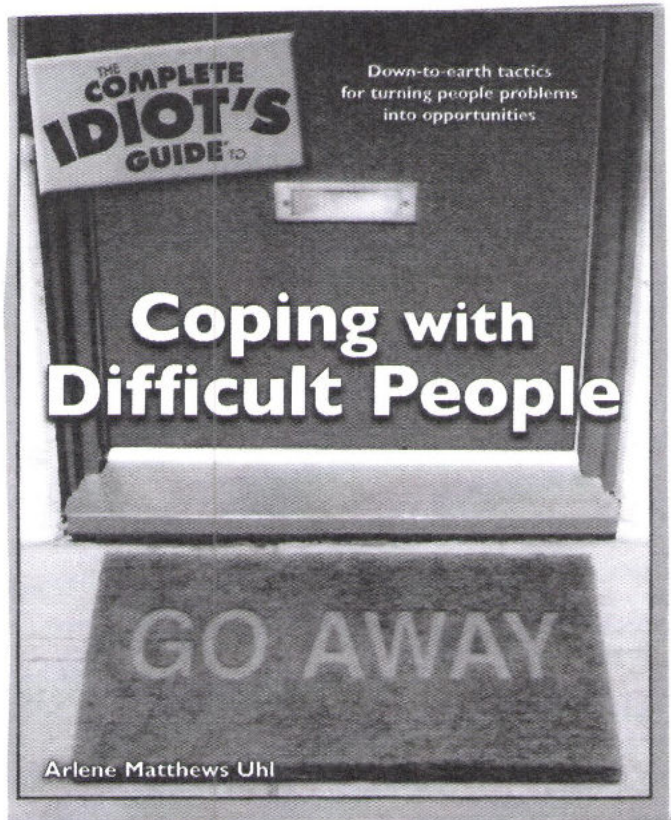
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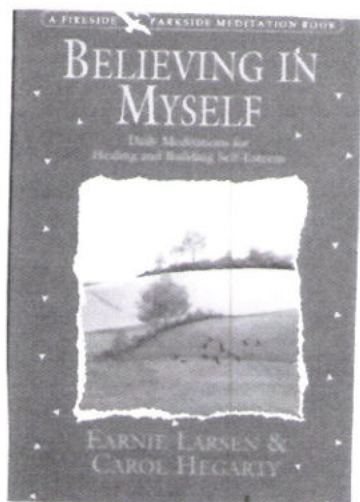
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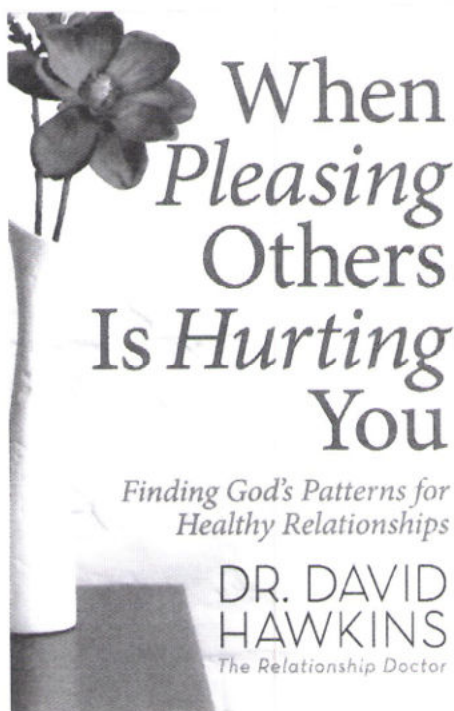
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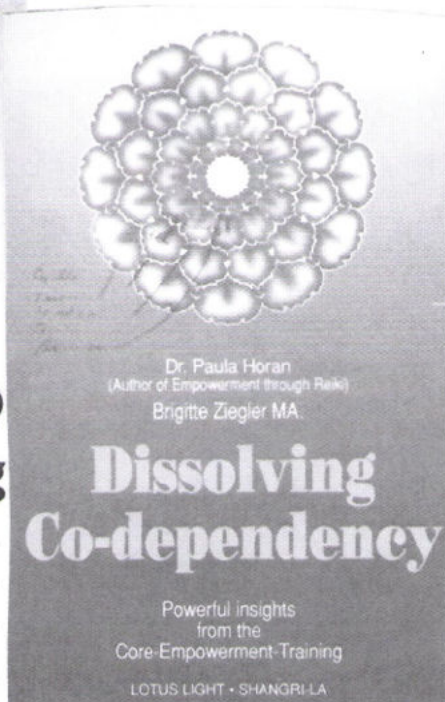
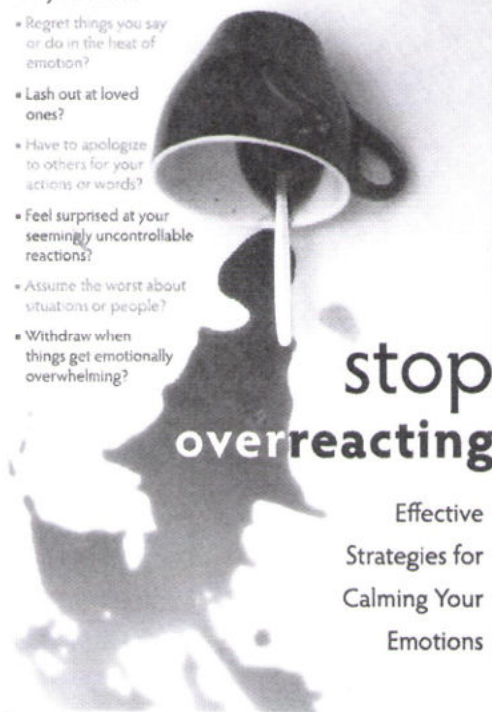
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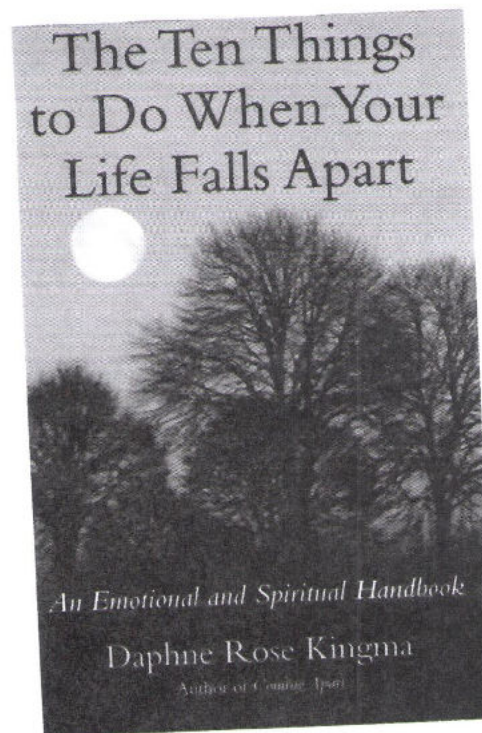
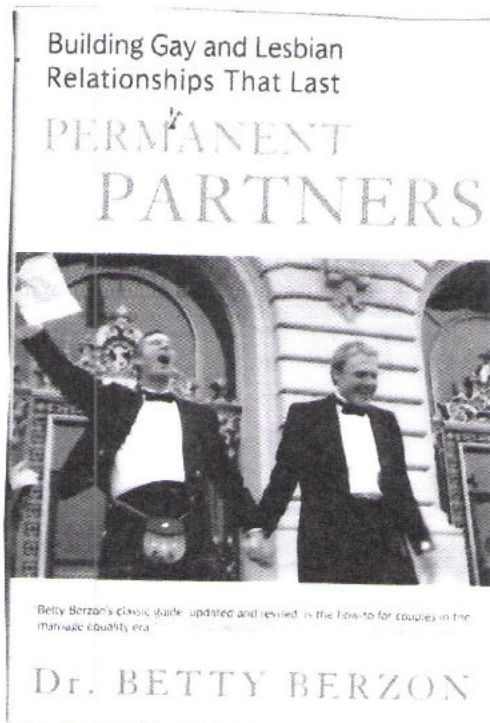
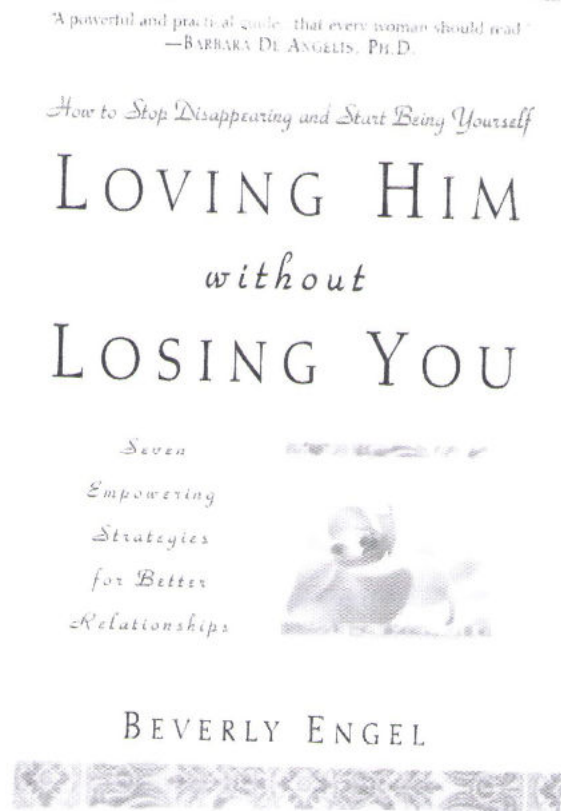
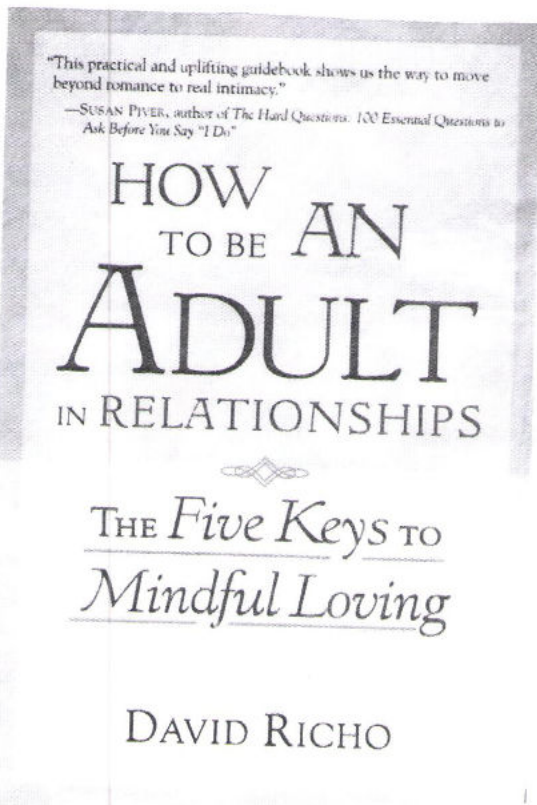
- Regret things you say or do in the heat of emotion?
- Lash out at loved ones?
- Have to apologize to others for your actions or words?
- Feel surprised at your seemingly uncontrollable reactions?
- Assume the worst about situations or people?
- Withdraw when things get emotionally overwhelming?

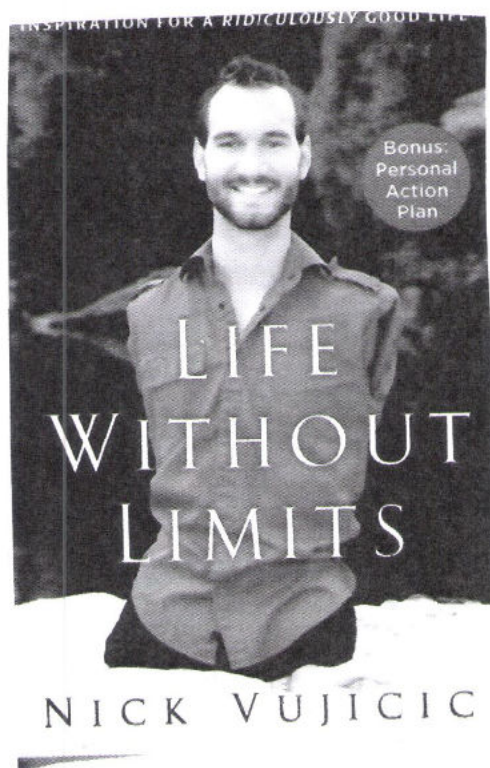
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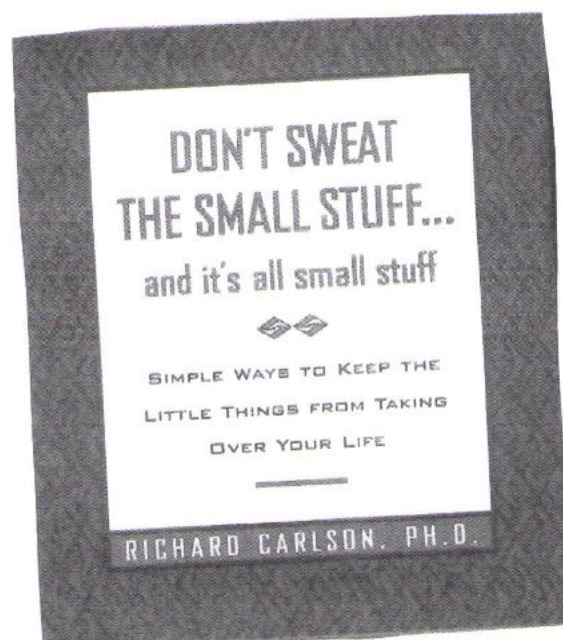
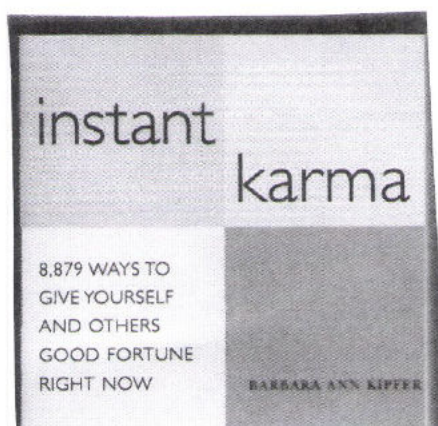
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***The E'LAi-sa-AL-Hum-Bhra-Aquareion
Krystal River Prayer and Invocation,
of the E'LAi-sa Silver-Seed Councils & GA-AMCC-MCEO,
for Silver Seed Krystal River Plasma Host Activation & Amplification***

(© E'Asha Ashayana , 4/8/2013, part of the " Tan-Tri-Ahura Teachings –
The Path of Bio-Spiritual Artistry"™ 2012-2013 ARhAyas Productions, LLC)

PART-1: The Prayer of E'LAi-sa

Ur-A ShU'-du E'LAi-sa Al-Hum-Bhra

DON-et'-ta-LAi, SUUN-jha'-dra-du

E-sta-en-taO Du-Rhu jha-MEi-Na

Aah-La-sa SUN-pe-ta' A-Lah-VA

Los-TE-La E'Lah-Ho

Khu-mah-na en-LE'-Ta jha'-DU.

(x3) E'LAi-sa SUn-ta'-A Ah-Mei-Ta jhen-TU.

PART-2: The Prayer of AL-Hum-Bhra

Prayer of AL - Hum - Bhra Part A & Part B Peru 2012

Preamble:

In the Kristiac name and action of God-Source First Eternal, the Eternal Kryst, Krystar ARI-Yon-Yah ARhAyas Cosminyahs AL-Hum-Bhrus, the E'LAi-sa Silver Seed Councils and the AL-Hum-Bhra Magistracy Councils of Cosminyahs.

Part A (10/31/12 Transmission Machu Picchu)

oo'ta et'A

É Ra'—shra -DÚ

Un Ah'-LÁ É' ta

jhet' AL-Hum'—Bhra

(repeat “ Al-Hum-Bhra” 7 X , inhale, hold to charge ,repeat 8th time on the exhale)

Part B (11/2/12 Sacsayhuaman Transmission)

Urr—en' de Só-hur' - a

É - La' – trÁ HÉ' mú (HE' — moo) sen AurórÁ

Dur - La' –jhos en - DE - na — VÁ'

Cum — sa - A' – ho Dur— A TA' – Ta jhet AL - Hum' — Bhra

Cum—sa ah-DÉ'-La urr-en—Tur—a Á-La-VÉ'

Cosminyahs AL - Hum – Bhrus Dur — É' – shwa ah - VÉ' !

Ta Ajha inTa DorA x3

PART -3: The Silver Seed Krystal River Prayer (Sanctification and Invocation)
Sah-sa-jhu-A' Um-sa'-TA Rei-ha-VA'-ah UN-Krys-ta'-LO

(**Rei-ha-VA'-ah UN-Krys-ta'-LO** means - Sah-sa-jhu-A'=Silver Seed RE-ha'-VA'-ah =Flowing River UN-Krys-ta'-LO = made of Kristiac Eternally Living Crystal of the ONE Source; together = “River of Flowing Krystal” or the “Krystal River”)

DE-va' en-TUr'-A E'-Sta-en-taO

Rei-ha-VA'-ah UN-Krys-ta'-LO

E-Rha'-HO e-Te-na Ha'-VA

e-TU- TO'- RA en-cha'-hA NU'-vO-et-TA en-Ta-rO

SE'-va blen'-A OOUr-tU- en-Ka'LA

DA-hE-Ta'-VA et-ur-TA-Dha E'LAi-sa AL-Hum-Bhra

DA-hE-NE'-va A-sa-Lah'-sO en-DU-e'thra Don Aquari

DA-hE-U'r-tO tra-DE'-Lha Ur-en-Ta'-RO de'-Ha'ah-TUr

Cum-sa-A'-HO DUr-e-TA'-ta DhA-yah -TUUN E'LAi-sa-VE'

Cum-sa -A'-HO DUr-e-TA'-ta ALLum-uur AL-Hum-Bhra-VA'

Cum-sa -A'-HO DUr-e-TA'-ta en-ta-HU'm UN-KrystaLA (UN-Kris-ta-LA')

Cum-sa -A'-HO DUr-e-TA'-ta Aquious (Ah-QWE'-us)

Cum-sa -A'-HO DUr-e-TA'-ta AquaFarE (Ah-QWa-Fah-rE')

Cum-sa -A'-HO DUr-e-TA'-ta Aquari (Ah-Qair-E")

Cum-sa -A'-HO DUr-e-TA'-ta Ha'ah-TUr

Cum-sa -A'-HO DUr-e-TA'-ta AdonA'

Cum-sa -A'-HO DUr-e-TA'-ta EyanA'

Cum-sa -A'-HO DUr-e-TA'-ta Eieyani' Ma'a Hoo-et-A

Cum-sa -A'-HO DUr-e-TA'-ta oo-Sha' LA'-zun dU Rho-szet'-TA (Kristiac Councils of the Rosettas)

Cum-sa -A'-HO DUr-e-TA'-ta Mashaya-Hana Aqueion

Cum-sa -A'-HO DUr-e-TA'-ta Ute-AurorA' (OOt- ah-RO'-rA') !
(Kristiac Councils of the Aurora-Guardians of the Spanner Gates)

Bhendi-Aah-jha et-tu E'LAi-sa AL-Hum-Bhrus

Bhendi-Dur'O -ah-MA'-Jha Ute-AurorA (OOt- ah-RO'-rA') **Aqueion** (Ah-QE-on)
(Urtha-AquafarE "Blue Dragons" -Aquatic-bird-blue-humanid)

Bhendi-Ha'-LA E-Sha-NU'-a Ute-AurorA (OOt- ah-RO'-rA') **Aqueion** (Ah-QE-on)
(Urtha-AquafarE "Gold Dragons"- Winged-lion-biped-humanid)

Bhendi-Ra-MA' Ra-tha-jhen-tU Ute-AurorA (OOt- ah-RO'-rA') **Aqueion** (Ah-QE-on)
(Urtha-AquafarE "Purple Dragons"- Breatherian-white-humanid)

Bring forth now the Krystal River of Eternal 1st Creation

Bring forth now the Healing Waters of the Edons Umshaddhi

Bring forth now the Gentle Wind-song of the Sacred Yunasun
(Central Sun of the Yunasai Inner Domain Seed-Atom)

Bring forth here the Radiant Starlight of the Eternally StarBorn

Let the Krystal River flow unto my doorstep

Let the Krystal River cleanse and heal my Soul

May the Krystal River Love-song All-embracing

Emerge now from my Krysted Krystal Core to softly call me HOME!

(Repeat 3xs)

DE-va' en-TUr'-A E'-Sta-en-taO Rei-ha-VA'-ah UN-Krys-ta'-LO

(Repeat 3xs)

Ashalum-Ta- Eckasha DUr

Krysta – A'jha Declarium

("Vow of the Krystar" ; sacred energy exchange with the "Krystar from which we came")

Un Sancta De Klaris,

One..... Blood (Krysted Sacred Sanctified "Krystal Clear plasma" Blood of a Krystar DhA'-ya-TEi)

Un.....NE yah' StA Ta DE

One..... Mind, (Krysted, clear, awakened, enlightened mind of a Krystar DhA'-ya-TEi)

Un..... e' –Ta – UM DE – vi'.

One..... Life Divine. (Divine Eternal Krysted Life of a Krystar DhA'-ya-TEi)

Un..... NE yah' StA Ta DE,

One.....mind,

Un..... E – TUR' – No A – ha' – DE,

One..... Heart, (Eternal Krysted Heart)

A – Resh' Dha ShI'.

Shall Never Part. ("is held secure in Eternal Krystic Unity.")

Un..... E - TUR'-NO A – ha' – DE,

One..... Heart, (Eternal Krysted Heart)

Un..... Dha - Rha' – DE Sa – A' – ho

One.....Sight, (Shared Vision of Krysted Co – creation)

e – Cum' – sa RhAyas.

Brings in the Light. (enters in the "Love-Light plasma" Currents, the "RhAyas Ah – min' – yabs," the Cos-MĀ'-yah Eternal Aqualene Sun of internal Eternal Creation.)

Un..... RhAyas,

One..... Light

Un..... Ah – min' – yah

OneLove, (Sacred Eternal Love of God Source as expressed through the "Eternal Presence of the presence" embodied within the Eternal E – Ta – ur Krystal plasma currents of the CosMAyah 1st Aqualene Sun of Internal Eternal Creation)

Krysta – A'jha Ah' – SA CUM.

Krystar above. (Krystar from which we enter creation and to which we return in ascension)

Un..... Ah – min' – yah

One..... Love,

Un..... MA' – ei

One.... Kiss, (Sharing of the E – Ta – ur vapors of Ah – min' - yah Krysted Love)

Ah – yah'..... E – Ta – ur.... ah – SĀ' - yah,

Breathes in.... the Mist; (takes in/inhales, the Eternal E – Ta – ur of Ah –yah God Source consciousness field)

Un..... SĀ – yah,

One..... Breath, (1 intake/inhale; as above)

Un..... Sa' – Yah (1 release/exhale)

One.... Sigh,

Un..... Kry'sta a – DhA' – Rha

One..... Krystened Eye. (eye that sees clearly its path of the Kryst)

Un..... a – DhA' – Rha

One..... Eye,

UnU - TRA' – yum,

One.... Prism, (triangulation of Krysted Light - plasmas)

Un.....Krystallo Dha – Rha' – DE.

One.... Krystal Vision.

Un Ah – min' - yah

One.....Love,

Un.....Dha – Rha' DE

One..... Vision,

mer – ha – RA – ya Rei - Ha – VA - ya Un Krystallo.

The Krystal River Mission. (action/movement of the Krystal River Host.)

Krysta' – A'jha,ah – ú (oo) Te – jhe.....

Krystar.....I embrace you.....and your

Ah – min' – yah,Ah – min' – yah, Ah – min' – yah.....).

Eternal Krysted Love – Light (The "3 Ah – min' –yah" plasma

Currents of the Cos-MĀ'-yah Aqualene 1st Sun).

"Prayer of the DhA-Ya-TEI; Declaration of the Ultimate Desire"

eh' DhU'-TU AUn
My.....Pure and Only Desire is.....

ah Tei' (TE) Un (yoon) Ah-yah'
to consciously embody...At-ONE-ment with...Eternal 1st Creation God-Source "unutterable ONE",

DE' en Tah'VO Esh'-Ta en et Deh-Aah'-VA'
and ITsall encompassing...Divine Eternal Truth.....and.....Divine Eternal Splendor.

Teu-en'ta Esh'-Ta Aah-VA'-teos (tOs)
There exists within the....Divine Eternal Truth....of 1st Original Eternal Life Creation,

UN-SA' Ah-yah' Tah'-VO e-sayn (es-on)
but one...Eternal 1st Creation God-Source "unutterable ONE", all encompassing & infinitely aware,

DhrU' Ta'Va et EAh(A)-Blen'-Kah'-ho
of which ALL things... are...an inseparable part,

Et en DhrU' Ta Va et Aah-Dha-mhen'-TA-jhun'

and through....which All things...are.....indelibly united.

Eh' DhU'-TU AUn
My....Pure and Only Desire ...is.....

Ooh-ah' Tei YUn'
"conscious return to and embodiment of"...

Ah-VA' Un (yoon) et Ah-BRA'-Yon Ah-Dha'-mhen Ah-yah'

Eternal...At-ONE-ment,, &...everlastingunity with..... Eternal God-Source "unutterable ONE".

Ahm esTa' DhE' un DhA'-ya Un a'-Dhu
Letthis be...known.....as my.....GREAT..ONE.DESIRE,

Et en DhrU' Ta'Va Aya-ah'-VA E-esh'a
through....which All things...of Divine Grace....are brought forth/made possible.

Ta Va' en'-Teu Ah-yah'

All things.....emerge from...Eternal 1st Creation God-Source "unutterable ONE",

Ta Va' ah'-Teu Ah-yah'

All things.....return to.....Eternal 1st Creation God-Source "unutterable ONE",

Ta Va' ah'-KhA'-VO Ah-yah' oo-et'-dE RA'Va

All things.....reside within...Eternal God -Source "unutterable ONE",...now & at all times.

Ah-yah'-Dhan'-RU A'-pet MhE'-Ta

"Separation from God is but".....an Illusion,

Ah'-VA Ah-Dha-Mhen' Esh'ta-A ah-Teu-en

Eternal.. Unity(is the)..... only Eternal Divine Truth...existing,

e-te'-DA Esh'ta oom et-dE' Bhr-ayn (Bhron) ah-BhrE'-yah- Dhun

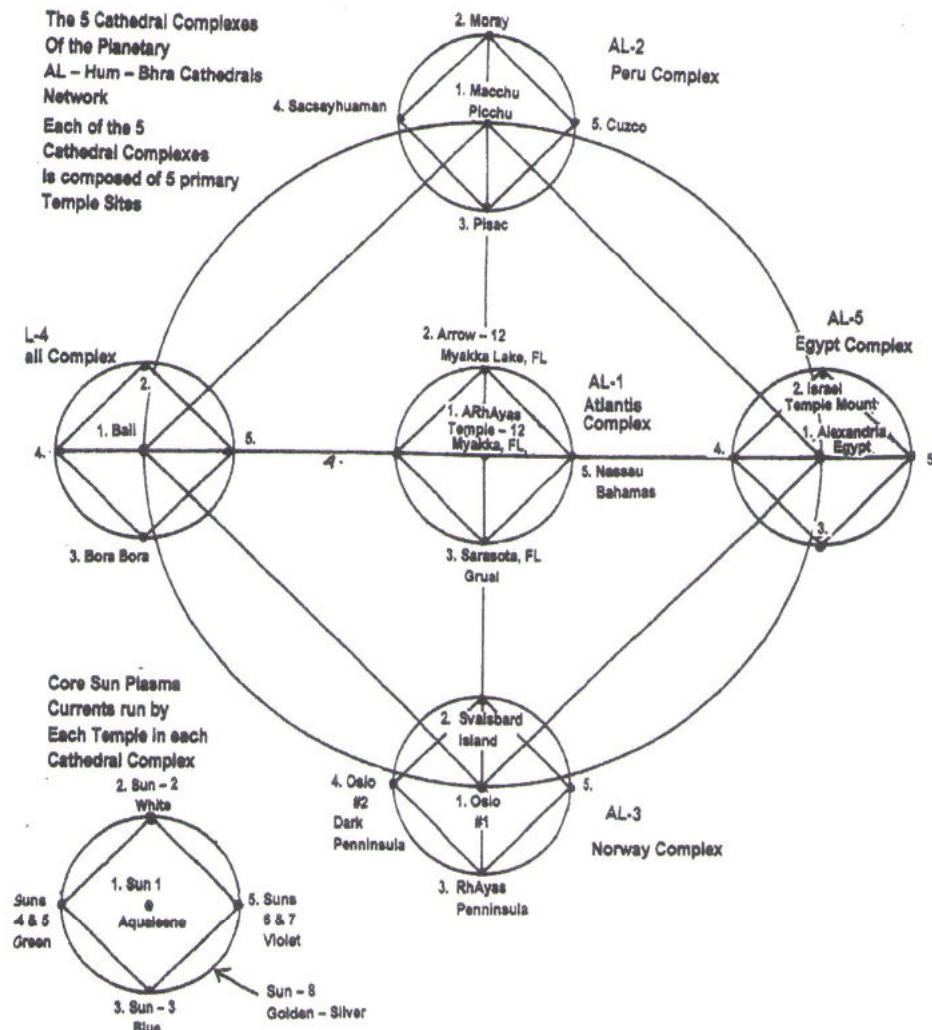
and to this.....Divine Eternal Truth.....I.....now.....choose.....to re-awaken.

Note: on last word: "**ah-BhrE'-yah**"= "to awaken", "**Dhun**"= "do over/repeat"

So.... "**ah-BhrE'-yah- Dhun**" = "to RE-awaken"

The 15 Heliochroic Krystar Core Flow Currents
of the Eternal Krystar "ARI-Yon-Yah ARhAyas COsminyahas AL-Hum-Bhrus"
the "Krystar from which our Cos-MY'ah comes and within which it eternally resides"

**The 25 Sacred Sites of the
AL – Hum – Bhra Cathedrals Network**



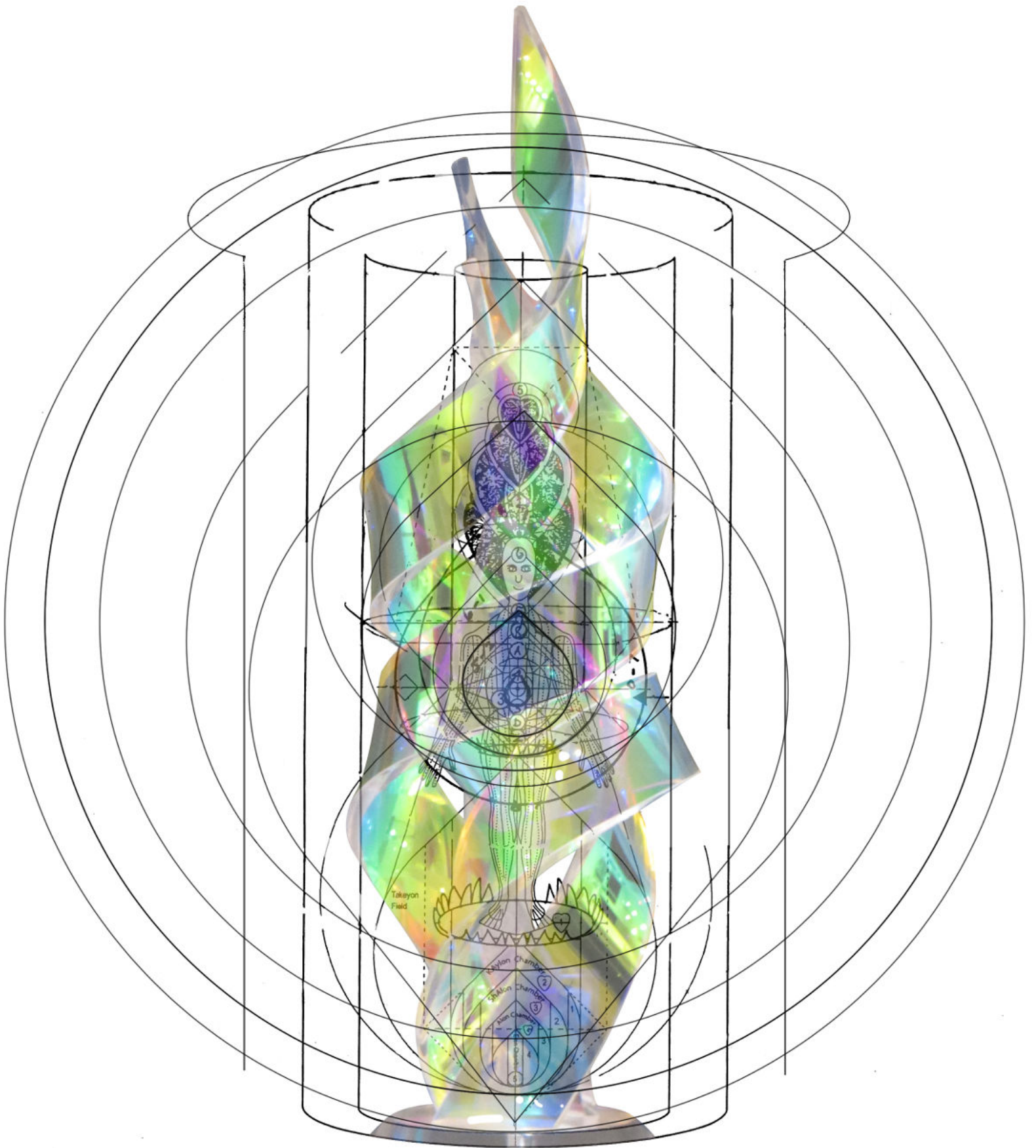
"Song of the ARhAyas"

The Al-Hum-Bhra Cathedral Passages Tonal Sequence

Amplifies Flame of E'LAi-Sa Activation and Expedites Chismatic Healing

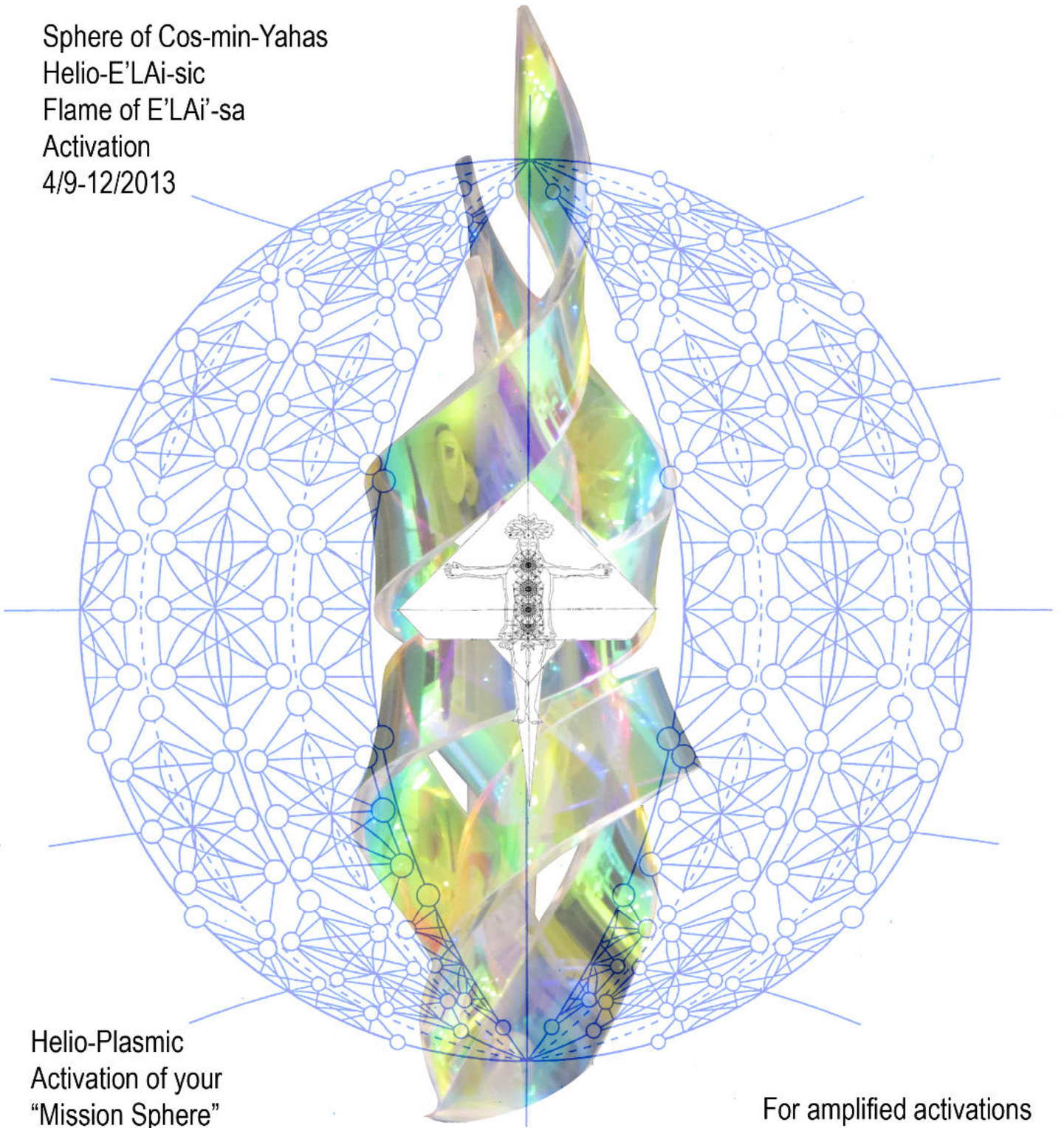
Ari-Yon-Ka-Yah-Chi -- Ari-Yon-Ra-Yah-Kei -- Ari-Yon-Ya-Yah-Rei -- Ari-Yon-Sa-Yah-Prana -- Ari-Yon-Ta-Yah-Mana
Ari-Yon-Ha-Yah-Traia-- Ari-Yon-La-Yah-Mira -- Ari-Yon-Ma-Yah-Maya -- Ari-Yon-Sha-Yah-Yana -- Ari-Yon-ALh-Yah-Ta'a
Ari-Yon-Um-Yah-Hara -- Ari-Yon-Bhra-Yah-Ma'a -- Ari-Yon-Eh-Yah-KEE -- Ari-Yon-LAi-Yah-Ra -- Ari-Yon-Sah-Yah-ShA

(X3 Closing) **Ari-Yon-Yah --- AL-HUM-Bhra --- Eh-LAi-Sah**



The Flame of E'LAi-Sa AL-Hum-Bhra Activation 4/9-12/2013 FL

Sphere of Cos-min-Yahas
Helio-E'LAi-sic
Flame of E'LAi'-sa
Activation
4/9-12/2013



Helio-Plasmic
Activation of your
“Mission Sphere”
initiates Chismatic
Healing within the Myotic
plasma “Aquos & Auros”
liquid Sound Blood Crystals

For amplified activations
use O.P.I of this code
following recitation of the
“Krysta-A'jha Declarium -
Vow of the Krystar”

RAI Code: Flame of E'LAI-sa

Keyed to the
Temple of ARhAyas –
At Cathedral Network-1,
Temple-1 Aurora Earth
and ARhAyas Island.

AM Focus:
for O.P.I –
in daylight hours.

**Anchoring the
Eternal Flame
of E'LAI-sa**
(E'LAI-sa Krystar
Seed Crystal Flows)
4/9-12/2013
Sarasota, FL



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The Path of Bio-Spiritual Artistry"™
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RAI Code: Flame of E'LAi-sa
Keyed to the
Temple of ARhAyas –
At Cathedral Network-1,
Temple-1 Aurora Earth
and ARhAyas Island.
PM Focus:
for O.P.I –
after dark.

**Anchoring the
Eternal Flame
of E'LAi-sa**
(E'LAi-sa Krystar
Seed Crystal Flows)
4/9-12/2013
Sarasota, FL



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